

# University of South Florida Student Government Senate

SB [R] 2-002 Seizure First Aid Training 2<sup>nd</sup> Term Spring 2022



### - A SENATE RESOLUTION -

The intent of this resolution is to spread awareness about epilepsy and increase enrollment of USF student, faculty, and staff population in Seizure First Aid and Training by using the resources from the Epilepsy Foundation Florida USF-Tampa, a student organization affiliated with the Epilepsy Foundation Florida.

Author(s): Shanon Rego, President of Epilepsy Foundation Florida USF-Tampa;

Prema Mansi Kallepalli, Vice-President of Epilepsy Foundation Florida USF-Tampa, Amy Pham, Senate Relations Committee

Chairwoman

Sponsor(s): Amy Pham, Senate Relations Committee Chairwoman

First Reading: 1/31/2022

Final Reading: 2/22/2022

Committee Vote: 40-0-0



## University of South Florida Student Government Senate

SB [R] 2-002 Seizure First Aid Training 2<sup>nd</sup> Term Spring 2022



### - A SENATE RESOLUTION -

Be it resolved by the Senate of the University of South Florida Student Government assembled,

- **Whereas**, Epilepsy is defined as a neurological disorder characterized by the recurrence of seizures, which are uncontrolled bursts of electrical activity
- **Whereas**, According to the Epilepsy Foundation (EFA), "1 in 26 individuals will be diagnosed with epilepsy at some point in their life", and "1 in 10 individuals will experience a seizure"
- **Whereas,** 3.4 Million Americans are diagnosed with epilepsy. 470,000 of those affected are children and ~1 Million are older adults.
- **Whereas,** Despite its high prevalence, there is an unwarranted stigma associated with epilepsy, thus impairing patient access to care, and worsening mental and physical health outcomes.
- **Whereas**, While there has been some improvement in how epilepsy is diagnosed and the treatment options, seizures are erratic and can occur anywhere at any time and to anyone.
- **Whereas**, The Epilepsy Foundation Florida USF-Tampa (EFF USF-T) is a USF-SG funded student organization affiliated with the Epilepsy Foundation Florida (EFF)
- **Whereas**, EFF USF-T is one of the first collegiate chapters of the Epilepsy Foundation in the country
- **Whereas**, EFF USF-T strives to spread awareness about epilepsy in and around the USF community.
- **Whereas**, The mission of EFF USF-T resonates with that of EFA, "To lead the fight to overcome the challenges of living with epilepsy and to accelerate therapies to stop seizures, find cures, and save lives."
- **Whereas**, The Seizure First Aid (SFA) certification lasts for 2 years, after which participants could repeat the training
- Whereas, The SFA workshop and certificate is sponsored by the Centers for Disease Control and Prevention (CDC) under cooperative grant agreement number 5 NU58DP006256-04-00, CFDA 93.850 and the support of the Epilepsy Foundation
- **Whereas,** The SFA certification is free, lasts for ~1.5 hours and can be conducted virtually or in-person.

- **Whereas**, EFF USF-T will be conducting bi-weekly SFA certifications for the rest of the student body. USF Student Government personnel are welcome to attend these events or EFF USF-T can host additional workshops upon request
- **Whereas**, Interested participants will have to complete a short pre-test, the entirety of the SFA workshop, and a post-test to receive a certificate. Links to these pre-tests, sessions, and post-tests will be provided well in advance.
- **Whereas**, The SFA instructors have been trained by Epilepsy Foundation Florida and the respective documentation has been submitted
- **Whereas**, This SFA certification ends with some practice scenarios to help participants gauge a better understanding of the skills utilized in the training
- **Whereas**, Knowing SFA is important, as it helps to protect the individual from further harm while they are having a seizure.
- **Whereas**, Lack of knowledge of SFA leads to the inadequate or inappropriate reaction from bystanders and contributes to the unwarranted stigma associated
- **Whereas,** This SFA certification aims to educate the public on what to do and what not to do in the event someone has a seizure and helps them understand when to call 911.
- **Whereas**, This SFA certification also works as an effective tool in dismissing myths and common misconceptions that people have about seizures and epilepsy
- **Whereas**, USF-SG has been an important campus partner for a host of community initiatives both on and off campus, thus leading to increased awareness and overwhelming success of these initiatives.
- **Therefore**, be it resolved, we urge the Federal Branch of the University of South Florida Student Government, to make a public commitment towards increasing the number of Seizure-First Aid Certified personnel within the Student Government branch as well as the student body and encouraging the rest of the USF Student Body to get trained in Seizure First Aid and Training
- **Therefore**, be it resolved, we also urge that this effort be translated to the different colleges and their departments.

A copy of this resolution shall be sent to USF Student Body President Julia Cunningham, USF Student Body Vice President Jillian Wilson, USF Tampa Governor Alexis Roberson, USF SP Governor Veronica Jimenez, and USF SM Governor Riffatul Islam,

Attest: Letter from the Epilepsy Foundation Florida confirming its affiliation of

EFF USF-T as well as authorization of a Seizure First Aid Instructor

DocuSigned by:

2/28/2022

SG Seal

Junayed Jahangir, Senate President

DocuSigned by:

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Yelizza's Mercedes, Senate President Pro Tempore

Date

#### Appendix:

### References

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- Sirven, J. (2015). Epilepsy: A Spectrum Disorder. Cold Spring Harbor Perspectives In Medicine, 5(9), a022848. doi: 10.1101/cshperspect.a022848