

Lacey A. Karpisek, MSW, LCSW, MPH, CPH

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EDUCATION

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- PhD in Behavioral and Community Sciences** **Fall 2019- Present**
Implementation Science, Task Shifting, and Leadership
College of Behavioral and Community Sciences
University of South Florida, Tampa FL
- Graduate Certificate in Translational Research** **January 2018- May 2019**
Adolescent Behavioral Health
College of Behavioral and Community Sciences
University of South Florida, Tampa FL
- Master of Public Health** **October 2016 – May 2019**
Behavioral Health
College of Public Health
University of South Florida, Tampa FL
- Master of Social Work** **August 2016- May 2019**
Clinical Social Work
College of Behavioral and Community Sciences
University of South Florida, Tampa, FL
- Bachelor of Science** **August 2013 – August 2015**
Behavioral Healthcare; Concentration in Applied Behavior Analysis
College of Behavioral and Community Sciences
University of South Florida, Tampa FL

PROFESSIONAL EXPERIENCE

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- Title: Visiting Assistant Instructor** **November 2022- Present**
University of South Florida, School of Social Work, Tampa FL
Supervisor: Rian van Zyl, PhD; Maayan Lawental, PhD; Chris Simmons, PhD
- Visiting Instructor for graduate coursework in the School of Social Work. Responsibilities include the creation of content, leading lecture, facilitating classroom engagement through conversation and application-based activities, grading, and meeting with students to ensure success.
- Title: Graduate Research Assistant** **May 2022- Present**
University of South Florida, College of Behavioral and Community Science, Tampa FL
Supervisor: Maayan Lawental, PhD
- Provide support executing diverse research tasks including mixed methods data collection, data analysis, and manuscript writing. The purpose of this research is to improve behavioral health service access to women of childbearing age who may be experiencing mental health or substance use issues.
- Title: Resilience Therapy Services, LCSW** **November 2019- Present**
Private Practice, Tampa FL
- Provide face-to-face and virtual counseling to children, young adults, and families with diverse behavioral health conditions while working toward clinical licensure in the state of Florida; specializing in behavior modification, exposure response prevention treatment, cognitive behavior therapy, and dialectical behavior therapy.
- Title: Adjunct Course Instructor** **August 2021- November 2022**
University of South Florida, College of Behavioral and Community Sciences, Tampa FL
Supervisor: Chris Simmons, LCSW, PhD; Bruce Levin, PhD,
- Course Instructor for undergraduate and graduate courses in the College of Behavioral and Community Sciences. Responsibilities include the implementation of evidence-based teaching strategies to facilitate learning, content creation, leading lecture, assignments, and activities all aligning with course outcomes and objectives, and providing support to students electronically and face-to-face to promote success.

Title: Graduate Research and Teaching Assistant**June 2019- August 2021**

University of South Florida, Child and Family Studies, Tampa FL

Supervisor: Tom Massey, PhD

- Provide support developing mentor manuals, preparing manuscripts for publication, guiding research projects, collaborating with community partners, mentoring students, and teaching Institute for Translational Research Education core courses.

Title: Teaching Assistant**August 2018- May 2019**

University of South Florida, College of Public Health, Tampa FL

Supervisor: Jamie Corvin, PhD

- Developed teaching materials, managed Canvas, facilitated academic workshops, the delivery of course lessons, and tutoring as needed, and graded diverse assignments including literature reviews, SPSS projects, and in class participation.

Title: Intern**January 2019 – May 2019**

Pasco County Schools, Tampa FL

Supervisor: Melissa Schultz, LCSW

- Fulfilled multiple roles relative to the provision of behavioral health services; responsibilities included leading evidence based individual and group therapy sessions, advocacy and engagement with Congressional and community leaders, and the creation of an innovative service delivery model to translate behavioral health services to rural youth in Pasco County, FL.

Title: Institute Scholar and Researcher**January 2018 – May 2019**

Institute for Translational Research in Adolescent Behavioral Health

University of South Florida, Tampa, FL

Supervisor: Dr. Bruce Levin, Dr. Tom Massey

- Partnered with a rural, community agency known as Farmworkers Self-Help of Dade City, Florida to establish and conduct a research project relevant to the field of adolescent behavioral health. Specific roles included fostering trust with community members through volunteer work and community engagement, organizing/ implementing project agenda through a community based participatory research approach, and preparing findings in manuscript and oral presentation format to share results at the Annual Research and Policy Conference on Child, Adolescent, and Young Adult Behavioral Health.

Title: Behavior Specialist**January 2018 – January 2019**

Rogers Behavioral Health, Tampa FL

Supervisor: Dr. Josh Nadeau, PhD

- Hired by clinical supervisor to share expertise with team on behavior modification and applied behavior analysis techniques. Fulfilled a number of additional roles including the delivery of partial hospitalization and intensive outpatient services in individual, group, and family format, organized case notes, analyzed patient progress through evidence-based clinical evaluations, and collaborated in interdisciplinary meetings to promote patient wellness.

Title: Intern**January 2017 – May 2017**

Morton Plant Hospital, Inpatient Behavioral Unit, Tampa FL

Supervisor: Deborah Hambright, MSW

- Delivered an array of services to adults with moderate to severe behavioral health challenges including the collection of intake assessments and collateral information, the delivery of brief treatment and group therapy, coordinating discharge planning, and engaging in weekly interdisciplinary team meetings to promote patient wellness.

Title: Office Manager**January 2015 - August 2016**

Private Psychotherapy, Tampa FL

Supervisor: Vicky Kijanski, MSW, Licensed Clinical Social Worker

- Managed several office operations including client scheduling and consultations, insurance claim submissions and tracking, collecting insurance benefits and coverage information, discharge planning, arrange and attend continuing education units, order office supplies, manage correspondence, and provide support managing tax documents, and budget/ profit spreadsheets.

Title: Behavioral Therapist**August 2015 – October 2016**

Behavioral Consultants of Tampa Bay (BCOTB)

Supervisor: Danielle Sanchez, MS, Board Certified Behavior Analyst

- Fulfilled several roles and demonstrated an extraordinary level of proficiency through demonstrating consistent pass rate of bi-weekly competencies; responsibilities included training new behavior technicians, developing and leading circle time curriculum, delivering evidence-based Applied Behavior Analysis treatments and parent training programs for children with moderate to severe developmental disorders, collecting and analyzing data, and sharing treatment recommendations in interdisciplinary team meetings. Treatment specialties included creating motivational contingencies, discrete trial training, natural environment teaching, picture exchange communication systems, feeding programs, and potty-training programs.

TEACHING EXPERIENCE

Course Instructor**Summer 2022- Present**

University of South Florida, College of Behavioral and Community Sciences

School of Social Work

Foundations of Social Work Micro Practice (SOW 6305); Fall 2022

Foundations in Human Behavior (SOW 6105); Fall 2022

Cognitive Behavioral Therapy (SOW 6931); Summer 2022

Course Instructor**Fall 2021- Summer 2022**

University of South Florida, College of Behavioral and Community Sciences

Behavioral Health Systems Delivery (MHS 4002)

Graduate Teaching Assistant**Fall 2019- Summer 2021**

University of South Florida, College of Behavioral and Community Sciences

Foundations in Adolescent Behavioral Health (PHC 6539); Spring 2021

Advanced Research Education in Adolescent Behavioral Health (PHC 6729); Fall 2020

Children's Issues in Behavioral Health (MHS 4490); Fall 2019

Graduate Teaching Assistant**Fall 2018- Spring 2019**

University of South Florida, College of Public Health

Population Assessment II (PHC 6757); Spring 2019

History and Systems (PHC 6588); Fall 2018

Population Assessment I (PHC 6756); Fall 2018

STUDENT MENTORING

Graduate Students

Caitlin P., Institute for Translational Research Education (The University of South Florida)

Spring 2021- 2022

Cassandra G., Institute for Translational Research Education (The University of South Florida)

Spring 2021- 2022

Nicole M., Institute for Translational Research Education (The University of South Florida)

Spring 2021- 2022

Michelle B., Institute for Translational Research Education (The University of South Florida)

Fall 2019- 2021

Angela G., Institute for Translational Research Education (The University of South Florida)

Fall 2019- 2021

Undergraduate Students

Ashley A., Behavioral Healthcare (The University of South Florida)

Fall 2019- present

Kennedy K., Behavioral Healthcare (The University of South Florida)

Fall 2019- 2021

GRANTS SUBMITTED

National Institute on Drug Abuse (NIDA)

Fall 2021

“Institute for Translational Research Education”

This project proposes the continued development and expansion of an innovative model of research education that addresses best practices for translational research in the field of child and adolescent behavioral health, as it relates to substance abuse and co-occurring disorders with an emphasis on at-risk populations including children and families of AI descent and Hispanic populations.

\$1,368,772 total award amount

FUNDED (Role: Co-Author/ Graduate Research Assistant)

Robert Wood Johnson Foundation

Fall 2020

“Community Solutions for Health Equity”

The project aimed to organize partnerships, community coalitions, and program champions to elevate voices of economically disadvantaged minority groups who are left out of the creation of healthcare policy in the United States.

\$300,000 for three years

SUBMITTED; NOT FUNDED (Role: Co-Author)

Substance Abuse and Mental Health Service Administration (SAMHSA)

Fall 2019

“Project EMPOWER Rural Mental Health and Wellbeing”

Engaging multidisciplinary providers and organizations: Working for equity rights in rural mental health and wellbeing. The project aimed to provide early identification, screening, and assessment services to children ages zero to eight, provide family, caregiver, and parent training to ensure healthy and safe environments, enhance integrated mental health and primary care services, and provide mental health consultation and services. A collaborative partnership between Crisis Center of Tampa Bay, Pasco County Schools, Pasco Mobil Medical Unit, Farmworkers Self-Help, and the College of Behavioral and Community Sciences at USF.

\$799,918 total award amount

SUBMITTED; NOT FUNDED (Role: Co-Author)

PUBLICATIONS

King, S. L., Lember, J., **Karpisek, L. A.**, Phillips, A., Tempestt, N., & Kosyluk, K. User experiences with a short message service-based illness self-management intervention: A mixed study. *JMIR*. 10.2196/preprints.35699

Karpisek, L.A., Liller, R., Menendez, K., & Massey O. (*In preparation*). A behavioral health evaluation of Hispanic youth in a rural community. *Journal of Rural Health*.

Garza, A., Beekman, M. B., **Karpisek, L. A.**, & Massey, O. (*In preparation*). Implementing services in low resource communities: A case study. *Health and Place Journal*.

Karpisek, L. A., & Kosyluk, K. (*In preparation*). Low intensity, technology based behavioral health interventions supporting rural youth: An integrative review. *Journal of Behavioral Health Services and Research*.

Kathryn, R., Jennifer, T., Michelle, B., **Karpisek, L. A.**, & Kosyluk, K. (*In preparation*). Understanding the mental health needs and barriers to care for premedical students in central Florida. *International Journal of Medical Education*.

Garza, C., Mallat, N., Pike, C., **Karpisek, L. A.**, & Massey, O. (*In preparation*). Preventing Opioid Overdose: Examining a door-to-door approach to prevent overdose in a Hispanic rural farmworker community.

PRESENTATIONS

Garza, C., Mallat, N., Pike, C., **Karpisek, L. A.**, & Massey, O. “Preventing Opioid Overdose: Examining a door-to-door approach to prevent overdose in a Hispanic rural farmworker community.” Institute for Translational Research Education in Adolescent Drug Abuse Conference, Tampa FL: March 2020. Oral Presentation.

Tucker LA, Rosado S, Kosyluk K, Massey T. (2021). “Examining the implementation of low intensity, technology-based behavioral health interventions supporting rural youth: An Integrative Review.” Institute for Translational Research Education in Adolescent Drug Abuse Conference, Tampa FL: March 2020. Oral Presentation (Virtual).

Tucker LA, Liller R, Vroom E, Massey T, Calcano E, Levin BL. (2018). “A behavioral health evaluation of Hispanic youth in rural communities.” Annual Research and Policy Conference on Child, Adolescent, and Young Adult Behavioral Health, Tampa FL: March 2019. Oral Presentation.

SCHOLARLY REVIEWS

Academic Journal Reviewer

Journal of Behavioral Health Services and Research, Tampa FL
Supervisor and Editor-in-Chief: Bruce Lubotsky Levin, PhD

Fall 2019- Present

GUEST LECTURES AND PRESENTATIONS

Guest Speaker

EXP 4304: Motivation
Tampa, FL

Spring 2022

Guest Speaker

Master of Social Work Field Instruction I
Tampa, FL

Spring 2021

Student Representative and Guest Speaker

2020 Behavioral Health Pro-Seminar, Student Panel
Tampa, FL

Fall 2020

Guest Speaker

Highlands School Academic Banquet
Highlands, NC

Spring 2019

MEDHOST Podcast Guest Speaker

National Rural Health Policy Institute: National Rural Health Association
Washington, D.C.

Spring 2019

Student Representative and Guest Speaker

2019 Behavioral Health Pro-Seminar, Student Panel
Tampa, FL

Spring 2019

Student Representative and Guest Speaker

The 3rd Annual School of Social Work Scholarship Breakfast- *Changing the World*
Tampa, FL

Fall 2018

Student Representative and Guest Speaker

2018 Behavioral Health Pro-Seminar, Student Panel
Tampa, FL

Fall 2018

Student Representative and Guest Speaker

Master of Social Work and Master of Public Health Orientation
Tampa, FL

Fall 2018

ACTIVITIES AND COMMUNITY INVOLVEMENT

Mental Health Counseling: Sliding scale

Resilience Therapy Services
Tampa, FL

Spring 2020- Present

Sunday School Teacher

Mission Hill Church
Temple Terrace, FL

Fall 2021- Spring 2023

Operations Manager

Behavioral Health Student Organization (BHSO)
Tampa, FL

Summer 2019- Summer 2020

BHSO Fundraiser Coordinator

Behavioral Health Student Organization (BHSO)
Tampa, FL

Summer, 2019

Academic Banquet Guest Speaker **Spring 2019**
Highlands High School
Franklin, NC

Scholar Recruiter **Fall 2018- Spring 2019**
Institute for Translational Research Education in Adolescent Behavioral Health
Tampa, FL

Private Student Invitation **Fall 2018**
The 13th Annual Women in Leadership & Philanthropy
Tampa, FL

Private Student Invitation **Fall 2018**
Meeting with Mr. Nick Macchione; Agency Director of San Diego Health and Human Services Agency
Tampa FL

Fundraising Participant and Volunteer **Summer 2018**
Autism Speaks; Rogers Behavioral Health
Tampa, FL

Fundraising Participant and Volunteer **Spring 2015- Fall 2016**
Behavioral Consultants of Tampa Bay (BCOTB)
Tampa, FL

Exceptional Student Education Volunteer **Fall 2011- Fall 2012**
Macon County Elementary School
Franklin, NC

Special Olympics Volunteer **Fall 2010**
Macon County Special Olympics
Franklin, NC

Special Olympics Volunteer **Fall 2008**
Macon County Special Olympics
Franklin, NC

PROFESSIONAL MEMBERSHIPS AND AFFILIATIONS

Phi Alpha Honor Society **February 2019- Present**
National Social Work Honor Society Membership

National Rural Health Association **August 2018 – Present**
Student Membership

Phi Sigma Theta Honorary Society **August 2015 - Present**
Student Nominee, University of South Florida

PROFESSIONAL CERTIFICATIONS

2023	Online Teaching Certification (<i>In progress: Expected spring, 2023</i>)
2022	Licensed Clinical Social Worker (License Number: 111438)
2020- 2022	Registered Clinical Social Work Intern (License Number: ISW14638)
2019-	Certified in Public Health (License Number: 15989)
2018	Title IX Training (sexual violence, sexual harassment, or gender discrimination)
2018	CPR and AED Certified
2018	CITI Program: Human Research Certified
2016- 2017	Registered Behavior Technician
2014-2015	Mental Health First Aid Certified
2010-2012	Certified Nurse Aid

HONORS, AWARDS, AND SCHOLARSHIPS

2019	Scholarship award to attend the National Rural Health Policy Institute and meet with Congress
2016	Spain Study Abroad Scholarship (USF)
2012	Dean's List (South Western Community College, Sylva NC)
2010- 2012	New Century Scholar Scholarship (South Western Community College, Sylva NC)

ADDITIONAL SKILLS

Computer: SPSS, SAS, GIS, Literature reviews and search strategy development, Microsoft Office (Word, Excel, PowerPoint), Editing, Proof reading, Document formatting.

Research: Thorough knowledge base in implementation science and practice, translational research methods, data collection and analysis, program evaluation, community based participatory research, frameworks and theoretical models, coordination and submission to IRB.

Clinical: Expertise in behavior modification and applied behavior analysis, dialectical behavior therapy, cognitive behavior therapy, exposure response prevention, behavior activation, social emotional learning programs, positive behaviors support interventions, data collection and analysis, intervention assessment and evaluations, fidelity of intervention delivery.

Language(s):

Mother tongue(s): English

REFERENCES

References available upon request.