

SUMMARY Researcher with multi-discipline experience seeks opportunity in an innovative, challenging, and collaborative environment to promote evidence based practice in child welfare systems with a multidisciplinary team at an academic institution. Community-based participatory researcher with a special interest in building capacity through partnership and collaboration with local, county and state child welfare agencies. Prolific peer-reviewed published researcher. Experienced investigator, coordinator, and manager. Conceptual, visionary, progressive, dedicated team player. Creative consultant with extensive experience, proactive planner, critical thinker with seamless integration and production of diverse client projects, on time and within budget. Culturally competent practice.

Chronology of Education

06/2010	St. George's University	Doctor of Medicine
12/2004	Rutgers University	B.A. in Cell Biology and Neuroscience; Minor in Economics

SPECIALTY CERTIFICATION

06/2016	American Board of Family Medicine
07/2018	American Board of Sleep Medicine (Eligible)

LICENSURE

03/2018 – Present	Physician License # 293427, State of New York
03/2018 – Present	Physician License # 0101264337, State of Virginia

POSTGRADUATE TRAINING

07/2016 – 06/2017	University of Arizona Sleep Medicine Fellowship under Dr. Sairam Parthasarathy
07/2013 – 06/2016	SUNY Downstate Medical Center Family Medicine Residency
06/2010 – 06/2012	SUNY Downstate Medical Center Postdoctoral Fellowship (Epidemiology, Behavioral Sleep Medicine, Clinical Trials with focus on health disparities)

Chronology of Employment**Academic Positions, Faculty Appointments and Research/Clinical Affiliations:**

07/2017 – Current	Physician scientist A.P. Medical P.C.
06/2018 – Current	Fee based Sleep Physician Department of Veterans Affairs, Southern Arizona VA Health Care System
10/2018 – Current	President and Founder Enriching Lives Through Medical Physicians, PC
06/2011 – Current	Clinical Research Instructor Department of Medicine and Neurology, SUNY Downstate Medical Center
06/2010 – 06/2012	PRIDE Scholar Behavioral and Cardiovascular Health Research Institute

SKILLS

Research: intervention design, evaluation planning (both process and outcome), continuous quality improvement (CQI), SWOT analysis and strategic planning, leadership development, cost analysis, multilevel modeling, multivariate methods, mixed methods, secondary data analyses (shared data agreement negotiation and execution); grant writing, report development, curriculum development; qualitative methodologies.

Computer program knowledge: Unix Systems; Atlas ti; SYSTAT; HLM; ENVIVO; SPSS; JMP; SAS; AMOS; PROCESS; and other statistical software.

SPECIAL TRAINING (selected)

- 2015 Fellow, Fragile Families Genetic Data Workshop, Columbia University School of Social Work and Princeton Population Center
- 2013 Fellow, 13th annual NIH Office of Behavioral and Social Sciences Research Summer Institute on Design and Conduct of Randomized Behavioral Clinical Trials

CHILD WELFARE RELATED PROJECTS (selected)

2014- 2018

KIN-Tech Cost Study and Evaluation Technical Assistance

Cost Study

Working with kinship navigator project evaluation team to conduct cost analysis of Children's Bureau federal demonstration project compared with standard care (community based program) and usual care (child welfare services) in two counties in Florida. Collaborators: Florida Department of Children and Families, Eckerd Youth Alternatives, Juvenile Welfare Board of Pinellas County, Children's Board of Hillsborough County, Children's home, Inc.

Evaluation Technical Assistance

This project provides training and technical assistance for child welfare staff, administrators, and community partners on how to utilize evaluation results to promote organizational capacity for change. Fact sheets, research briefs, and other dissemination tools are developed for this project to help translate meaningful findings to improve child welfare practice. Collaborators include the Children's Home, Inc., the Juvenile Welfare Board of Pinellas County, and the Children's Board of Hillsborough County.

2013-present

National Grandfamilies Outcome Workgroup

To determine the outcomes related to support groups for grandparents and other relatives raising children, this work group has developed and pilot tested a measure in six states. Currently working on developing content to disseminate to caregivers who score low on subscales related to caregiver self-efficacy, family functioning, behavioral management, self-care etc.

Collaborators: New York Jewish Board of Children and Family Services, The Consultation Center at Yale University, Grandparent as Parents, Inc of California.

2014-present

Kinship Services Network of Pinellas Longitudinal Study

The primary focus of this longitudinal study is to determine the long term effectiveness of this case management and family support program for grandparents and other relatives raising children compared with traditional child welfare services. Current work on this project is focused on capacity building for the community collaborative. Community collaborators include: Florida Department of Children and Families, Eckerd Youth Family Programs, Children's Home, Inc., Juvenile Welfare Board of Pinellas County, Kinship Collaborative of Pinellas County.

2013-present

Early Head Start Family Structure and Adverse Childhood Experiences Study

Secondary data analysis on family structure and adverse childhood experiences. Findings indicate that children living in grandparent headed households have different experiences related to health and wellbeing than those children living with both parents, a biological mother only, and a biological mother and non-related father.

2014-present

Family Group Decision Making Adaptive Model for Health

To promote health and wellbeing for children in care, this project helps families develop social support capacity by adapting the Family Group Decision Making Model for children and youth in care with Type 2 Diabetes Mellitus, Obesity and other chronic conditions. Currently in review for funding from foundation.

Collaborators: Children's Home, Inc. and St. Anthony's Hospital.

2015-present

Building Capacity for Fatherhood Programs through Kinship Care

This project is developing a program model to promote fatherhood engagement through asset mapping and special training and technical assistance to grandparents and other relatives. Current work includes family engagement assessment and partnership building models. Collaborators: Data with Purpose, Inc. Oakland, California.

Awarded Grants and Contract

Ongoing Research Support

McCune Foundation and Childres Home Network, Inc 09/16 – 10/17
The LEAD Trial: Using Peer-to-Peer Navigators to Implement a Self-Management Program
for African American Grandmothers with Diabetes Raising Grandchildren to Improve Health,
Caregiver Competency, and Child Safety and Permanence.
Role: Co-Principal Investigator

Bon Secours Foundation and St. Anthony's Hospital Foundation 09/16 – 10/17
*S*leep Intervention in *D*iabetes Education (*S*LIDE) Trial
Role: Principal Investigator

St. Anthony's Diabetic Self-Management Education (DSME) Program. 07/14 – 07/17
Funded by CHE Trinity Health Call to Care. Funded for \$110,000 for three-year period
with match from Jessie Ball
Role: Co-Principal Investigator

Completed Research Support (Other)

Children's Bureau, US Administration on Children and Families 06/01/2013 – 06/30/2015
Federal Demonstration Program
Role: Co-investigator

The PCORI Pilot Projects 07/01/2012 – 06/30/2014
Patient-Centered Outcomes Research Institute (PCORI)
Mobile Apps (MAPPS): Patient & Caregiver Attitudes, Behaviors, and Knowledge
Role: Co-investigator

Sanofi-Aventis 11/01/2012 – 06/30/2014
The ORIGINALE (ORIGIN And Legacy Effects) Follow-up Study
Role: Sub-investigator at SUNY Downstate site.

Sanofi-Aventis 09/01/2010 – 06/01/2012
The ORIGIN Trial (Outcome Reduction With Initial Glargine Intervention), a
Multicenter, International Randomized, 2x2 Factorial Design Study
Role: Sub-investigator at SUNY Downstate site.

Center for Disease Control (CDC) 01/01/2012 – 01/01/2013
RFP 2011-N-13483 PI: Natelson, Benjamin
Multi-site Clinical Assessment of Chronic Fatigue
Syndrome (CFS) Role: Database Manager

Other Contributions to Science**1. Multidisciplinary Development and Implementation of Healthy Sleep Interventions**

Since 2013 when Dr. Kerry Littlewood and I first began our partnership at NIH's Summer Institute on Randomized Control Trials, we have embarked on important investigations exploring sleep in grandparents raising grandchildren. We are the first investigators to profile sleep for kinship caregivers and the children in their care. We found that grandparent caring for children have high rates of troubled sleep and are self-medicating. In addition to this, many of the children in their care who have had high rates of exposure to adverse childhood events, are also reporting poorer quality of sleep with more disruptions. Our analysis of the data has demonstrated inadequate and troubled sleep for these children which has we associated with problem behavior and poor academic outcomes. All of this multidisciplinary work for the past quadrennial has been in collaboration with our community partners at the Children's Home Network. Through our work together, we have been able to work closely with grandparents in advisory boards and community collaboratives to learn what interventions they want for themselves and the children in their care, co-create strategies that meet their interest, and design and implement investigations to improve quality of life and access to care for these caregivers and children in their care. Most recently, we've been developing a self-management sleep related intervention using peer navigators.

- a. **Pandey, A.**, Littlewood, K., Cooper, L., & Vu, S. (2015). Sleep in grandparent caregivers and the children in their care. *Sleep*, S0447.
- b. **Pandey, A.**, Littlewood, K., Cooper, L., Vu, S. (2015). Sleep in children raised by grandparents compared to other family structures: Analysis of FACES Survey. *Sleep*, S1041.
- c. Littlewood, K., Averett, P., Cooper, L., Vu, S., & **Pandey, A.** (2015). Children raised by grandparents: Opportunities to promote healthy living in early care and education settings. *Society of Behavioral Medicine*, S B092b.
- d. **Pandey, A.**, Littlewood, K., Cooper, L., Strozier, A.L., McCrae, J.S., McCrae, C.S., Rosenthal, M., Hernandez, L. (2016). A sleep profile of grandparents raising grandchildren from KIN Tech: A randomized control trial. *Sleep*, S0535.
- e. **Pandey, A.**, Littlewood, K., Cooper, L., Strozier, A.L., McCrae, J.S., McCrae, C.S., Rosenthal, M., Hernandez, L. (2016). Sleep and psychosocial impairment in children raised by grandparents in KIN Tech randomized control trial. *Sleep*, S0937.
- f. **Pandey, A.**, Littlewood, K., Cooper, L., McCrae, J., Strozier, A., Rosenthal, M., Hernandez, L., McCrae, C (2016). Social support and sleep for grandparents raising grandchildren: Lessons from the KIN Tech RCT. *SA121a*.
- g. Littlewood, K., Averett, P., Cooper, L., McCrae, J., Strozier, A., Rosenthal, M., Hernandez, L., **Pandey, A.** (2016). Peer-to-peer compared with professional helpers in KIN Tech RCT federal demonstration project. *Society of Behavioral Medicine*, S C147a.
- h. Littlewood, K., Cooper, L., Strozier, A.L., Rosenthal, M., Hernandez, L. & **Pandey, A.** (2017). Support to kinship caregivers improves child behavior: Results from the KIN Tech RCT. *Annals of Behavioral Medicine*, Sup 1184.
- i. Littlewood, K., Cooper, L., Strozier, A.L., McCrae, J.S., McCrae, C.S., Rosenthal, M., Hernandez, L. & **Pandey, A.** (2017). Impact of self reported sleep parameters

- on math and reading competence for children raised by grandmothers. *Sleep*, 40(1), A372-A372. DOI: 10.1093/sleepj/zsx050.1000
- j. Littlewood, K., Cooper, L., Strozier, A.L., McCrae, J.S., McCrae, C.S., Rosenthal, M., Hernandez, L. & **Pandey, A.** (2017). Self-reported sleep and peer acceptance, rejection and bullying for children raised by grandmothers. *Sleep*, 40(1), A371-372. DOI: 10.1093/sleepj/zsx050.999
 - k. **Pandey, A.**, Littlewood, K., Cooper, L., McCrae, J., Rosenthal, M., Day, A.G., & Hernandez. (2018). Connecting older grandmothers raising grandchildren with community resources improves family resiliency, social support and caregiver self-efficacy. *Journal of Women & Aging*, DOI: 10.1080/08952841.2018.1444940.
 - l. Littlewood, K., Cooper, L., & **Pandey, A.** (2018 *provisionally accepted*). 12, 24 and 36 month follow-up on safety and placement stability outcomes from the Children's Home Network-Kinship Navigator Program. *Child Abuse & Neglect*.
 - m. Littlewood, K., Rosenthal, M., Day, A., & **Pandey, A.** (2018 *in review*). Kinship Navigator Model Development and Implications: Lessons Learned from Four Demonstration Projects. *Children and Youth Services Review*.
 - n. Littlewood, K., et.al., & **Pandey, A.** (2018 *in review*). Support Group Survey for Grandparents Raising Grandchildren: Findings and Psychometrics. *Journal of Family Social Work*.
 - o. **Pandey, A.**, Littlewood, K., Cooper, L., Rosenthal, M., Hernandez, L., & Day, A. (2018). Mixed methods study to explore attitudes and beliefs about sleep for clinicians, administrators and policy makers in child welfare. *Sleep*, 41(S1), A392. DOI: 10.1093/sleep/zsy061.1053
 - p. **Pandey, A.**, Littlewood, K., Cooper, L., Rosenthal, M., Hernandez, L., & Day, A. (2018). Pragmatic approaches for integrating healthy sleep hygiene to promote chronic disease management. *Sleep*, 41(S1), A391. DOI: 10.1093/sleep/zsy061.1051
 - q. **Pandey A**, Littlewood K, Cooper, L., et.al. (2017, November). Unexplored Impact of the Opioid Epidemic: Sleep for Children Raised by Grandparents due to Parental Opioid or Other Substance Abuse. Published Abstract at the Ninth Biennial Pediatric Sleep Medicine Meeting, Fernandina Beach, Florida.
 - r. **Pandey A**, Littlewood K, Cooper, L., et.al. (2018, November). How Mothers and Fathers with Opioid and Substance Abuse Predict Sleep for Children Raised by Grandparents. Published Abstract at the Ninth Biennial Pediatric Sleep Medicine Meeting, Fernandina Beach, Florida.

2. Community Engagement and Participatory Research with at Risk Populations.

My early investigations were focused on using community engagement to gain a better understanding about at risk populations employing participatory research methods. I was a co-investigator on a community project titled "Assessing Knowledge of Sleep Apnea and Associated Health Risk Factors in Blacks" where we have been assessing and evaluating public knowledge, attitude, and behavior about sleep disorders in churches and barbershops. I was responsible for the development and implementation of the protocol, development and adherence to data collection protocols, quality control in data management and data analysis, validation of questionnaire among our population of interest, interpretation of findings, and

presentation and publication of results. Our background work has led to NIH-funded project using non- traditional model of sleep health promotion to disseminate evidence-based healthful sleep practices (R25-HL116378).

- a. **Pandey A.**, et.al. (2012, October). Beliefs and Attitudes About Sleep among Community-Dwelling Black Men. Oral presentation at the Engaging Communities in Research: Best Practices at APHA 140th Annual Meeting and Exposition in San Francisco, CA.
- b. **Pandey A.**, Gekhman D, Gousse Y, et al. Short Sleep and Dysfunctional Beliefs and Attitudes Toward Sleep Among Black Men. SLEEP 34 (Abstract Suppl.):A0760, 2011.

3. Epidemiological and Big Data Analysis.

To identify and intervene on the determinants of population health, I have also been investigating associations of country of origin and race/ethnicity with sleep duration and metabolic syndrome utilizing multiple nationally representative datasets including National Health and Nutrition Examination Survey (NHANES), National Health Interview Survey (NHIS), Behavioral Risk Factor Surveillance System (BRFSS). We have also explored Head Start Family and Child Experiences Survey (FACES) and private data sources to explore pathways for models to better understand the role of sociodemographic factors to sleep health to reduce disparities within an increasing diverse population.

- a. **Pandey, A.**, Littlewood, K., Cooper, L., Vu, S. (2015). Sleep in children raised by grandparents compared to other family structures: Analysis of FACES Survey. Sleep, S1041.
- b. **Pandey A.**, Williams N, Donat M, Ceide M, Brimah P, Jean-Louis G. Linking Sleep to Hypertension: Greater Risk for Blacks. International Journal of Hypertension. Volume 2013, Article ID 436502. PMID: 23710339
- c. Ceide M, **Pandey A.**, et.al. Associations of Short Sleep and Shift Work Status with hypertension among Black and White Americans. International Journal of Hypertension. Volume 2015; October 1. Article ID 697275. PMCID: PMC4606100
- d. Salifu I, Tedla F, **Pandey A.**, et. al. Sleep duration and chronic kidney disease: analysis of the national health interview survey. Cardiorenal Med. 2014 Dec;4(3-4):210-6. PMID: 25737685
- e. Jean-Louis G, Williams NJ, Sarpong D, **Pandey A.**, et. al. Associations between inadequate sleep and obesity in the US adult population: analysis of the national health interview survey (1977-2009). BMC Public Health. 2014 Mar 29;14(1):290. PMID: 24678583
- f. Zizi F, **Pandey A.**, Murraray-Bachmann R, Vincent M, McFarlane S, Ogedegbe G, Jean-Louis G. Race/Ethnicity, sleep duration, and diabetes mellitus: analysis of the national health interview survey. Am J Med. 2012 Feb;125(2):162-7. PMID:22269619

OTHER PUBLICATIONS**Peer- Reviewed Manuscripts:**

1. Williams N, Jean-Louis G, **Pandey A**, et. al. Excessive Daytime Sleepiness and Adherence to Antihypertensive Medications among Blacks. *Sleep Medicine*. In press.
2. Ceide M, **Pandey A**, et.al. Linking Sleep Duration and Shift-Work to Hypertension among Black and White Americans. *Journal of Clinical Sleep Medicine*. In Press.
3. Donat M, Brown C, **Pandey A**, et. al. Linking sleep duration and obesity among black and white US adults. *Clinical Practice*. In press.
4. **Pandey A**, Williams N, Donat M, Ceide M, Brimah P, Jean-Louis G. Linking Sleep to Hypertension: Greater Risk for Blacks. *International Journal of Hypertension*. Volume 2013, Article ID 436502, 2013.
5. Grandner, MA., Buxton, OM, **Pandey, A**, et al. C-reactive protein (CRP) and habitual sleep duration: A complex, non-linear relationship dependent on sex, race/ethnicity, and presence of sleep disorder and/or medical comorbidity. *SLEEP*, Vol. 36, No. 5, 2013.
6. Goren A, Gross HJ, Fujii RK, **Pandey A**. Prevalence of pain awareness, treatment, and associated health outcomes across different conditions in Brazil. Rev. dor vol.13 no.4 São Paulo Oct./Dec. 2012
7. Bosede A, **Pandey A**, McKenzie S, Jean-Louis G. Sleep in America: Role of Race/Ethnicity. In press at *Sleep Med Rev*. 2013 Jan 21.
8. The ORIGIN Trial Investigators. Basal Insulin and Cardiovascular and Other Outcomes in Dysglycemia. *N Engl J Med*. 2012 Jun 11.
9. The ORIGIN Trial Investigators. n-3 Fatty Acids and Cardiovascular Outcomes in Patients with Dysglycemia. *N Engl J Med*. 2012 Jun 11.
10. Zizi F, **Pandey A**, Murray-Bachmann R, Vincent M, McFarlane S, Ogedegbe G, Jean-Louis G. Race/Ethnicity, sleep duration, and diabetes mellitus: analysis of the national health interview survey. *Am J Med*. 2012 Feb;125(2):162-7
11. **Pandey A**, Forte V, Abdallah M et al. Diabetes mellitus and the risk of cancer. *Minerva Endocrinol* 2011;36:187-209.
12. Demede M, **Pandey A**, Innasimuthu L, Jean-Louis G, McFarlane SI, Ogedegbe G. Management of hypertension in high-risk ethnic minority with heart failure. *Int J Hypertens* 2011; 2011
13. Demede M, **Pandey A**, Zizi F et al. Resistant hypertension and obstructive sleep apnea in the primary-care setting. *Int J Hypertens* 2011;2011:340929
14. **Pandey A**, Demede M, Zizi F et al. Sleep apnea and diabetes: insights into the emerging epidemic. *Curr Diab Rep* 2011;11:35-40.
15. Forte V, **Pandey A**. et.al. 2012. Obesity, Diabetes, the Cardiorenal Syndrome and Risk for Cancer. *CardioRenal Medicine* 2012;2:143-162.
16. Abo Al Haija O, Jean-Louis G, Bachmann RM, Zizi F, **Pandey A**, Ogedegbe G. Excessive Daytime Sleepiness among Hypertensive Blacks: Analysis of the CAATCH Data. Submitted to *Journal of the National Medical Association*.
17. Henry K, Nunes J, **Pandey A**, Shaw R, Jean-Louis G. Ethical and Policy Implications of Racial and Ethnic Health Care Disparities in Sleep Medicine. Submitted to *Evidence and Policy*.

18. **Pandey A**, Tedla FM, et.al. Sleep Duration and Chronic Kidney Disease: Analysis of the National Health Interview Survey. Submitted to *American Journal of Kidney Disease*.
19. **Pandey A**, Jean-Louis G, et. al. Race/Ethnicity, Sleep Duration And Quality Of Life: Analysis Of The Behavioral Risk Factor Surveillance System (BRFSS). Submitted to *American Journal of Medicine*.
20. Grandner, MA., Buxton, OM, **Pandey, A**, et al. C-reactive protein (CRP) and habitual sleep duration: A complex, non-linear relationship dependent on sex, race/ethnicity, and presence of sleep disorder and/or medical comorbidity. Submitted to *SLEEP*.
21. **Pandey A**, et al. Linking region of birth to hypertension: analysis of the national health interview survey. Invited Paper to *Journal of the American Society of Hypertension*.

Peer-Reviewed Abstracts:

1. **Pandey A**, et.al. Inadequate Sleep And Obesity In The Us Population Over The Last Four Decades. *SLEEP*,36:A278.
2. **Pandey A**, et.al. Lipid-Related Cardiovascular Disease Markers And Sleep Apnea. *SLEEP*,36:A286.
3. **Pandey A**, et.al. Relaxation Techniques Profile Of Self-reported Stroke Survivors: Analysis Of The National Health Interview Survey. *Stroke* 2013;44: AWP312.
4. **Pandey A**, et.al. The Mobile Applications for Stroke (MAPPS) Investigators: Mobile Technology Profile of Stroke Survivors and Caregivers: Preliminary Results from a National Survey. *Stroke* 2013;44:ATP317.
5. **Pandey A**, et.al. The Mobile Applications for Stroke (MAPPS) Investigators: Availability and Efficacy of Mobile Health Technology Targeting Patients: A Systematic Evidence-based Review. *Stroke* 2013;44:ATP408.
6. Olanrewaju OJ, **Pandey A**, et.al. Estimating Insufficient Sleep In The US Population. *SLEEP*,36:A334.
7. Racine C, **Pandey A**, et.al. Associations Between Short Sleep And Healthful Practices: Role Of Race/Ethnicity. *SLEEP*,36:A105.
8. Ceide ME, **Pandey A**, et.al. Obstructive Sleep Apnea Risk And Psychological Health Among Blacks In The Metso Cohort. *SLEEP*,36:A316.
9. Williams NJ, Jean-Louis G, **Pandey A**, et.al. Sleep Duration And Race/Ethnicity Among US Adults: Analysis Of The NHIS Data (1977-2009). *SLEEP*,36:A324.
10. **Pandey A**, et.al. Predictive Value of the Apnea Risk Evaluation System Questionnaire among Individuals of Different Race/Ethnicity. *SLEEP*,35:A294.
11. **Pandey A**, et.al. Linking Country of Origin to Reported Sleep Durations: Analysis of the National Health Interview Survey. *SLEEP*,35:A294.
12. Ceide, M, **Pandey A**, et.al. Linking Sleep Duration to Night Shift-Work and Hypertension. *SLEEP*,35:A294.
13. Ajibola A, **Pandey A**, et.al. Associations between Sleep Duration and Fibromyalgia. *SLEEP*,35:A294.
14. Bagchi A, **Pandey A**, et.al. Associations between Sleep Duration and Hypercholesterolemia: Role of Race/Ethnicity and Gender. *SLEEP*,35:A294.
15. Brown CD, **Pandey A**, et.al. Linking Chronic Kidney Disease And Sleep Duration: Analysis Of The National Health Interview Survey. *SLEEP*,35:A294.

16. Benoit J, **Pandey A**, et.al. Differences in Sleep Measures between Caribbean- and US-Born Blacks with Metabolic Syndrome. *SLEEP*,35:A294.
17. Mahmud S, Bhuiya N, **Pandey A**, et.al. Association Of Social Desirability With Sleep Measures Among Blacks. *SLEEP*,35:A294.
18. Grandner, M. A., Buxton, O. M., **Pandey, A.**, Jackson, N. J., Pak, V. M., and Jean-Louis, G. (2012). C-reactive protein (CRP) and habitual sleep duration: A complex, non-linear relationship dependent on sex, race/ethnicity, and presence of sleep disorder and/or medical comorbidity. *SLEEP*, 35:A294.
19. **Pandey, A**, Brown, Clinton D., Jean-Louis, Girardin, Salifu, Moro; Linking region of birth to hypertension: analysis of the national health interview survey [abstract]. *Journal of Clinical Hypertension* 2012;14 Suppl 1 :143
20. Brimah, Peregrino, **Pandey, A**, Kalra, Kaushal, Nam, Donguk, Murray-Bachman, Renee, Brown, Clinton, et al; Effects of country of origin on self-reported heart disease [abstract]. *Journal of Clinical Hypertension* 2012;14 Suppl 1 :124
21. **Pandey, A**, F. Tedla, C. Brown, et al. (2012). "Self-reported chronic kidney disease and sleep duration: analysis of the national health interview survey." *American Journal of Kidney Diseases* 59(4): B62.
22. **Pandey A**, Donat M, Mahmud S, Brimah P, Zizi F, Jean-Louis G. Risk of Obstructive Sleep Apnea and Anxiety among blacks with Metabolic Syndrome. *Chest*, 140(4_Meeting Abstracts), 796A
23. **Pandey A**, Gekhman D, Jean-Louis G, et al. Short Sleep and Dysfunctional Beliefs and Attitudes Toward Sleep Among Black Men. *Sleep Medicine* 12, Suppl. 1 (2011) S1–S130.
24. **Pandey A**, Demede M, Jean-Louis G, et al. Race/Ethnicity, Sleep Duration, and Quality of Life: Analysis of The Behavioral Risk Factor Surveillance System. *Sleep Medicine* 12, Suppl. 1 (2011) S1–S130.
25. **Pandey A**, Gekhman D, Gousse Y, et al. Short Sleep and Dysfunctional Beliefs and Attitudes Toward Sleep Among Black Men. *Sleep* 34 (Abstract Suppl.):A0760, 2011.
26. **Pandey A**, Gekhman D, Gousse Y, et al. Short Sleep and Dysfunctional Beliefs and Attitudes Toward Sleep Among Black Men. *Sleep* 34 (Abstract Suppl.):A0760, 2011.
27. **Pandey A**, Demede M, Jean-Louis G, et.al. Race/Ethnicity, Sleep Duration and Quality of Life: Analysis of the Behavioral Risk Factor Surveillance System (BRFSS). *Sleep* 34 (Abstract Suppl.):A0203, 2011.
28. Mallick A, Chamnongvongse P, Singh M, **Pandey A**, et.al. 2011. Sleep duration and Visual Impairment: Analysis of the 2009 National Health Interview Survey. *Sleep* 34 (Abstract Suppl.):A0647, 2011.

MEDIA COVERAGE OF SCIENTIFIC RESEARCH**Sleepclinician.com**

Short Sleep and Dysfunctional Beliefs and Attitudes Toward Sleep Among Black Men

<http://www.sleepclinician.com/video/id/153/>

MedPage Today

Foreign-Born in U.S. Report Less Hypertension

<http://www.medpagetoday.com/MeetingCoverage/ASH/32845>

Multiple news sources internationally (97+ news mentions)

Sleep Duration Influenced by Race, Ethnicity and Country of Origin

Scientific American: <http://www.scientificamerican.com/article.cfm?id=us-born-americans-sleep-patterns-differ-from-immigrants>

TIME Magazine

<http://healthland.time.com/2012/06/14/how-well-do-you-sleep-the-answer-may-depend-on-your-race/>

NYTIMES Science Section

<http://www.nytimes.com/2012/08/21/health/how-well-you-sleep-may-hinge-on-race.html?pagewanted=all>

Science Daily

<http://www.sciencedaily.com/releases/2012/06/120613091041.htm>

Medical Daily

<http://www.medicaldaily.com/news/20120613/10281/sleep-time-quality-race-culture.htm>

U.S. News & World Report

<http://health.usnews.com/health-news/news/articles/2012/06/13/sleep-habits-in-us-vary-by-race-native-country-study>

Huffington Post UK

http://www.huffingtonpost.co.uk/2012/06/13/health-how-long-you-sleep-depends-ethnic-racial-background_n_1592421.html

Yahoo! News

<http://in.news.yahoo.com/indians-sleep-less-american-adults-075117039.html>

EDITORIAL POSITIONS

Ad Hoc Reviewer for:

2011

International Journal of Hypertension

Society of Behavioral Medicine Abstracts

TEACHING, SUPERVISION AND MENTORING

Fellows Department of Psychiatry, SUNY Downstate Medical Center

2011 – Present

Mirnova Ceide, M.D. Geriatric Fellow (3 Abstracts, 2 papers in prep)

Fall 2010

Marie Araujo, M.D. Geriatric Fellow (1 Abstract)

International Medical Graduates

2011 – Present

Peregrino Brimah, M.B.B.S. (2 Papers, 5 Abstracts, 2 papers in prep)

Monsur Adedayo, M.B.B.S (1 Paper, 2 Abstracts, 1 Book Chapter)

Arindam Bagchi, M.B.B.S (2 Abstracts, 1 paper in prep)

Nabanita Bhunia, M.B.B.S (2 Abstracts, 1 paper in prep)

Medical Students

2010 - Present

Sophie Davis School of Biomedical Education

Sidrah Mahmud MS-IV (3 Papers, 1 Book Chapter, 4 Abstracts)

Adnan Mallick MS-IV (1 Papers, 1 Book Chapter, 2 Abstracts)

Dmitriy Gekhman MS-III (4 Abstracts, 1 paper in prep)

Donguk Nam MS-IV (3 Abstracts, 1 paper in prep)

Prince Odigie MS-II (3 Abstracts, 1 paper in prep)

College Students

2010 - Present

Janika Benoit

Senior (1 Abstracts, 1 paper in prep)

Abhishek Pandey, MD

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Stephanie Thermomizer
Stephanie Thermomizer
Bosede Adenekan

Junior (2 Abstracts, 1 paper in prep)
Junior (2 Abstracts, 1 paper in prep)
Post-graduate (1 paper)

LANGUAGES Fluent in English, Hindi, Bengali, Bhojpuri, and medical Spanish