

Dade City Community Resource Maps

Helping - Referral Organizations..... 2

Bay Area Legal Services
Catholic Charities
Eckerd Connects | Community Alternatives
Farmworker's Self-Help
Make A Difference
Mid Florida Comm Svcs
Restored Hope
Salvation Army East Pasco
Sunrise Domestic Violence

Education - Vocation - Employment..... 4

Career Source Pasco/Hern
Hugh Embry Library
James Irvin Edu Center/Adult Ed
Moore-Mickens Edu/Voc Ctr
Pasco Hernando State College-East Campus
Smartstart East Pasco Entrepreneur Center
UF/IFAS Extension Office - Pasco County

Medical - Dental - Mental & Behavioral Health 6

Advent Health
Baycare Behavioral Health - Doris Cook Smith Counseling Center
Children's Dental Clinic at Cox Elementary/Premier Community Healthcare
FL Dept of Health Pasco County
Premier Community Healthcare, Medical/Dental/Behavioral Health
Premier Health Center
Loving Hands Ministries

Housing - Utilities - Nutrition - Clothing..... 8

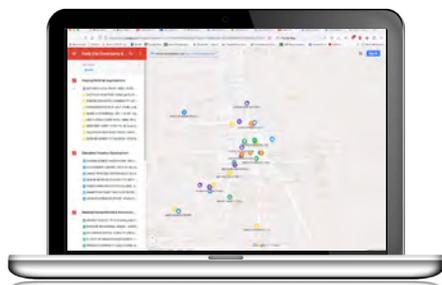
Community Gardens - East
Daystar Hope Center Food Pantry & Clothing Vouchers
First Baptist Church Food Bank
Glorious Church Of God In Christ - The Glorious Experience
Housing Authority Pasco County
John S Burks Memorial Park Food Pantry
Lacoochee Elementary School
Ridge Manor Comm Center
Ridge Manor Comm United Methodist Church Food Pantry
Senior Center/Dining Services
St Rita Catholic Church Food Pantry St Vincent De Paul Ministry

Youth Services - Childcare - Parenting - Prenatal..... 10

Oasis Pregnancy Care Ctr
Foundations of Life Pregnancy Ctr
Early Learning Coalition
Boys & Girls Club
YMCA Express

Emergency Services..... 12

Department of Emergency Services
Sunrise of Pasco County, Inc. 24-Hour Hotline/Shelter
Florida Department of Children and Families 24-Hour Hotline
National Domestic Violence Hotline
SAMHSA's National Helpline
National Suicide Prevention Lifeline 24-Hour Hotline



Visit our online Dade City
Community Asset Maps

<https://bit.ly/dadeassetmaps>



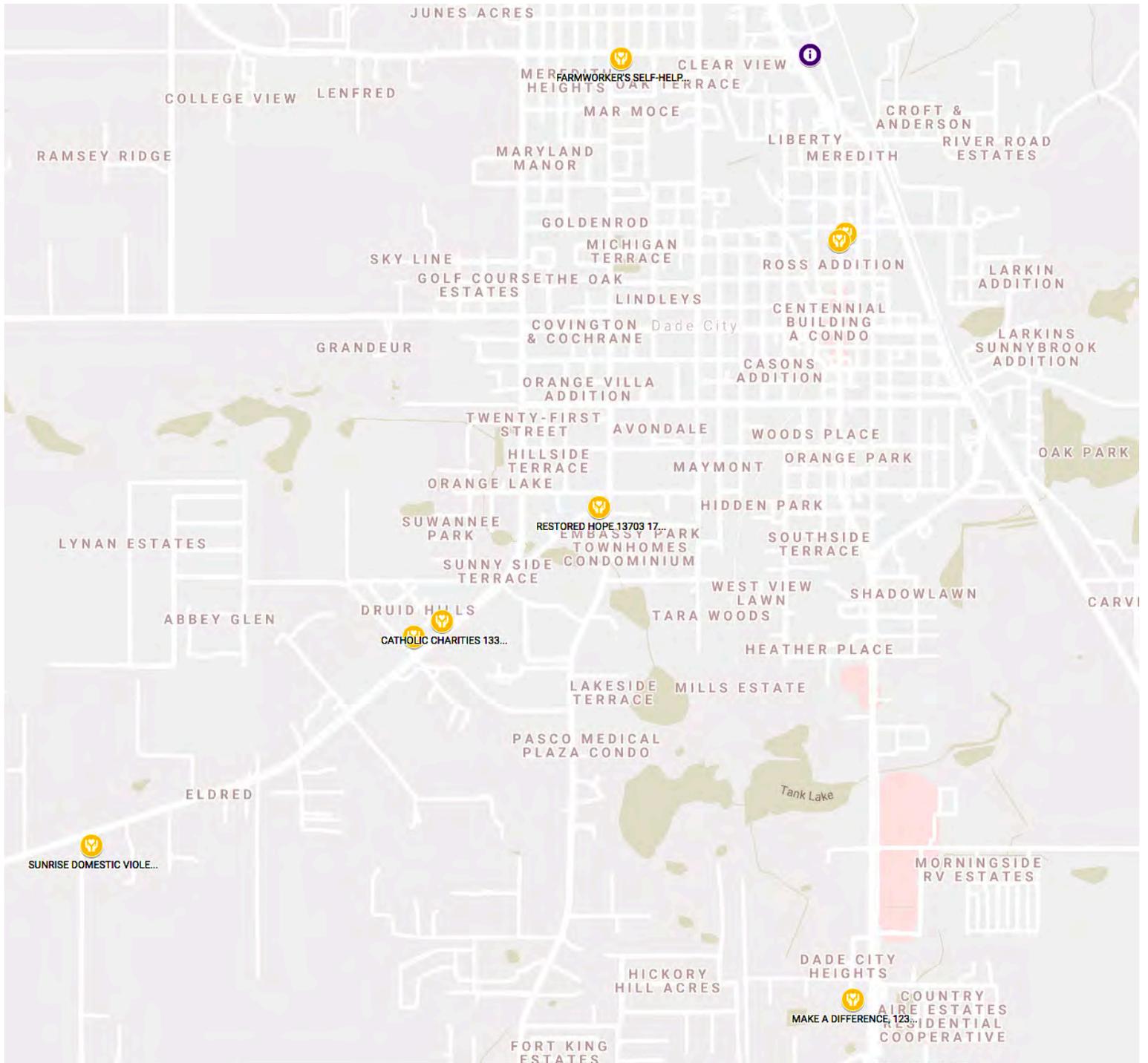
Margarita Romo, FSH, CEO, Honorary Doctorate;
Angela Garza, MSW; Michelle Beekman, Lacey Karpisek, MSW, MPH;
Cassandra Garza, BS; Nicole Mallat, BS; Ercilia Calcano, MPH;
and Oliver T. Massey, PhD

Department of Child and Family Studies
College of Behavioral and Community Sciences
University of South Florida
www.usf.edu/cbcs/cfs/itre



Created in collaboration with USF
Institute for Translational Research
Education and Farmworkers Self-Help.

Dade City | Helping * Referral Organizations



Bay Area Legal Services 14950 US-301, Dade City, FL 33523

Catholic Charities 13326 Lee St #1, Dade City, FL 33525

Eckerd Connects | Community Alternatives 36739 State Rd 52 #201, Dade City, FL 33525

Farmworker's Self-Help 37240 Lock St, Dade City, FL 33523

Make A Difference 12311 US-301, Dade City, FL 33525

Mid Florida Comm Svcs 14446 7th Street, Dade City, FL 33523

Restored Hope 13703 17th St, Dade City, FL 33525

Salvation Army East Pasco 14445 7th Street, Dade City, FL 33523

Sunrise Domestic Violence 12724 Smith Rd, Dade City, FL 33525

Dade City | Helping * Referral Organizations

Bay Area Legal Svcs

(352) 567-9044 or (800) 625-2257

14950 US-301, Dade City, FL 33523

<http://bals.org>

Hours: Mon-Fri 8:30AM-5:00PM

Free civil legal services including domestic violence, family law, veteran services, housing/foreclosures, consumer, senior advocacy, public benefits and tax assistance. Open to all who meet income and asset guidelines (exceptions may apply to seniors, victims of domestic violence, etc.), call or visit website for application, often a wait for services.

Catholic Charities

(352) 518-0866, (352) 523-6958, (352) 518-4271

13326 Lee St #1, Dade City, FL 33525

Hours: Mon-Thu, 10AM-4PM

Provides qualified low income families with case management, limited financial and housing assistance (foreclosure, homelessness, evictions, down payment assistance). Counseling Services (888) 816-6968, Pregnancy, Parenting, Adoption and Post-Abortion information and support — free pregnancy testing, maternity and infant supplies, community resource referrals and emergency food items. HIV/ AIDS Assistance (888) 816-6909.

Eckerd Connects | Community Alternatives

(352) 521-1266

36739 State Rd 52 #201, Dade City, FL 33525

www.eckerd.org,

Hours: Mon-Fri, 8AM-5PM

Child welfare and foster care services. Family support through child abuse prevention, child placement and adoption support. Training, support and therapy for foster care families.

Farmworker's Self-Help

(352) 521-1266

37240 Lock St, Dade City, FL 33523

Hours: Mon-Fri, 9AM-5PM

Low income family assistance, low or no cost clothing, food pantry, thrift shop. Immigration and social services. Financial and health programs, educational scholarships and trainings to promote self sufficiency.

Make A Difference

(352) 437-3466

12311 US-301, Dade City, FL 33525

www.makedifference.org

Offers social, economic and educational resources including, shoes for kids and food pantry at Burke Park through Feeding Tampa Bay every Thursday @ 1:30pm - 4:00pm.

Mid Florida Comm Svcs

(352) 796-1425

14446 7th Street, Dade City, FL 33523

<https://www.mfcs.us.com/Pasco-County-10-99.html>

Hours: Mon-Fri, 8:30AM-5:00PM

Provides Low-Income Energy Assistance Program (LIHEAP) for eligible households with paying energy/gas bills to prevent service interruption, Family Self-Sufficiency Program/Continuing Education including additional education/job skills training to secure employment at a living wage, Emergency/Support Services assistance, Weatherization Assistance Program

to reduce the monthly energy burden on low-income households by improving the energy efficiency of the home. Energy Assistance: (352)251-2313, Weatherization Assistance: (352)796-1427. Services for SENIORS (age 60+) may include: Telephone reassurance, home delivered meals, non-emergency medical transportation, homemaker service, nutrition education.

Restored Hope

(352) 437-4815

13703 17th St, Dade City, FL 33525

www.restoredhopefl.org

Hours: Mon, Wed, Thurs, 9AM-5PM

Rent and utility assistance, hygiene items, mailbox service, laundry facilities, and emergency food for homeless families, Florida ID and birth certificate assistance, laundry f for individuals who don't have a Florida ID. ACCESS FL computer and staff assistance with application process, clothing closet for work and job interviews, education/classes promoting self-sufficiency.

Salvation Army East Pasco

(352) 521-3126

14445 7th Street, Dade City, FL 33523

https://www.needhelpayingbills.com/html/pasco_county_salvation_army_as.html

Temporary assistance for basic and emergency needs including Helping Rock Food Pantry/hot food program - call for appointment and list of documents that are required, (352)521-3126. All goods are provided on a case by case basis.

Services may include temporary emergency partial rental or utility bill assistance, medication, clothing, holiday assistance, assistance with applying for public and government aid such as Florida Kidcare, food stamps, WIC, or Medicaid. Basic needs such as clothing, school supplies, and referrals, case management, community education, professional training, personal and legal advocacy, emergency household goods, school items, holiday support programs, and professional work attire. Support groups for Women and Children, Crisis Intervention, and a 24 hour hotline, and a shelter.

Sunrise Domestic Violence

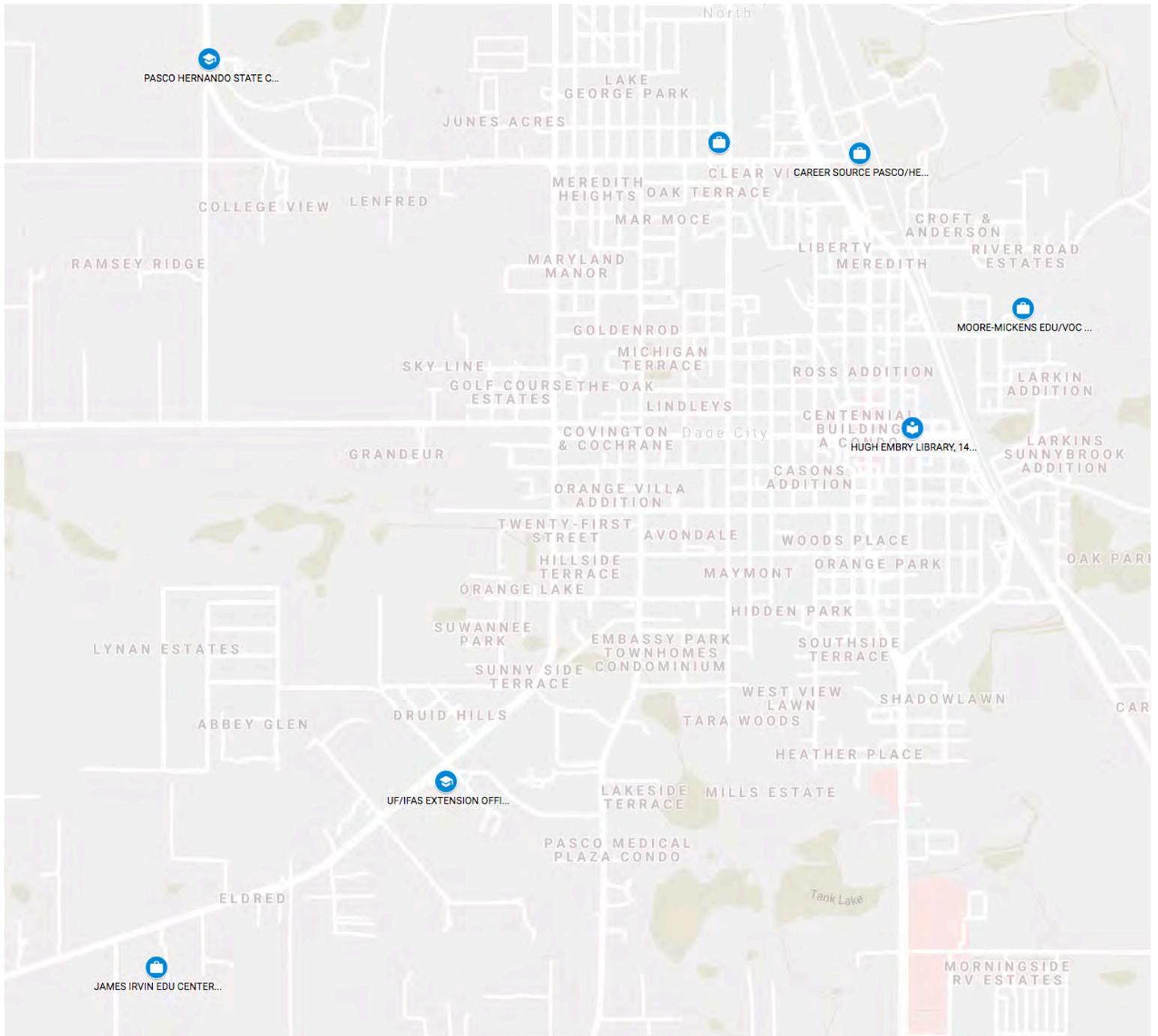
352-521-3120

12724 Smith Rd, Dade City, FL 33525

www.sunrisepasco.org

Hotline/TTY/Shelter open 24 hours, 352-521-3120, Free emergency shelter, counseling, advocacy, case management, support groups for survivors of domestic and sexual violence. Administrative and Outreach offices Hours: Mon-Fri 8AM-5PM, Counseling 352-567-1681, Legal Advocacy 352-521-3120, Community Education/Prevention 352-521-3358, Solutions Thrift Store 352-521-3000.

Dade City | Education * Vocation * Employment



Career Source Pasco/Hernando 15000 Citrus Country Dr, Dade City, FL 33523

Hugh Embry Library 14215 4th St, Dade City, FL 33523

James Irvin Edu Center/Adult Ed 35830 State Road 52, Dade City, FL 33525

Moore-Mickens Edu/Voc Ctr 38301 Martin Luther King Boulevard Dade City FL 33523

Pasco Hernando State College-East Campus 36727 Blanton Road, Dade City, FL, 33523

Smartstart East Pasco Entrepreneur Center 15029 14th Street, Dade City, FL 33525

UF/IFAS Extension Office - Pasco County 36702 State Rd 52, Dade City, FL 33525,

Career Source Pasco/Hern

(813) 377-1300

15000 Citrus Country Dr, Dade City, FL 33523

<https://careercentral.jobs/>

Hours: Tuesday and Thursday: 9am - 4pm (by appointment only)

Call for future expanded hours, Employment Assistance, Customer Workshops, Assessments, Entrepreneurial Training, Employment Support Center, Career Fairs, Internships, Ecourses, OJT for Jobseekers, Youth Programs(18-24), Reemployment Assistance.

Hugh Embry Library

(352) 567-3576

14215 4th St, Dade City, FL 33523

<https://www.pascolibraries.org/index/hugh-embry-branch-library/>

Hours: Mon & Wed, 10AM-8PM, Tues & Thurs, 10AM-6PM, Fri & Sat, 10AM-5PM,

Books, Videos, Computer use and printing services, Curbside Pickup, Digital Resources, Study Rooms, Virtual programs for children and adults, Makerspaces (do-it-yourself centers to create, learn, design, experiment, and build), Seed library.

James Irvin Edu Center/Adult Ed

(352) 524-5738

35830 State Road 52, Dade City, FL 33525

<http://jiae.pasco.k12.fl.us/>

Youth (16-18) and Adult GED Preparation Classes and Testing, Online High School Diploma Options (Adult High School & Graduate 24/7, English Language Classes, Cosmetology; JIEC Child Care Apprenticeship and Director's Credential courses in collaboration with PHSC.

Moore-Mickens Edu/Voc Ctr

(352) 518-8008

38301 Martin Luther King Boulevard Dade City FL 33523

Hours: Mon-Fri, 9AM-2PM

Community educational/vocational center to foster a love for learning in an innovative, cooperative climate to empower all students to be productive, caring & responsible citizens. Learners are valued for their individuality. Hosts community events and food distribution events. Call for dates/times.

Pasco Hernando State College-East Campus (855) 669-7472

36727 Blanton Road, Dade City, FL, 33523

<https://phsc.edu>

Programs Available at North Campus include Technical Certificates, Associate in Science Degrees, Associate in Arts Degree, Baccalaureate Degree.

Smartstart East Pasco Entrepreneur Center (352) 437-4861

15029 14th Street, Dade City, FL 33525

<https://smartstartpasco.com/about>

Hours: Mon-Fri, 8AM-5PM

Innovative suite of programs that provides the tools growing businesses need for long-term success, business mentoring, coaching and affordable office/co-working space, business information or training, Microloan Program, business events and trainings.

UF/IFAS Extension Office - Pasco County (352) 518-0156

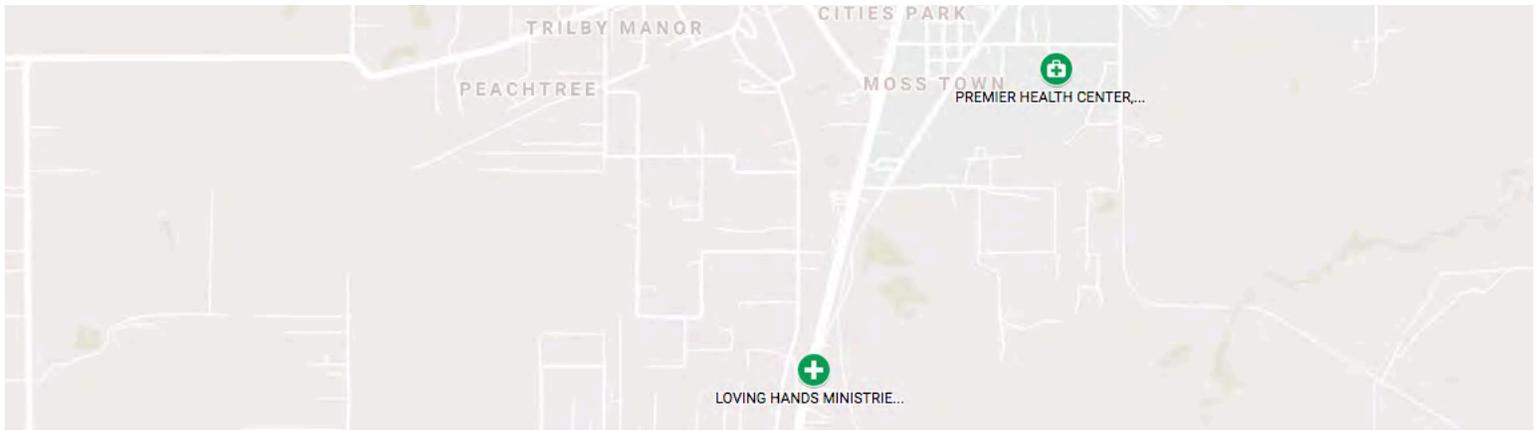
(352) 518-0156

36702 State Rd 52, Dade City, FL 33525,

Hours: Mon-Fri, 8AM-5PM

Providing educational materials and programs for adults and youth, 4H and Youth Development, Community Gardens, Commercial Horticulture/Sustainable Agriculture, Family and Consumer Sciences, Florida Friendly Landscaping™, Family Nutrition Program, Livestock/Pasture Management and Agriculture, Gardening 365, Sustainable Agriculture and Food Systems, Urban Horticulture.

Dade City | Medical * Dental * Mental & Behavioral Health



Advent Health 13100 Fort King Rd, Dade City, FL 33525

Baycare Behavioral Health - Doris Cook Smith Counseling Center 14527 7th St, Dade City, FL 33523

Children's Dental Clinic At Cox Elementary/Premier Community Healthcare 37615 Martin Luther King Blvd, Dade City, Florida, 33523,

FL Dept of Health Pasco County 13941 15th Street, Dade City, FL 33525

Premier Community Healthcare, Medical/Dental/Behavioral Health 37912 Church Ave, Dade City, FL 33525

Premier Health Center 38724 Mudcat Grant Blvd, Dade City, FL 33523

Loving Hands Ministries P.O. Box 2455, Dade City, FL 33526

Advent Health

(352) 521-1100

13100 Fort King Rd, Dade City, FL 33525

<https://www.adventhealth.com/hospital/adventhealth-dade-city>

Financial assistance may be available to patients receiving non-elective (emergent) hospital services who are not covered by any form of insurance or government program. Verification of income and financial information is required.

Services: Bariatric (Weight Loss), Children's Emergency Care, Diabetes Care, Digestive Care, Emergency and Urgent Care, Heart and Vascular Care, Home Care, Imaging Services, Lab Services, Men's Health Care, Orthopedic Care, Pain Care, Pulmonary Care, Senior Care, Sleep Care, Sports Medicine and Rehab Care, Surgical Care, Transitional Care, Urology Care, Wellness Care, Women's Health Care, Wound Care.

Baycare Behavioral Health - Doris Cook Smith Counseling Center

(352) 521-1474

14527 7th St, Dade City, FL 33523

<https://baycare.org/locations/b/baycare-behavioral-health-doris-cook-smith-counseling-center>

Hours: Mon-Thur 8:00AM-6:00PM, Fri 8:00AM-5:00PM

CHAT (Community Health Activation Team), Individual counseling, Family counseling, Psychiatric outpatient services, Group counseling, Parenting, In-home and school based services, Case management, Specialized services, Wellness and prevention services.

Children's Dental Clinic At Cox Elementary/Premier Community Healthcare

(352) 518-2000, (727) 645-4185

37615 Martin Luther King Blvd, Dade City, Florida, 33523,

Hours: Mon-Fri, 7:00AM-4PM

School Based Dental Clinic, Dental services for children *Must be a student of Pasco County Schools, Dental screening, cleaning, fluoride and sealants.

FL Dept of Health Pasco County

(352) 521-1450

13941 15th Street, Dade City, FL 33525

Pasco.Web@FLHealth.gov

Business Hours: Mon-Fri 8AM-5PM, Clinical Hours: Mon-Thurs 8AM-5PM, Women, Infants, and Children (WIC) Hours: Mon-Thurs 7:30AM-5:00PM Fri 8AM-12PM, Environmental Health Mon-Fri 8AM-4PM, Vital Statistics Hours: Mon-Fri 8:00AM-4:30PM, Epidemiology Mon-Fri 7:30AM-5:00PM,

Accepts: Uninsured, Underinsured, Insurance, Medicare, Medicaid, All income levels accepted, Sliding scale of fees based on income.

Women's Health, Health Education/Nutrition, Sexually Transmitted Diseases (STD) Testing, HIV/AIDS Testing, WIC, Sexually Transmitted Diseases (STD) Treatment, Immunizations, Family Planning, Medical, Telemedicine.

Premier Community Healthcare, Medical/Dental/Behavioral Health

(352) 518-2000

37912 Church Ave, Dade City, FL 33525

premierhc.org

Family Medicine; Pediatrics; Women's Health; Dental; Behavioral Health; Special Programs, Community Services, On-site and outreach support services. Accept Medicaid, Medicare, Healthy Kids/Florida KidCare and most private insurances. A Sliding Fee Discount Program is available for self-pay patients. Proof of income must be presented to qualify. Florida KidCare, ACCESS Florida and Health Insurance Marketplace enrollment assistance available. Support services for Migrant and Seasonal Farmworkers, homeless, minority and indigent residents. Health education sessions and training with patients to ensure continuity of care. Home visits. Education on insurance affordability programs. Assistance with ACCESS, CHIP and Health Insurance Marketplace applications. Community resources and health promotions.

Premier Health Center

(352) 518-2000

38724 Mudcat Grant Blvd, Dade City, FL 33523

<http://premierhc.org/>

Hours: Wed, 7:00AM-4:00PM,

Sliding Fee Discount Program is available for self-pay patients, Proof of income must be presented to qualify, Florida KidCare, ACCESS Florida and Health Insurance Marketplace enrollment assistance available. Family Medicine; Pediatrics; Women's Health; Dental; Behavioral Health; Special Programs.

Loving Hands Ministries

(352)523-1399

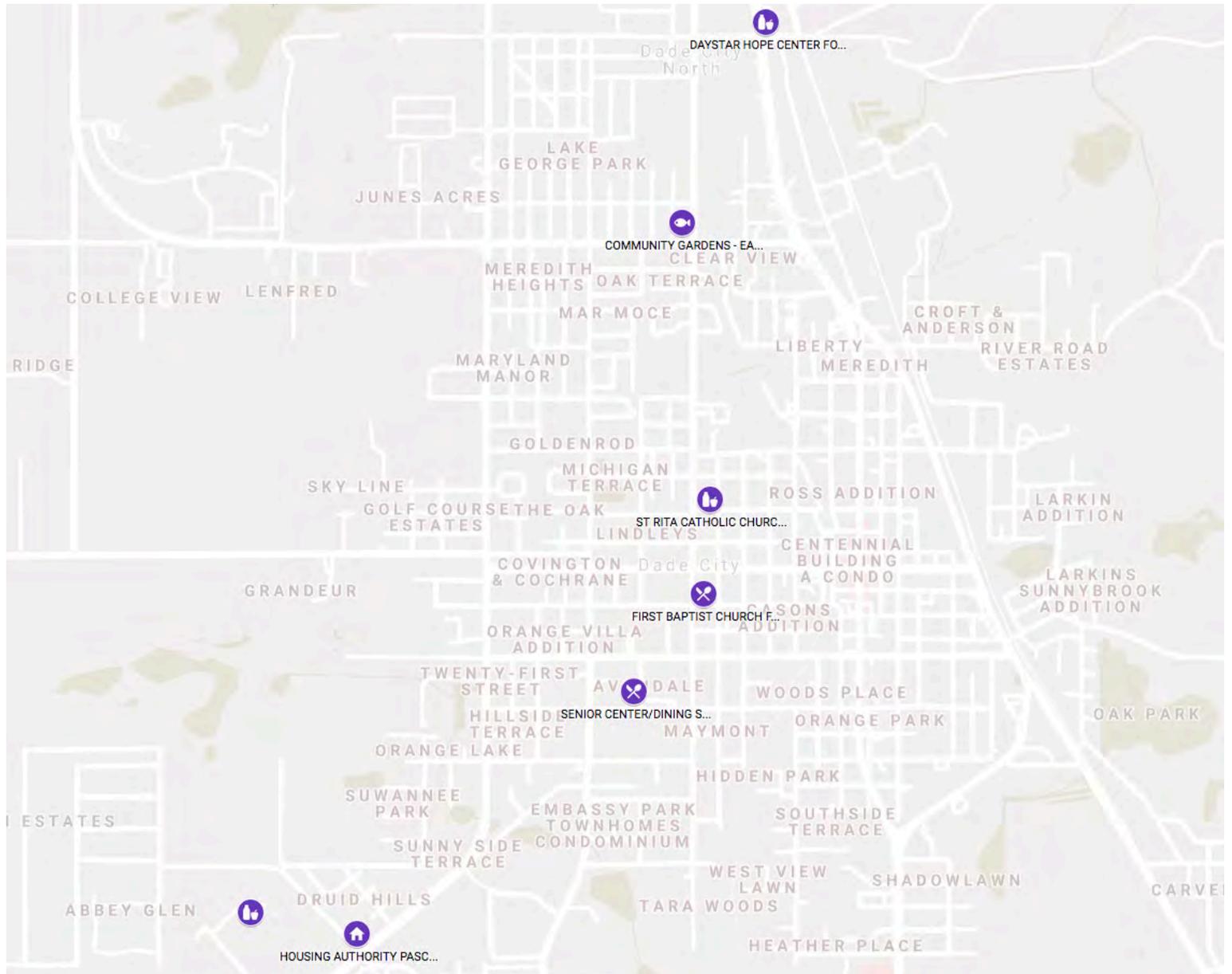
P.O. Box 2455, Dade City, FL 33526

<https://www.lovinghands.net/>, Info@LovingHands.net

Two-Year Christ-centered Residential Discipleship program for men with life-controlling problems, specifically alcohol & drug addictions. No fee for qualified individuals.

A Trans-denominational, not for profit 501(c)(3) organization which works in harmony with Pastors, Churches and other Rehabilitation Ministries. (Teen Challenge, Mission Teens, Youth Challenge and other ministries.) Considered by the courts and legal community as an excellent alternative to a jail or prison sentence. After an application and thorough interview process, some residents are voluntary court ordered to complete the residential program.

Dade City | Housing * Utilities * Nutrition * Clothing



Community Gardens - East	15029 14th St, Dade City, FL 33523
Daystar Hope Center Food Pantry & Clothing Vouchers	15512 US-301, Dade City, FL 33523
First Baptist Church Food Bank	37511 Church Avenue, Dade City, FL 33525
Glorious Church Of God In Christ - The Glorious Experience	20714 Center Rd, Dade City, FL 33523*
Housing Authority Pasco County	36739 SR 52, Suite 108, Dade City, FL 33525
John S Burks Memorial Park Food Pantry	13220 Gene Nelson Blvd, Dade City, FL 33525
Lacoochee Elementary School	38815 Cummer Rd, Dade City, FL 33523*
Ridge Manor Comm Center	34240 Cortez Blvd, Ridge Manor, FL 33523*
Ridge Manor Comm United Methodist Church Food Pantry	34350 Cortez Blvd, Ridge Manor, FL 33523*
Senior Center/Dining Services	13853 15th St, Dade City, FL 33525
St Rita Catholic Church Food Pantry St Vincent De Paul Ministry	14404 14th St, Dade City, FL 33523

**Locations further north and not indicated on map*

Dade City | Housing * Utilities * Nutrition * Clothing

Community Gardens - East

(352) 521-1255

kchristmas@pascocountyfl.net

<https://pascocountyfl.net/4304/Pasco-County-Gardens---East>

Garden-based leadership training programs to engage emerging garden leaders. Grow your own vegetables! Plots are available for lease, free of charge! Farmden Community Garden
Watson Park Community Garden, San Antonio Community Garden, Lacochee Boys and Girls Club Garden, Hilltop Landings Garden.

Daystar Hope Center Food Pantry & Clothing Vouchers

(352) 523-0844

15512 US-301, Dade City, FL 33523

<https://www.facebook.com/DaystarHopeCenter/about/>

Hours: Mon, Tues, Thurs, Fri: 9:00AM-12:15PM

Food pantry and clothing vouchers/personal goods and services. Open to all who meet income guidelines. Call for intake procedure.

First Baptist Church Food Bank (352) 567-3265 or (813) 468-5935

37511 Church Avenue, Dade City, FL 33525

www.fbcdadecity.org

Food Distribution hours: Tue & Thurs 1:00PM-3:00PM.

Free BUT MUST sign up to receive food.

Glorious Church Of God In Christ - The Glorious Experience

(352) 583-3310

20714 Center Rd, Dade City, FL 33523

Hours: Saturdays, registration begins 8:00am, arrive early to sign in - first come first served.

Housing Authority Pasco County

(352) 567-0848

36739 SR 52, Suite 108, Dade City, FL 33525

info@pascocountyhousing.org

<https://pascocountyhousing.org/>

Hours: Mon-Fri, 8:00AM-4:00PM

Housing assistance for low-income families. Low Rent Housing Programs - Public Housing, Section 8 New Construction, and USDA Rural Development units that are owned and rented by the Housing Authority. Applications for these communities are always accepted. The Section 8 Housing Choice Voucher Program utilizes privately owned properties that are leased to tenants with the Housing Authority paying a portion of the monthly rent to owner with the balance being paid by the tenant. This program operates throughout Pasco County. Applications for this program are only accepted during advertised times.

John S Burks Memorial Park Food Pantry

(352) 437-3466

13220 Gene Nelson Blvd, Dade City, FL 33525

<https://www.dadecitychamber.org/events/calendar>

Hours: Thurs 1:30PM-4:00PM

PASCO *MEGA PANTRY* Feeding Tampa Bay Pantry, operate rain or shine, as long as it is safe to distribute, No ID, paperwork or pre-screening required, all welcome.

Lacochee Elementary School

(352) 524-5600

38815 Cummer Rd, Dade City, FL 33523

les.pasco.k12.fl.us

Veggie Van/food pantry. Confirm dates/times Elizabeth.Roman@tampaymca.org. Must register prior to first visit. <https://www.tampaymca.org/programs/health-fitness/veggie-van>

Ridge Manor Comm Center

(352) 583-9989

34240 Cortez Blvd, Ridge Manor, FL 33523

communitycenterofridgemanor.org

Feeding Tampa Bay Food Pantry every other Wed, 9am - 12pm, call for dates.

Ridge Manor Comm United Methodist Church Food Pantry

(352) 583-3770

34350 Cortez Blvd

Ridge Manor, FL 33523

<https://rmcumc.net/>

Hours: First and third Monday 4:00PM-5:30PM

Senior Center/Dining Services

(352) 521-5151

13853 15th St, Dade City, FL 33525

cjohnson@pascocountyfl.net

<https://www.pascocountyfl.net/366/Senior-Services>

Hours: Mon-Fri, 10:00AM-3:00PM, advance registration required.

Prepared lunch and activities provided for seniors at congregate service center locations. Home delivered meals also available through Older Americans Act (OAA)/Area Agency on Aging of Pasco-Pinellas, Inc or Meals on Wheels (usually a waiting list - call 727.834.3340 to be put on the list.) Pet food may be available to be delivered with meals (please call 727.834.3340 to request pet food).

St Rita Catholic Church Food Pantry St Vincent De Paul Ministry

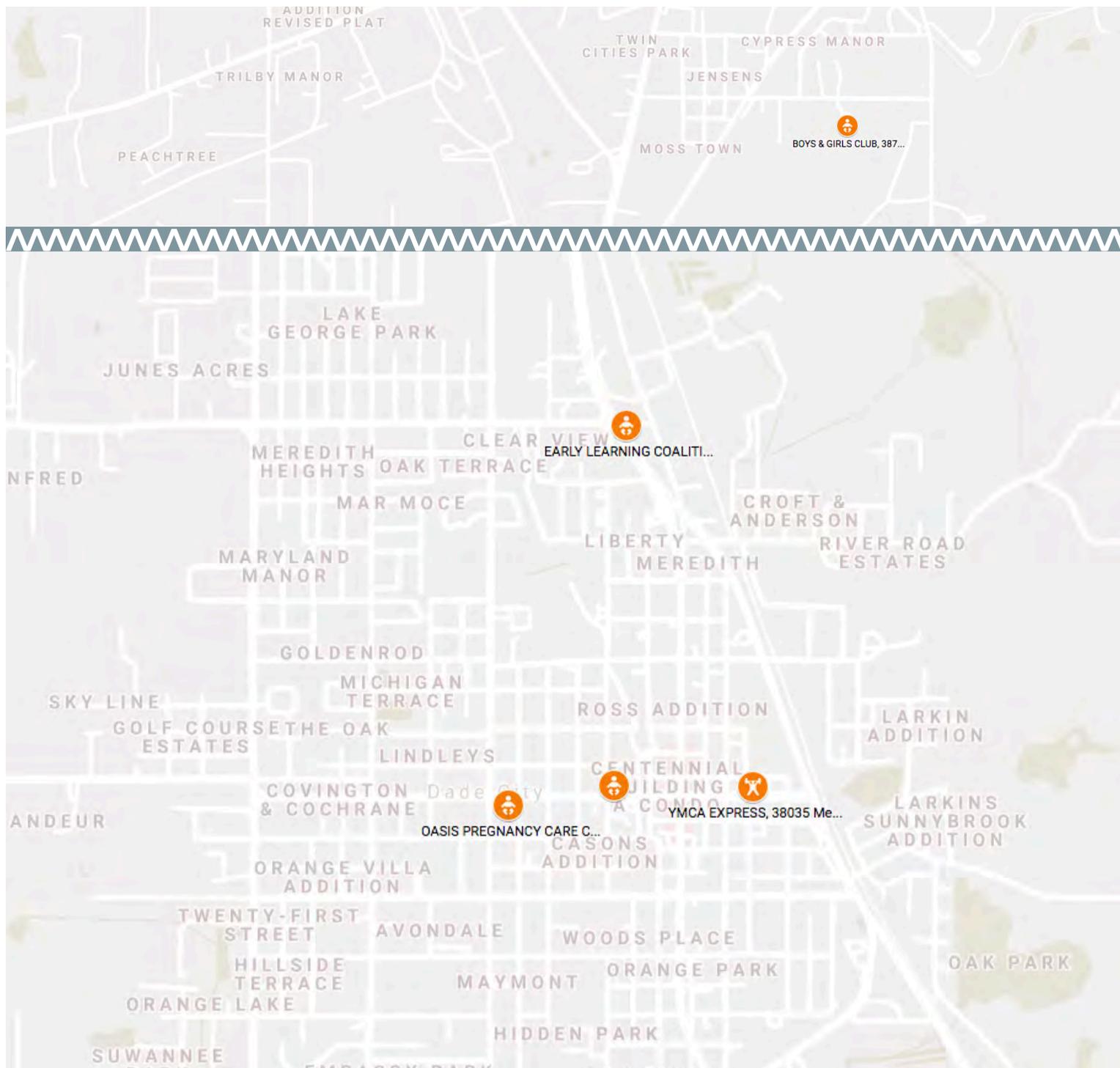
(352) 567-2894

14404 14th St, Dade City, FL 33523

www.stritaparish.org

Food pantry and emergency financial assistance for Dade City residents. Call for hours/appointments. (For financial assistance please call the SVDP hotline (813) 713-8323, Photo ID and proof of residency required.) Prison re-entry services provided.

Dade City | Youth Services * Childcare * Parenting * Prenatal



- Oasis Pregnancy Care Ctr** 37522 Meridian Ave, Dade City, FL 33525
- Foundations of Life Pregnancy Ctr** 37733 Meridian Ave, Dade City, FL 33523
- Early Learning Coalition** 15000 US-301, Dade City, FL 33523
- Boys & Girls Club** 38724 Mudcat Grant Boulevard, Dade City, FL 33523
- YMCA Express** 38035 Meridian Ave, Dade City, FL 33525

Oasis Pregnancy Care Center

(352) 534-5003

37522 Meridian Ave, Dade City, FL 33525

<https://oasispregnancycenter.org/contact/pregnancy-center-dade-city-fl/>

Hours: Tues, Thurs, Fri 9:00AM-2:00PM

Faith-based pregnancy support including free pregnancy tests, ultrasounds, Individual and Group education regarding healthy pregnancy, labor and delivery, newborn development, care, and safety, and infant CPR. Participate in classes earn points through "Learning & Earning" program and use points to purchase everything needed for baby from bibs to cribs at the infant pantry.

Foundations of Life Pregnancy Center

(352) 521-1218

37733 Meridian Ave, Dade City, FL 33523

Email: folpasco@ccdosp.org, <https://foundationsoflife.org/>

Hours: Mon-Fri 8:00AM-5:00PM

Faith-based pregnancy support including free pregnancy tests, ultrasounds, education regarding healthy pregnancy, labor and delivery, newborn development, care, and safety. Medical Referrals and Community Resources, Maternity and Infant Supplies – up to 24 months.

Early Learning Coalition

(352) 521-9855

15000 US-301, Dade City, FL 33523

www.phelc.org

School Readiness, parent education and support and numerous community/family/child events throughout the year, Childcare and Preschool Resources, and Warm Line Developmental Services including observation, consultation, referral and follow up services. (From the Coalition staff. To reach the Warm Line, please email warmline@phelc.org or call 727-233-8291 ext. 810.)

Boys & Girls Club

(352) 583-0643

38724 Mudcat Grant Boulevard, Dade City, FL 33523

www.bgctampa.org

Hours: Mon-Fri 10:00AM-6:00PM

Childrens clubs, activities and education to support development in Character & Leadership, Health & Wellness, and Academic Success.

YMCA Express

(352) 521-0484

38035 Meridian Ave, Dade City, FL 33525

www.tampaymca.org

Hours: Mon-Fri 6:00AM-7:30PM, Sat, 8:00AM-1:00PM, Kids Zone Hours: Mon-Fri 4:30PM-7:30PM, Sat 9:00AM-12:00PM

Community-based recreational programs & services for all ages. Members have access to all 13 Tampa Y locations. Free childcare during on-site visits with membership. Financial Assistance Program, YMCA Open Doors, sliding fee scale.

Local Emergency Services

Department of Emergency Services **24-Hour Hotline: 911**
<https://www.pascocountyfl.net/2113/Department-of-Emergency-Services-911>
Text 911 or call 911 to reach your local department of emergency services.

Sunrise of Pasco County, Inc.
24-Hour Hotline/Shelter **352-521-3120**

<https://www.sunrisepasco.org>
This temporary home serves survivors of intimate partner violence, survivors of sexual assault and human trafficking survivors. Sunrise provides this confidential shelter for survivors of domestic and sexual violence who do not feel safe in their own home. The shelter has qualified counselors for you and your children, a case manager, and is staffed with shelter managers who are there to help. The shelter has a capacity for 40 women and children. Men who are survivors can seek services through Sunrise, and should call the hotline for more information.

Florida Department of Children and Families
24-Hour Hotline **1-800-962-2873**

<https://www.myflfamilies.com/service-programs/abuse-hotline/>
If you suspect or know of a child or vulnerable adult in immediate danger, call 911. The Florida Abuse Hotline accepts reports 24 hours a day and 7 days a week of known or suspected child abuse, neglect, or abandonment and reports of known or suspected abuse, neglect, or exploitation of a vulnerable adult.

National Emergency Services

National Domestic Violence Hotline **1-800-799-SAFE (7233)**
24-Hour Hotline: Text "START" to 88788
<https://www.thehotline.org>
<https://espanol.thehotline.org> (*En Espanol*)

Everyone deserves relationships free from domestic violence. When you're ready, we're here to listen with confidential support 24/7/365.

SAMHSA's National Helpline **1-800-662-HELP (4357)**

<https://www.samhsa.gov/find-help/national-helpline>
<https://www.samhsa.gov/linea-nacional-ayuda> (*En Espanol*)
SAMHSA's National Helpline is a free, confidential, 24/7, 365-day-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders.

National Suicide Prevention Lifeline
24-Hour Hotline **En Espanol: 1-888-928-9495**
 1-800-SUICIDE (1-800-784-2433)
 1-800-273-TALK (1-800-273-8255)

<https://suicidepreventionlifeline.org>
<https://suicidepreventionlifeline.org/help-yourself/en-espanol/> (*En Espanol*)
If you are not in immediate danger because of thoughts of suicide, but need someone to talk with about your suicidal feelings, please call one of the following national suicide prevention lines. The National Suicide Prevention Lifeline is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week. We're committed to improving crisis services and advancing suicide prevention by empowering individuals, advancing professional best practices, and building awareness.