

Clinical Rehabilitation & Mental Health Counseling



Field Experience Basic Requirements

Clinical Rehabilitation and mental health counseling students are required to obtain a total of 900 hours of field experience. The 900 hours are broken down into 3 classes: Practicum 1, Practicum 2, and Internship.

Practicum 1 and 2 *(requirements are the same for both)*

- 1. Students are required to obtain 150 agency hours** over the span of the semester *(for summer that averages about 15 hours per week at an agency and for spring and fall semesters, it averages about 10 hours per week at an agency)*. In addition, students attend a practicum class on campus.
- 2. Of the 150 hours for Practicum 1 and 2, 40 of the hours must be face-to-face client contact** *(individual sessions, group counseling, family, or couples)*. Students are not allowed to market or recruit their own clients. An agency would need to have enough clientele to support the required hours.
- 3. Students need to have the ability to audio record** *(with client consent)* 4 individual client sessions over the span of the semester.
- 4. Students need weekly clinical supervision** at their site that averages one hour per week. The supervision can be individual and/or triadic (up to 3 people), although individual is preferred. All field supervisors are required to have one of the following credentials: LMHC, LCSW, LMFT, CRC, or Licensed Psychologist. Supervisors or another licensed person must be on-site while students complete their hours each week. Supervisors will be asked to complete a mid-term and final evaluation regarding the student's performance.

Internship

- 1. Students are required to obtain 600 agency hours** over the span of the semester. This breaks down to 40 per week. Of the 600 hours, 240 must be face-to-face client contact.
- 2. Audio recordings of client sessions are not required.**
- 3. Students need weekly clinical supervision** at their site that averages one hour per week. The supervision can be individual and/or triadic (up to 3 people), although individual is preferred. All field supervisors are required to have one of the following credentials: LMHC, LCSW, LMFT, CRC, or Licensed Psychologist. Supervisors or another licensed person must be on-site while students complete their hours each week. Supervisors will be asked to complete a mid-term and final evaluation regarding the student's performance.

Field Placement

These invaluable opportunities put theory into action. Field placements are practica and internship classes that give students a chance to experience firsthand what they have been reading about in textbooks and discussing in class. No amount of reading, role playing, or talking “about” counseling can substitute for working with people in the “real world.”

Students' field placement experiences are critical components of USF's graduate training. It is the students' responsibility to understand the expectations of the practica and internship courses and how to secure an appropriate placement site in a timely manner.

CRMHC Program at USF

Watch what students & faculty say about the CRMHC program at USF. Find the link at www.usf.edu/rmhc



More Information

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[Field Placement Handbook](#)

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Child & Family Studies
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