MFT MARRIAGE & FAMILY THERAPY

MFT Field Placement Program



Program Requirements

Clinical Hour Requirements:

- 400 face-to-face hours
 - » 200 must be relational in nature (couples, families, co-parents, etc.)
 - » 150 hours may be group therapy

Supervision Hour Requirements:

- 1 hour weekly individual onsite supervision
- 100 hours of supervision from faculty supervisor

Taping Requirement:

 Students must have ability to record sessions with client consent for practicum course



What Makes Us Unique

- Our program is the only MFT program in the Tampa Bay Area
- Intentionally small program fostering intense and comprehensive training
- 14 consecutive months of field experience allows:
 - » Efficient agency onboarding
 - » Superior supervisory relationships
 - » Enhanced student commitment and integration with agency structure
 - » Increased continuity of care and stability for clients and families



Agency Commitment

- Provide student with ample opportunity for face-to-face client contact with individuals, couples & families
- Allow student to audio/video record sessions (with client consent)
- 1 hour of individual (1-2 persons) supervision/week
- Supervisor must be licensed as a mental health professional (LMFT, LMHC, LCSW, or Licensed Psychologist)
- 4 semester commitment with opportunity to reassess based on agency needs
- Complete mid-term and final student evaluations

MFT Faculty:



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MFT Student Handbook – August 2023

Appendix A3: MFT Field Placement Roadmap

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MFT Field Placement Roadmap



PRACTICUM I

Refine basic therapy skills and gain knowledge of field placement site

- Direct Client Contact Hours: 50 total / 25 relational
- Anticipated onsite hours: 12-15 hrs/wk

PRACTICUM II

Develop personal theory of change and integrate systemic theories into clinical work

- Direct Client Contact Hours: 110 total / 55 relational
- Anticipated onsite hours: 12-15 hrs/wk

PRACTICUM III

Enhance application and consistent use of theory in treatment planning and intervention

- Direct Client Contact Hours: 150 total / 75 relational
- Anticipated onsite hours: 15-20 hrs/wk

PRACTICUM IV

Mastery of advanced clinical skill and effective use of theory culminating in Capstone Project

- Direct Client Contact Hours: 90 total / 45 relational
- Anticipated onsite hours: 15-20 hrs/wk

RESULT

Therapists:

- Are well-trained and highly experienced in treating couple, individuals, and families
- Have a thorough understanding of their partnering site and its integration within the community
- Are ready to move forward in becoming registered MFT interns and pursue I MFT licensure

Note: Direct client contact hours listed are semester targets and definite schedules and actual onsite hours are negotiated between the agency and student based on needs. Students need 400 total hours/200 relational by the end of Practicum IV.

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