Florida's Vision for Livable Communities: How USF can help

Richard Prudom, Secretary

Mission

To promote the well-being, safety, and independence of Florida's seniors, their families, and caregivers.

Vision

For all Floridians to live well and age well.

Major Focus

Provide home and community-based services to seniors who are at risk of being placed into a long-term care facility because of their degree of frailty.

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ORGANIZATION OF THE AGING NETWORK

DOEA — DOEA manages and oversees more than $300M in state and federal funding; advocates, plans, coordinates, and funds the Aging Network.

AAAs — Area Agencies on Aging (AAAs) function as a single, coordinated system for information and access to long-term care services.

CCE LEAD AGENCIES — Community Care for the Elderly (CCE) Lead Agencies provide and coordinate services.

DIRECT SERVICE PROVIDERS — Direct Service Providers contracted with the CCE Lead Agencies to serve elders directly.

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- Florida has the second highest incidence rate of Alzheimer's Disease in the nation – only behind California.

- There are approximately 560,000 individuals currently living with Alzheimer's Disease in Florida.

- By 2025, it is estimated to increase to 720,000 individuals.

- There are approximately 1.1 million unpaid caregivers in Florida that care for loved ones with Alzheimer's disease or a related dementia.

- Alzheimer's disease is the 6th leading cause of death across all ages in the United States.

- **$43 million** funded for:
  - Meals
  - Personal care
  - 16 Memory Disorder Clinics
  - Adult Day Care Centers
  - Brain Bank

BUT

"...support, care and understanding in the community is often falling short of the needs and aspirations of many people living with dementia."

DEMENTIA
CARE & CURE INITIATIVE
FLORIDA DEPARTMENT OF ELDER AFFAIRS
Developing Dementia Caring Communities Across Florida

Goals

- Increase *awareness* of dementia
- Provide *assistance* to dementia-caring communities
- Continue *advocacy* for care and cure programs

Dementia Care and Cure Initiative

A statewide effort to become more dementia aware, more dementia caring – taking action to support those diagnosed with dementia, their families, and their caregivers.

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Participating DCCI Communities

What is a Dementia-Caring Community?

Your Dementia-Caring Community

- Education and awareness of what dementia is and on inclusive and respectful Dementia-Caring practices.
- Input from and advocacy roles for individuals living with dementia.
- Appropriate community engagement activities for those living with dementia and their caregivers.
- Examining current resources and advocating for their continued funding while spreading awareness of services to those in need.
- Explanation of and encouragement to participate in research.

Dementia Friendly Symbol

Designed by Art for the Disabled

- To be displayed in businesses who have completed training

- To be used as badge of identity for those who have completed training

- To show advocacy and completion of training for establishments in the community

Federal BOLD Infrastructure for Alzheimer's Act

- Creates new public health framework for more support for people living with the disease and caregivers.

- Authorizes $20 million annually over 5 years that would establish Alzheimer's Public Health Centers of Excellence.

- Authorizes public health cooperative agreements between CDC and state DOH to promote brain health.
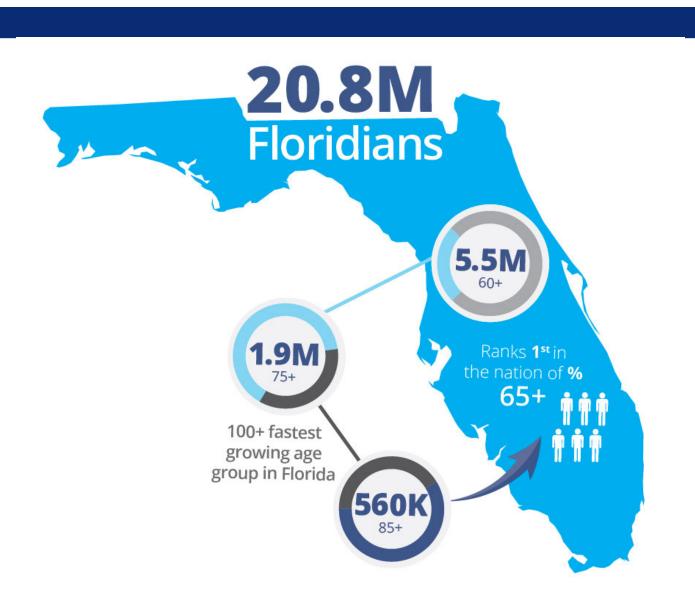
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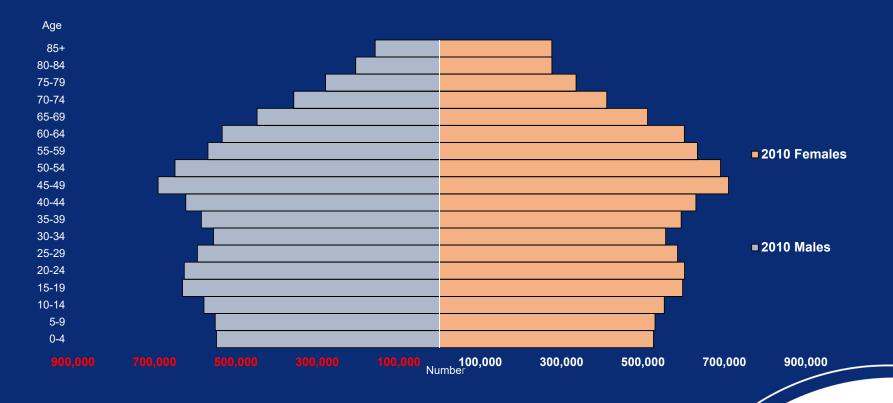STATE OF FLORIDA

Governor Ron DeSantis Key Initiatives

1. Directed the Department of Health to add Alzheimer's and related dementias as a priority within the State Health Improvement Plan

2. Directed the Department of Health to apply to be a Center of Excellence pursuant to the Federal BOLD Act, in order to position Florida to pursue and receive federal grants for evidence-based approaches to treatment and prevention of Alzheimer's, dementia and cognitive decline.

3. Challenged institutions that house Florida Memory Disorder Clinics to provide matching funding to the clinics to allow for an increase in the number of individuals they serve with evaluation and diagnostic testing for dementia.
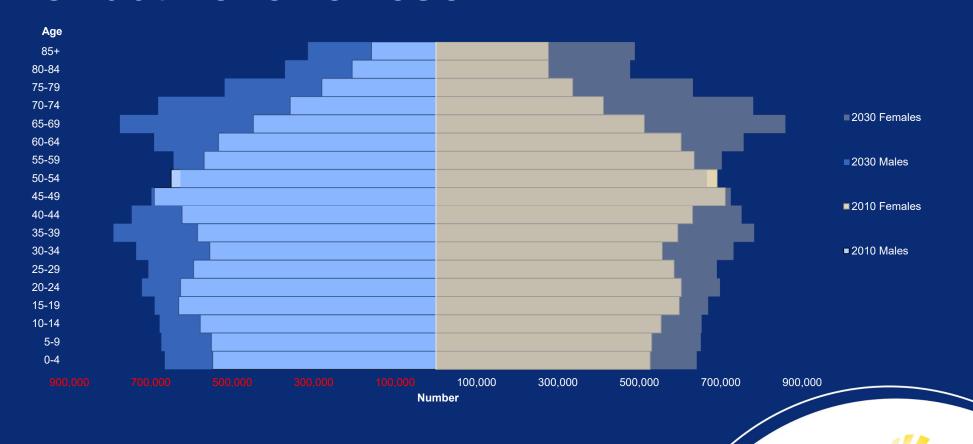

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20.8M
Floridians

5.5M
60+

1.9M
75+

100+ fastest
growing age
group in Florida

560K
85+

Ranks **1st** in
the nation of **%**
65+

Florida: 2010 vs 2030

Assumption: Older adults are an inevitable drain on healthcare resources

Incorrect!

- **After 65, added years don't greatly impact Medicare costs**

- **Aging has less influence on health expenditures than several other factors**

- **How long we are sick affects spending more than how old we are**

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Assumption: Older adults are a drag on the economy

Incorrect!

- Contribute $2,900 more to the economy than they consume in public services

- Adults over 50 are fueling the fast growing "Longevity economy"

- Volunteered 205 million hours last year. $3 billion potential cost savings

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Old age ain't no place for sissies.
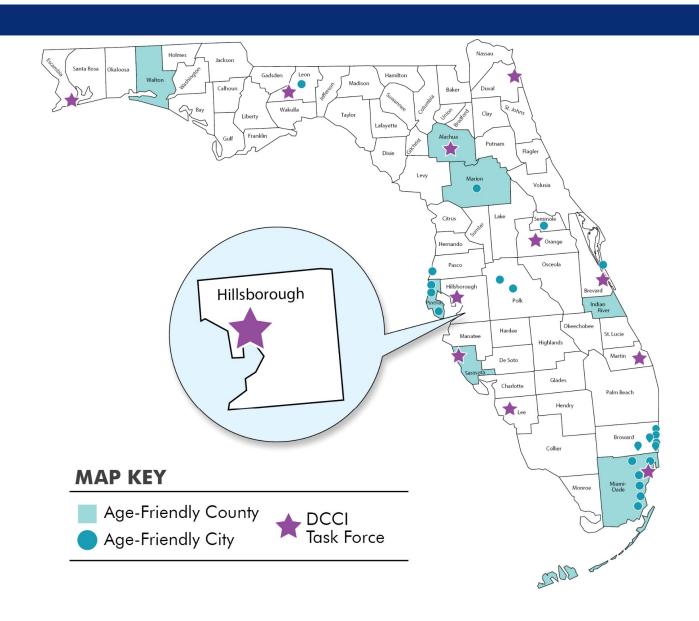
(Bette Davis)

izquotes.com

AGE-FRIENDLY/LIVABLE COMMUNITIES

The Age-Friendly Initiative encourages states, cities, towns and counties to prepare for the rapid aging of the U.S. population by paying increased attention to the environmental, economic and social factors that influence the health and well-being of older adults.

Age-Friendly or livable communities have walkable streets, housing and transportation options, access to key services and opportunities for residents to participate in community activities.

8 DOMAINS OF A LIVABLE COMMUNITY

AARP® Real Possibilities
Florida

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Community Support & Health System
Access to affordable, person-centered health care and social services to promote active and independent living

Housing
Appropriate and affordable housing that promotes and supports aging in place

Transportation
Safe and reliable transportation options to increase mobility and community participation

Communication & Information
Increased access to information through various methods including print, tv, and digital

Respect & Social Inclusion
Actively promotes, engages, and celebrates the valuable contributions of all adults in the community

Civic Participation & Employment
Opportunities to contribute in the workplace and volunteer to make a difference in the community

Outdoor Spaces & Buildings
Accessible, inviting, and safe outdoor spaces and buildings that encourage active participation and recreation

Social Participation
Easy access to social and cultural activities for increased quality of life

HOSPITAL

NEWS STATION
WXO-TV

VOTE

MAP KEY

- Age-Friendly County
- Age-Friendly City
- DCCI Task Force

Hillsborough

The 10 Age-Friendly University Principles

1. To encourage the participation of older adults in all the core activities of the university.
2. To promote personal and career development in the second half of life.
3. To recognize the range of educational needs of older adults.
4. To promote intergenerational learning.
5. To widen access to online educational opportunities for older adults.
6. To ensure that the university's research agenda is informed by the needs of an aging society.
7. To increase the understanding of students of the longevity dividend and the increasing complexity and richness that aging brings to our society.
8. To enhance access for older adults to the university's range of health and wellness programs and its arts and cultural activities.
9. To engage actively with the university's own retired community.
10. To ensure regular dialogue with organizations representing the interests of the aging population

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About Us

WE BELIEVE

Whether you're 8 or 80 years old, cities should work for everyone.

OUR VISION

We exist to create safe and happy cities that prioritize people's well-being. We believe that if everything we do in our public spaces is great for an 8 year old and an 80 year old, then it will be great for all people.
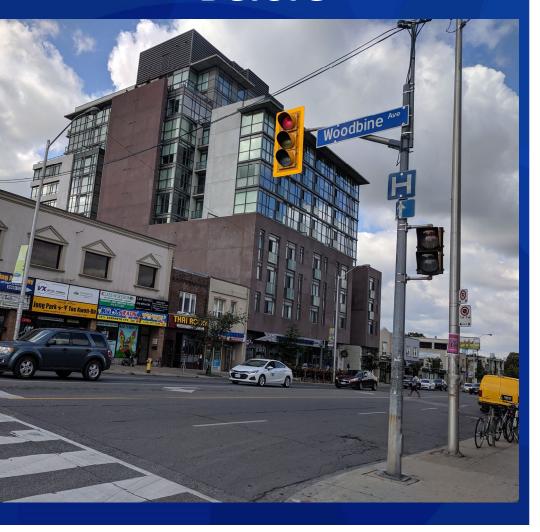
OUR MISSION

8 80 Cities improves the quality of life for people in cities by bringing citizens together to enhance mobility and public space so that together we can create more vibrant, healthy, and equitable communities.
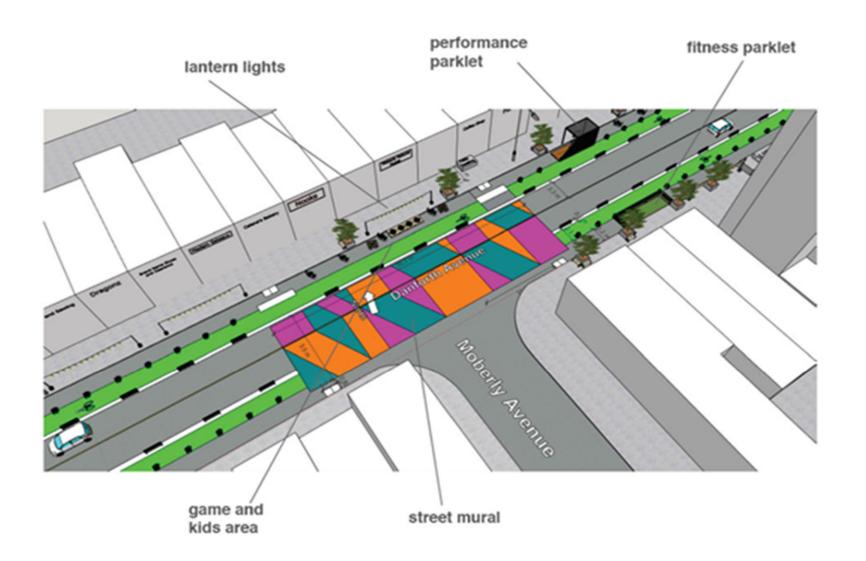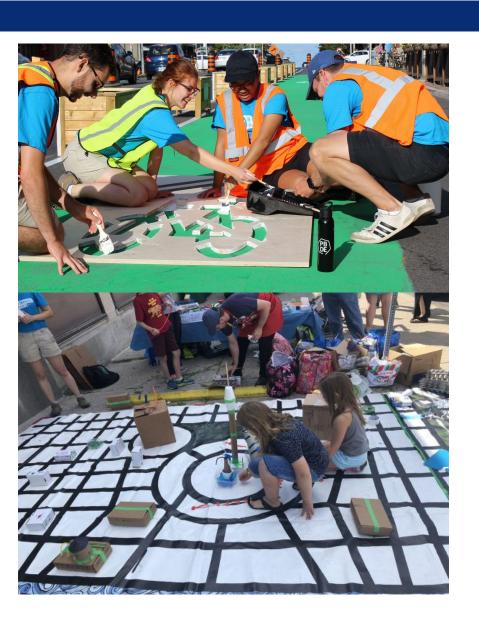
Creating cities for all

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Before

Before- Alt. View

Before

lantern lights

performance parklet

fitness parklet

Danforth Avenue

Moberly Avenue

game and kids area

street mural

City Work Day

AFTER

Think Outside the Box

OUR SERVICES

We don't do boring.
Work with us. Have fun again!

Our team can help your community's streets and public spaces thrive.

SEE OUR SERVICES >

Unconventional Engagement

Everyone has a voice, we provide the megaphone. Our expertise is in creating unconventional engagement strategies that get people informed, involved, and excited about new initiatives in their cities.

Learn more >

Idea Labs

Changing cities starts by harnessing exceptional new ideas and taking action. That's what 8 80 Idea Labs are all about. We will share our knowledge of best practices from cities around the world to generate new and exciting ideas and action plans for your community.

Open Streets Planning

We are international experts in Open Streets design and implementation. 'Open Streets' are community-based programs that temporarily open selected streets to people, by closing them to cars. Streets become places where people of all ages, abilities, and backgrounds can come out and improve their health.
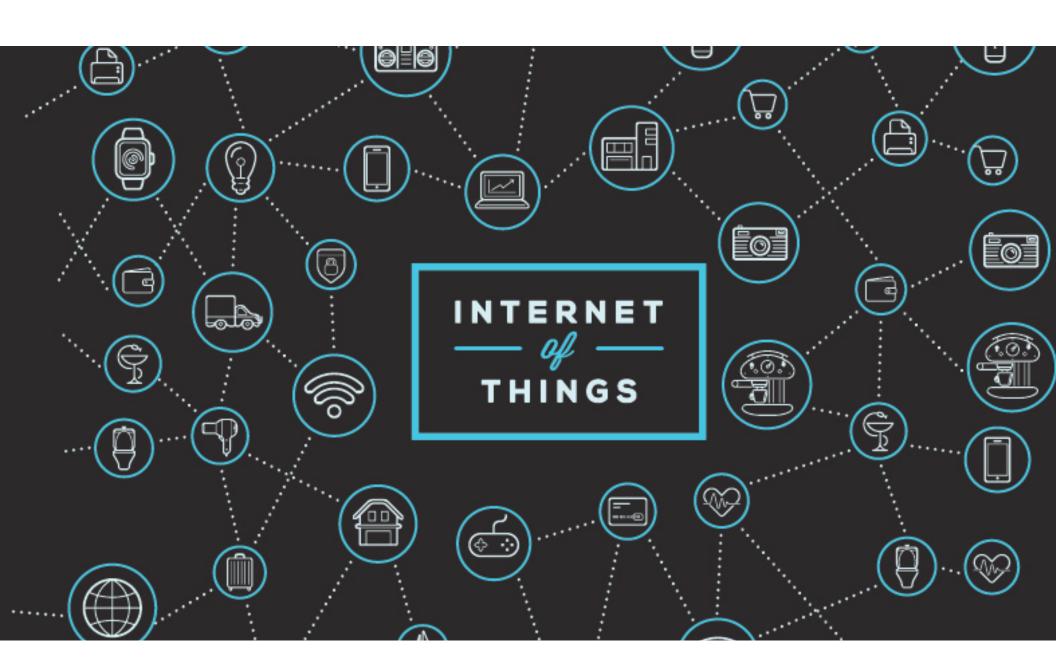
Special Projects

We love to break the mold. That's why we take on Special Projects- these are projects that go beyond our other services. Our Special Projects incubate new strategies and ideas to elevate people-centred urbanism. We develop these projects in collaboration with our partners and clients.

- **Elderly household wealth is >1,000% for those who avoid nursing home stay**

- **Increasing older population**

    + motivation to live at home

    + substantial wealth

    = substantial investment in innovation

INTERNET of THINGS

"Aging in Place" will be enhanced by technology.

This means:

- Staying closer to family

- Engaging with community around them

- Bringing the world marketplace to their homes

- Living independently but not isolated from assistance

- Healthier living without leaving home

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- **Most efforts to innovate have focused on technological solutions that enable the "healthy/wealthy" seniors to live independently longer. The "poor/not so healthy" have been largely neglected.**

- **Solution: Communities must adopt "Empathic design".**

Public health needs to promote health and wellbeing for people as they age, integrating clinical and population health approaches .

- **Over the 20th century, public health played a crucial role in adding years to life.**

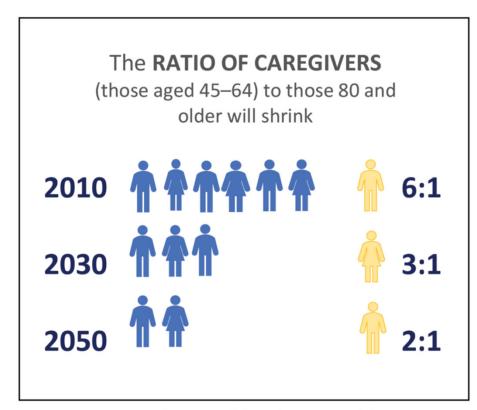- **In the 21st century, public health can play a crucial role in adding life to years .**

The Future

- **Baby Boomers want LTC that is:**
  - **Home based**
  - **Person centered**
  - **Diverse**

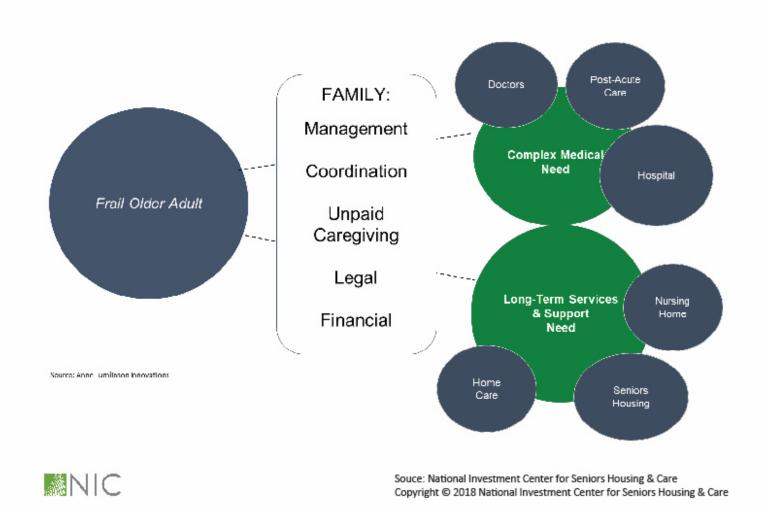- **Decline in the number of caregivers**

The National Caregiver Gap

The increasing population of older people and the transformation of a health care system from a focus on acute-care hospitals to community-based settings results in a rapidly growing demand for direct care workers.

The **RATIO OF CAREGIVERS**
(those aged 45–64) to those 80 and older will shrink

2010		6:1
2030		3:1
2050		2:1

Source: 2013 AARP, The Aging of the Baby Boom and the Growing Care Gap: A Look at Future Declines in the Availability of Family

Families Seeking Relief from Coordination Role

Source: Anne Tumlinson Innovations

FAMILY:
- Management
- Coordination
- Unpaid Caregiving
- Legal
- Financial

Frail Older Adult

Complex Medical Need — Doctors, Post-Acute Care, Hospital

Long-Term Services & Support Need — Nursing Home, Home Care, Seniors Housing

The Future

- **Age in Place** ➡ **Age in the Right Place**
- **Challenge to the status quo and current business models in health care and senior care**
- **Changing role of hospitals**
- **Recognition of the cost advantages of Aging in Place**

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Dignity in Aging Act 2019

- Directs the Interagency Coordinating Committee on Aging to refocus on Age-friendly communities.

- Establishes a National Research, Demonstration, and Evaluation Center for the Aging Network

- Established an advisory council of aging stakeholders that will review and evaluate efforts to address social isolation and loneliness.

- Directs National Resource Center for Women and Retirement to promote financial wellness and help to identify and prevent fraud and elder exploitation.

- Increases funding and scope of grants and demonstration projects.

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"We always overestimate the change that will occur in the next two years ... and underestimate the change that will occur in the next ten."

Bill Gates