

Nasreen A. Sadeq

CURRICULUM VITAE

University of South Florida,
School of Aging Studies
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EDUCATION

2014 – 2019 Ph.D. in Aging Studies
University of South Florida, School of Aging Studies

2009 – 2013 B.A. in Psychology
University of South Florida, Honors College

ACADEMIC POSITIONS

2022 – Present Assistant Professor of Instruction
University of South Florida, School of Aging Studies

2019 – 2021 Visiting Instructor
University of South Florida, School of Aging Studies

ADMINISTRATIVE APPOINTMENTS

2022 – Present Assistant Director of Academic Affairs
University of South Florida, School of Aging Studies

2022 – Present Director of Undergraduate Studies
University of South Florida, School of Aging Studies

2022 – Present Director of Graduate Programs (MA/MS/Graduate Certificates)
University of South Florida, School of Aging Studies

TEACHING AND INSTRUCTIONAL EXPERIENCE

Courses Taught

Title	Semesters (Students per section)
DEP 2004: The Life Cycle ^{1, 2, 3}	Fall 2022 (195), Summer 2022 (55, 90, 111), Spring 2022 (200), Fall 2021 (194) Summer 2021 (80, 176), Spring 2021 (199, 130, 130), Fall

	2020 (195, 150), Summer 2020 (49, 78), Spring 2020 (200), Fall 2019 (195; 202), Summer 2019 (97), Fall 2018 (195), Summer 2018 (97), Spring 2017 (197), Fall 2016 (195), Spring 2016 (200)
GEY 3601: Physical Changes and Aging ¹	Spring 2020 (60)
GEY 3625: Sociological Aspects of Aging ³	Fall 2022 (90), Spring 2022 (90)
GEY 4608: Alzheimer's Disease Management ^{1,2,3}	Spring 2022 (7), Fall 2021 (29), Spring 2021 (33), Fall 2020 (30), Spring 2020 (21)
GEY 4612: Psychology of Aging ^{1,2,3}	Fall 2022 (90), Fall 2021 (90), Fall 2020 (90), Spring 2020 (90), Fall 2019 (91), Summer 2018 (34), Spring 2018 (88), Fall 2017 (95)
GEY 4641: Death and Dying ³	Spring 2022 (135)
GEY 4900: Directed Readings in Aging Studies ²	Spring 2021 (1)
GEY 4917: Directed Research in Aging Studies ²	Fall 2021 (1)
GEY 6607: Alzheimer's Disease Management ^{2,3}	Fall 2021 (13), Spring 2021 (4)
IDS 4914: Advanced Undergraduate Research Experience ¹	Spring 2020 (1)

Course Delivery Methods: ¹Classroom, ²Hybrid, ³Online

Curriculum Development

- Online Course Conversion – Assisted with the development of online courses for DEP 2004: The Life Cycle and GEY 6607: Alzheimer's Disease Management in collaboration with USF Innovative Education Department. Primary developer for GEY 4641: Death and Dying.
- General Education Course Certification – Responsible for preparing application and materials to continue certification of the School of Aging Studies General Education courses: GEY 3625: Sociological Aspects of Aging, GEY 4102: Aging in Modern Literature and Film, GEY 4612: Psychology of Aging, and GEY 4641: Death and Dying.

Guest Lecturing

- GEY 7936: Proseminar in Aging Studies – Annual lecture for Ph.D. students about achieving milestones in the Aging Studies Ph.D. program.

RESEARCH INTERESTS

Computerized testing for cognitive decline; personality traits as predictors of cognition; longitudinal studies; qualitative data analysis; gerontology in higher education

PEER-REVIEWED PUBLICATIONS

- Veal, B., **Sadeq, N. A.**, Atkinson, T. J., & Anzel, R. (2022) Who Volunteers? Results From an Internet-Based Cognitive Monitoring Study of Community-Based Older Adults. *Health Education & Behavior*. <https://doi.org/10.1177/10901981221101355>
- Dobbs, D. J., **Sadeq, N. A.**, Peterson, L. J., Sardina, A., Tan, S. C., Brown-Hughes, T., Anzel, R., & Gamaldo, A. (2020). Middle-aged and older Black adults' experiences completing a traditional

paper-and-pencil cognitive battery and two contemporary computerized cognitive batteries. *Aging, Neuropsychology, and Cognition*. doi:10.1080/13825585.2020.1802403

Sadeq, N. A., & Molinari, V. (2019). International perspectives on residential aged care. In *Oxford Research Encyclopedia of Psychology*. Oxford University Press. doi: <http://dx.doi.org/10.1093/acrefore/9780190236557.013.439>

Sadeq, N. A., Valdés, E. G., Harrison Bush, A. L., & Andel, R. (2018). The role of personality in a regular cognitive monitoring program. *Alzheimer Disease & Associated Disorders*, 32(3), 226-231 doi: 10.1097/WAD.0000000000000236

Sadeq, N. A., & Molinari, V. (2017). Personality and its relationship to depression and cognition in older adults: Implications for practice. *Clinical Gerontologist*, 41(5), 385-398. doi: 10.1080/07317115.2017.1407981

Edwards, J. D., Lister, J. J., Elias, M. N., Tetlow, A. M., Sardina, A. L., **Sadeq, N.A.**, Brandino, A. D., & Harrison Bush, A. L. (2017). Auditory processing of older adults with probable mild cognitive impairment. *Journal of Speech, Language, and Hearing Research*, 60(5), 1427-1435, doi:10.1044/2016_JSLHR-H-16-0066.

Valdés, E. G., **Sadeq, N. A.**, Harrison Bush, A. L., Morgan, D., & Andel, R. (2015). Regular cognitive self-monitoring in community-dwelling older adults using an internet-based tool. *Journal of Clinical and Experimental Neuropsychology*, 38(9), 1026-1037, doi: 10.1080/13803395.2016.1186155.

PAPERS UNDER REVIEW OR IN PREPARATION

Atkinson, T. J., **Sadeq, N. A.**, Veal, B., & Andel, R. (*in preparation for submission to Alzheimer's & Dementia*). Does change in monthly cognitive monitoring of older adults track with 2-year change in global cognition?.

RESEARCH PRESENTATIONS (*Student co-authors)

Sadeq, N.A. (2022). "Dementia-Friendly": What Does it Mean to Undergraduate Students? Accepted for presentation at the *Gerontological Society of America Annual Scientific Meeting*.

*Deason, K., **Sadeq, N.A.**, Stanback, B.M. (2022). Tutorial-Style Education for Undergraduate Aging. Accepted for presentation at the *Gerontological Society of America Annual Scientific Meeting*.

Sadeq, N.A., Atkinson, T.J. (2022). Pandemic-Related Stress and Cognitive Performance on Traditional and Computerized Assessments. Presented at the biannual *Cognitive Aging Conference*. Atlanta, GA.

*Murphy, K., Sullivan, J, **Sadeq, N.A.** (2022). A Comparison of Depression Scales and their Relationship to Cognitive Performance. Presented at the biannual *Cognitive Aging Conference*. Atlanta, GA.

Sadeq, N.A., Stanback, B.M. (2021). Adapting the Environmental Scan for Gerontology Graduate Students' Career Exploration. Presented at the *Gerontological Society of America Annual Scientific Meeting Online*.

Sadeq, N.A. (2020). "Not as Bad as I Thought": Undergraduate Students' Perspectives on Aging. Presented at the *Gerontological Society of America Annual Scientific Meeting Online*.

Sadeq, N.A., Lee, S., Gamaldo, A., Almeida, D. M. (2019). Personality and Self-Reported and Actigraphy-Measured Sleep Health in Adulthood. Paper presented at the *Gerontological Society of America Annual Scientific Meeting*. Austin, TX.

*Veal, B., Basdeo, D., **Sadeq, N. A.,** Andel, R. (2019). Volunteering among Older Adults. Presented at the *University of South Florida's Undergraduate Research Conference*, Tampa, FL.

*Briceno, S., Musch, B., **Sadeq, N. A.,** Andel, R. (2019). Effects of Caffeine on the Mind and Body. Presented at the *University of South Florida's Undergraduate Research Conference*, Tampa, FL.

Sadeq, N.A., Valdes, E. G., Harrison Bush, A. L., Andel, R. (2018). Implementing Monthly Cognitive Monitoring Among Older Adults: Lessons From a One-Year Pilot Study. Presented at the *Gerontological Society of America Annual Scientific Meeting*. Boston, MA.

Dobbs, D. J., Peterson, L. J., Sardina, A., Tan, S. C., Brown-Hughes, T., **Sadeq, N. A.,** Andel, R., Gamaldo, A. (2018). Older Blacks' Experiences With Traditional Paper-and-Pencil Versus Computerized Cognitive Batteries. Presented at the *Gerontological Society of America Annual Scientific Meeting*. Boston, MA.

Sadeq, N.A., Valdes, E. G., Harrison Bush, A. L., Andel, R. (2018). The Role of Personality in a Regular Cognitive Monitoring Program. Presented at the biannual *Cognitive Aging Conference*. Atlanta, GA.

*Basdeo, D., **Sadeq, N.A.,** Chakkoli, S., Ho, Y. L., Medina, V., Mishaw, P., Walker, L., Andel, R. (2017). Systematic Literature Review of the Relationship Between Active Lifestyle and Cognitive Decline. Presented at the *University of South Florida's Undergraduate Research and Arts Colloquium*, Tampa, FL.

*Chakkoli, S., **Sadeq, N.A.,** Basdeo, D., Ho, Y. L., Medina, V., Mishaw, P., Walker, L., Andel, R. (2017). Sleep as a Predictor of Cognitive Decline Using the Cogstate Brief Battery. Presented at the *University of South Florida's Undergraduate Research and Arts Colloquium*, Tampa, FL.

*Ho, Y. L., **Sadeq, N.A.,** Basdeo, D., Chakkoli, S., Medina, V., Mishaw, P., Walker, L., Andel, R. (2017). Alcohol Consumption and Cognitive Decline in Early Old Age. Presented at the *University of South Florida's Undergraduate Research and Arts Colloquium*, Tampa, FL.

*Medina, V., **Sadeq, N.A.,** Basdeo, D., Chakkoli, S., Corona, R., Ho, Y. L., Mishaw, P., Walker, L., Andel, R. (2017). Montreal Cognitive Assessment Scores on Cancer Presence and Aging. Presented at the *University of South Florida's Undergraduate Research and Arts Colloquium*, Tampa, FL.

*Mishaw, P., **Sadeq, N.A.,** Basdeo, D., Chakkoli, S., Ho, Y. L., Medina, V., Walker, L., Andel, R. (2017). Determination of the Existence of an Association Between Depressive Symptoms and Performance on Cognitive Tests. Presented at the *University of South Florida's Undergraduate Research and Arts Colloquium*, Tampa, FL.

*Walker, L., **Sadeq, N.A.,** Basdeo, D., Chakkoli, S., Ho, Y. L., Medina, V., Mishaw, P., Andel, R. (2017). A Systematic Literature Review of the Correlation Between Cigarette Smoking and Cognitive Decline. Presented at the *University of South Florida's Undergraduate Research and Arts Colloquium*, Tampa, FL.

Sadeq, N.A., Valdes, E. G., Harrison Bush, A. L., Chakkoli, S., Mishaw, P. J., Ho, Y. H., Anzel, R. (2016) The Role of Personality in Cognitive Outcomes in a Regular Cognitive Monitoring Program. Presented at the *Gerontological Society of America Annual Scientific Meeting*. New Orleans, LA.

Sadeq, N.A., Valdes, E. G., Harrison Bush, A. L., Anzel, R. (2016) Personality: Preliminary Age Norms for Older Adults Age 65 and Older. Presented at the biannual *Cognitive Aging Conference*. Atlanta, GA.

Sadeq, N.A., Valdes, E. G., Harrison Bush, A. L., Morgan, D., Anzel, R. (2015) Personality and Cognitive Performance on the Cogstate Brief Battery. Presented at the *Gerontological Society of America Annual Scientific Meeting*. Orlando, FL.

Elias, M. N., Brandino, A. D., Edwards, J. D., Lister, J. J., Harrison Bush, A. L., Tetlow, A. M., **Sadeq, N.A.**, Sardina, A. L. (2015). Central Auditory Processing and Mild Cognitive Impairment in Older Adults. Poster presented at the *Gerontological Society of America Annual Scientific Meeting*. Orlando, FL.

Sadeq, N.A., Lister, J. J., Harrison Bush, A. L., Matthews, C. R., Anzel, R., Edwards, J. D. (2015). Cortical Auditory Evoked Responses and Mild Cognitive Impairment. Presented at the *2015 Alzheimer's Association International Conference*, Washington, D.C.

Valdes, E. G., **Sadeq, N. A.**, Harrison Bush, A. L., Morgan, D., Patel, R., Crowley, E. M., Anzel, R. (2015). Home-based Monthly Memory Monitoring: Moving Toward Regular Cognitive Self-assessment. Presented at the *2015 Alzheimer's Association International Conference*, Washington, D.C.

Sadeq, N.A., Goodwin, C., Cadena, E., Kamp, S., Donchin, E. (2013). Subsequent Memory Effects in Frontal Slow Waves Elicited by Emotional Words. Presented at the *20th Annual Cognitive Neuroscience Society Meeting*, San Francisco, CA. Also presented at the *University of South Florida Undergraduate Research Symposium*, Tampa, FL.

Kamp, S., Gruber, A., **Sadeq, N.A.**, Forester, G., Donchin, E. (2011). The Effects of Physical Distinctiveness and Emotional Distinctiveness on Recall – A Subsequent Memory Study. Presented at the *18th Annual Cognitive Neuroscience Society Meeting*, San Francisco, CA.

RESEARCH MENTORING

2021-Present Undergraduate Honors Thesis Committee Member

Honors College, University of South Florida

Student: Nova Haque (expected Fall 2022)

Thesis Title: *Global Perspectives in Long-Term Care Options*

Psychology Honors Program, University of South Florida

Student: Jude Sullivan (Fall 2021)

Thesis Title: *“What is a 'real man'?”: An Intersectional Analysis of Manhood and Masculinity Ideology through Race/Ethnicity and Sexual Orientation*

2017-2018 Undergraduate Thesis Co-Advisor Honors College, University of South Florida

Student: Pamela Mishaw (Summer 2018)

Thesis Title: *Assessing the Existence of a Correlation between Depressive Symptoms and Impaired Cognition*

Student: Yen Linh Ho (Spring 2018)

Thesis Title: *Age and Alcohol Consumption on Cognition Assessed with Cogstate*

Student: Jerry Ray Logemann (Spring 2018)

Thesis Title: *Effect of Sleep Quality on Cognitive Decline*

Student: Lorena Walker (Spring 2018)

Thesis Title: *Measuring the Effect of Cigarette Smoking Status on the Cognitive Abilities of Healthy Older Adults*

Student: Sanjay Chakkoli, (Fall 2017)

Thesis Title: *Sleep as a Predictor of Cognitive Decline Using the Cogstate Brief Battery*

RESEARCH EXPERIENCE

2020-Present Co-Investigator (2020-Present)

Indicators of Cognitive Change – **Neurophysiology of Aging Lab, University of South Florida**

- PI: Jennifer Lister, Ph.D.
- Research Focus: Identifying early indicators (i.e., central auditory processing) of cognitive change, longitudinal documentation of cognitive change in healthy older adults
- Responsible for training graduate and undergraduate research assistants, administering tests to participants, and providing input on study measures and design

2013-2020 Study Coordinator (2016-2020); Research Assistant (2013-2016)

Cogstate Study Lab – University of South Florida, School of Aging Studies

- PIs: Ross Andel, Ph.D. and Aryn L. Harrison Bush, Ph.D.
- Research Focus: Assessing the feasibility of self-administered cognitive assessments using the CogState Brief Battery, longitudinal cognitive monitoring of cognitively healthy older adults
- Responsible for training and supervising undergraduate research assistants with daily lab operations, mentoring undergraduate research assistants with independent research projects, data management and analysis, and manuscript writing
- Recruited and screened participants, instructed participants how to use in-home assessment program, made weekly reminder phone calls to participants and assisted with program troubleshooting

2010-2013 Senior Research Assistant

Cognitive Psychophysiology Lab – University of South Florida, Psychology Department

- PIs: Emanuel Donchin, Ph.D. and Siri-Maria Kamp, Ph.D
- Research Focus: Event-related potentials, subsequent memory, emotional memory, eye-tracking, word familiarity, and reaction time

**2012-2013 Research Assistant
Clinical Neuropsychology Lab – University of South Florida, Psychology
Department**

- PIs: Cynthia Cimino, Ph.D. and London Butterfield, Ph.D.
- Research Focus: Non-pharmacological interventions with Huntington's and Parkinson's disease patients

**2011-2013 Research Assistant
Body Image Research Group - University of South Florida, Psychology Department**

- PIs: Kevin Thompson, Ph.D. and Ross Krawczyk, Ph.D.
- Research Focus: Perceived body image, changes in body image resulting from objectifying and non-objectifying advertisements

PROFESSIONAL ACTIVITIES AND TRAINING

- 2022-Present Member, Undergraduate Council, University of South Florida
- 2022-Present Social Media Coordinator, University of South Florida School, of Aging Studies
- 2021 USF Certified Online Educator – University of South Florida, Innovative Education
- 2018-Present Abstract Reviewer – Gerontological Society of America
- 2017-Present Peer Reviewer – *Journal of Gerontology: Psychological Sciences*
- 2017-Present Conference Facilitator – University of South Florida Office of Undergraduate Research
- 2017-Present Peer Reviewer – *Clinical Gerontologist*
- 2016 Academy for Teaching and Learning Excellence (ATLE) Confidence in the Classroom Workshop – University of South Florida
- 2014 Academy for Teaching and Learning Excellence (ATLE) Teaching Assistant Training Certificate – University of South Florida
- 2013-Present Collaborative Institutional Training Initiative (CITI) Social and Behavioral Responsible Conduct of Research Certificate

HONORS AND AWARDS

- 2018 Outstanding Graduate Student Teaching Award
University of South Florida College of Behavioral & Community Sciences
- 2018 Provost's Award for Outstanding Teaching by a Graduate Teaching Assistant
University of South Florida
- 2014-2015 University of South Florida School of Aging Studies Graduate Fellowship

PROFESSIONAL MEMBERSHIPS

- 2022-Present Asian Pacific Islander Desi American (APIDA) Council, University of South Florida
 - 2014-Present Gerontological Society of America
 - 2014-2019 Student Association for Aging Studies, University of South Florida
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COMMUNITY SERVICE

- 2021-Present Staff Advisor, University of South Florida Vietnamese Student Association (VSA)
- 2018-2020 Staff Advisor, University of South Florida Music Appreciation Club
- 2014-Present Alzheimer's Association's Walk to End Alzheimer's
- 2014-2016 Alzheimer's Foundation of America's National Memory Screening Day