

Joanne Elayoubi

University of South Florida, School of Aging Studies
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Education

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| 2019–Present | Ph.D. in Aging Studies
Expected graduation Spring 2025 |
| 2018–2019 | Graduate Certificate, Clinical Aging Sciences
University of South Florida; Tampa, FL
Advisor: Dr. William E. Haley. |
| 2015–2018 | M.A. in Psychology, Discipline in Behavioral Neuroscience
Master's Thesis, <i>The Effect of a Subtype Selective Neuropeptide FF Antagonist on Opiate Physical Dependence</i>
University of Houston-Clear Lake; Clear-Lake, TX
Advisors: Dr. David H. Malin & Dr. Christopher Ward. |
| 2013-2015 | Post Baccalaureate in Psychology
University of Houston-Downtown; Houston, TX |
| 2008–2012 | B.A. in Biology
University of St. Thomas; Houston, TX |

Research Interests

Social connections/Engagement; Loneliness & Isolation; Stress Models, Inflammation; Onset of disease

Publications

1. **Elayoubi, J.**, Nelson, M.E., Mu, C.X., Haley, W.E., Wadley, V., Clay, O., Crow, M., Cushman, M., Grant, J., Roth, D.L., Andel, R. The role of caregiving in cognitive function and change: A REGARDS study. *Psychology and Aging*. Advanced online publication.
2. **Elayoubi, J.**, Haley, W. E., Nelson, M. E., & Hueluer, G. (2023). How Social Connection and Engagement Relate to Functional Limitations and Depressive Symptoms Outcomes After Stroke. *Stroke*, *54*(7), 1830-1838.
3. Haley, W. E., & **Elayoubi, J.** (2023). Longitudinal studies of older couples as a promising approach to understanding mechanisms of changes in cognition and mental health. *International Psychogeriatrics*, 1-8 (Invited Commentary).
4. **Elayoubi, J.**, Haley, W. E., Roth, D. L., Cushman, M., Sheehan, O. C., Howard, V. J., Hladek, M. deC., & Hueluer, G. (2022). Associations of perceived stress, depressive symptoms, and caregiving with inflammation: A longitudinal study. *International Psychogeriatrics*, 1–11. <https://doi.org/10.1017/S1041610222000370>
5. **Elayoubi, J.**, Nelson, M. E., Haley, W. E., & Hueluer, G. (2022). The role of social

connection/engagement in episodic memory change in stroke. *The Gerontologist*, 62(3), 364-374. <https://doi.org/10.1093/geront/gnab095>

6. Hülür, G., **Elayoubi, J.**, Nelson, M. E., & Haley, W. E. (2022). Change in episodic memory with spousal loss: The role of social relationships. *The Journals of Gerontology: Series B*, 77(4), 683-694. <https://doi.org/10.1093/geronb/gbab231>
7. Malin D.H., Henceroth M., **Elayoubi J.**, Campbell J.R., Anderson A., Goyarzu P., Izygon J., Madison C.A., Ward C.P., & Burstein E.S. (2018). A subtype-specific neuropeptide FF receptor antagonist attenuates morphine and nicotine withdrawal syndrome in the rat. *Neuroscience Letters* 648, 98-103. <https://doi.org/10.1016/j.neulet.2018.06.053>
8. Henceroth, M., Campbell, J. R., Candelario, M., **Elayoubi, J.**, Aguilar, C. L., & Malin, D. H. February 11, 2022August 22, 2023(2018). Effect of sex and estrous cycle on nicotine withdrawal syndrome in the rat. *Journal of Addictive Behaviors, Therapy & Rehabilitation*, 2(2), 7.
9. Gadam, S., **Elayoubi, J.**, Ma, X., & Ward, C.P. (2015). Dysfunctional cognitions mediate the relationship between symptoms of depression, anxiety, and sleep quality in a non-clinical population. *Journal of Sleep Medicine & Disorders*, 2(5), 1031-1036.

Manuscripts in Preparation

1. Racial differences in hearing loss and hearing aid utilization.: A population-based study.
2. Depressive Symptoms in Cancer Survivors and Controls over Time: The Role of Social Connection and Engagement.

Projects in Progress

1. Effects of transitions into family caregiving on cognitive function and change: A longitudinal population-based study.
2. Family caregiving and its association with increased stroke risk among strained spousal caregivers.

Conference Presentations

(Poster sessions & Symposia)

1. Liller, D. K., Black, K., **Elayoubi, J.**, “Addressing loneliness and social isolation: A public health imperative” Presented at the FPHA annual educational conference, July 2023.
2. **Elayoubi, J.**, Nelson, M. E., Mu, C.X., Haley, W. E., Wadley, V.G., Clay, O.J., Crowe, M., Cushman, M., Grant, J.S., Roth, D.L., & Andel, R. “The role of caregiving in cognitive function and change: A REGARDS study”. Presented at the annual meeting of the Gerontological Society of America, November 2022.
3. **Elayoubi, J.**, Haley, W. E., Nelson, M. E., & Hueluer, G. “The role of social connections

on functional limitations and depressive symptoms in stroke”. Presented at the annual meeting of the Gerontological Society of America, Virtual Meeting, November 2021.

4. Haley, W. E., & **Elayoubi, J.** Individual differences in caregiving: Application of a stress process model. Presented as part of a symposium, “The longitudinal effects of becoming a family caregiver: The Caregiving Transitions Study” (D. Roth, W. Haley, Co-Chairs). Presented at the annual meeting of the Gerontological Society of America, Virtual Meeting, November 2020.
5. Malin, D.H., **Elayoubi, J.**, Henceroth, M. “Neuropeptide FF receptor antagonist attenuates morphine and nicotine withdrawal syndrome in the rat”. Presented at the annual meeting of the Southwestern Psychological Association, Clear-Lake, TX, May 2018.
6. **Elayoubi, J.**, Malin, D.H., Henceroth, M. “A subtype-selective neuropeptide FF receptor antagonist attenuates morphine withdrawal syndrome”. Presented at the annual meeting of the Society for Neuroscience, Washington, D.C., October 2017.
7. Henceroth, M., Campell, J., Candelario, M., **Elayoubi, J.** “Effects of gender and estrous cycle phase on nicotine”. Presented at the annual meeting of the Society of Neuroscience, San Diego, CA, November 2016.

Teaching Experience

Summer 2023

Teaching Instructor

School of Aging Studies, University of South Florida
GEY 4102: Aging in Modern Literature and Film

Fall 2022

Teaching Instructor

School of Aging Studies, University of South Florida
GEY 2004: The Life Cycle

Fall 2020-Spring 2022 **Teaching Instructor**

School of Aging Studies, University of South Florida
GEY 4102: Aging in Modern Literature and Film

Summer 2020

Graduate Teaching Assistant

School of Aging Studies, University of South Florida
GEY 4612: Psychology of Aging
Instructor: Dr. William E. Haley

Spring 2020

Graduate Teaching Assistant

School of Aging Studies, University of South Florida
GEY 4612: Psychology of Aging
Instructor: Dr. William E. Haley

Spring 2020

Guest Lecture

School of Aging Studies, University of South Florida
GEY 4612: Psychology of Aging, Dr. William E. Haley
Lecture on Family Caregiving. Presented on March 5, 2020

Guest Lecture

School of Aging Studies, University of South Florida
GEY 4612: Psychology of Aging, Dr. William E. Haley
Lecture on Stress Process Model. Presented on February 11, 2020

Fall 2019

Graduate Teaching Assistant

School of Aging Studies, University of South Florida
GEY 4612: Psychology of Aging
Instructor: Dr. Gizem Hueluer

Guest Lecture

School of Aging Studies, University of South Florida
GEY 4612: Psychology of Aging, Dr. Gizem Hueluer
Lecture on Mental Health Disorders. Presented on September 4, 2019

Editorial Work

2023 **Ad Hoc Reviewer** *Lancet Public Health*
2023 **Ad Hoc Reviewer** *International Psychogeriatrics*
2022 **Ad Hoc Reviewer** *Topics in Stroke Rehabilitation*
2021 **Ad Hoc Reviewer** *The Gerontologist*
2021 **Ad Hoc Reviewer** *JAMA Network Open*
2020 **Ad Hoc Reviewer** *Research on Aging*

Research Experience

Fall 2019- Present

Research Assistant

Advisor: Dr. William E. Haley
University of South Florida
Description Collaborated with the colleagues at the Center on Aging and Health at Johns Hopkins University on several research projects involving family caregiving, mental health, and inflammation, as well as family caregiving and cognitive function. Future research entails the examination of family caregiving and the onset of stroke among strained spousal caregivers.

Spring 2013 - 2016

Graduate Lab Researcher

Advisors: Drs. David H. Malin & Christopher Ward
University of Houston-Clear Lake; Clear-Lake, TX
Description Assistant Lab Manager. Responsibilities included following all IACUC protocols on and before inspection dates, conducted and assisted in surgeries involving morphine and nicotine pump implants on rats, maintained proper care of rat cages, recorded data of behavioral withdrawal symptoms from drug dependence and tolerance, and insured rats had sufficient food and water. Contributed to major projects that became peer-reviewed published articles.

Awards

2023-2024 Recipient of H. Edward and Mildred E. Greely Endowed Fellowship
Travel Reward

Professional Service

Professional Affiliations

2018–Present Gerontological Society of America: Behavioral & Social Sciences
2014- 2016 Society of Neuroscience
2014-2016 National Honor Society

Academic Organizations

2020-Present University of South Florida Student Association for Aging Studies,
Vice President
2014-2016 University of Houston-Clear Lake Student Association for Neuroscience,
Treasurer

Community Service

2020-2023 Meals on Wheels
2018-2019 Lifepath Hospice, Tampa, Florida
Volunteer

Relevant Skills

- Language skills: bilingual in English and Arabic
- Computer skills: proficient in SPSS software, SAS software, Microsoft software
- Teaching skills: tutoring and study preparation