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Direct from the DCT

Greetings all! This is my 5th year as DCT—can you believe it? Time has flown by! I have enjoyed leading the program into its continuing excellence, living up to its clinical scientist orientation. Five years ago, we experienced the retirements of Drs. Bill Sacco and Ellis Gesten, followed by several new hires: Dr. Diana Rancourt, Dr. Rob Schlauch, and me. Five years later, we are experiencing similar changes. This year, Drs. Cindy Cimino and Kevin Thompson decided to retire, after decades of service and mentorship. We will miss their contributions, at the same time that we wish them well in post-retirement life. With their departures, we were granted the opportunity to hire two new clinical faculty, and we are currently interviewing candidates for these positions. The pool of applicants was deep! We received over 50 applications from incredibly high-quality applicants; it was difficult choosing among the 6 we would interview. This speaks well to the reputation of our program, and its ability to attract this level of applicants; we are on the map!

In some of my non-profit work outside the university, I have learned that good leaders do not seek to stay in their positions indefinitely. Instead, they work to empower others with the goal of training their replacements. Leaders also help build the infrastructure and program structure that will facilitate the continued growth or improvement of the program, without relying indefinitely on any one person. I think this strategy is part of what has made this program successful across time, allowing newer persons to enhance what is there with new and creative ideas. I am proud of the small part I have played in improving the program's infrastructure and culture during the past 5 years. So my advice: In your own pursuits and leadership, work to replace yourselves! Continued....



Direct from the DCT, Continued

Speaking of mentoring the next generation, in my individual research work, I have been able to recruit a wonderful group of undergraduate research assistants and graduate student scholars into my lab (see picture on previous page). With their help, the Disinhibition and Affect Regulation Clinical (DARC) Lab has finally completed data collection on our recent grant project on the neurobiology of aggression, a very involved project involving two sessions, several experimental tasks, and EEG recordings. But, no rest for the weary!

We are excited to start a new project assessing inmates at the Pasco County Jail, in collaboration with Dr. Bryanna Fox from the Department of Criminology, to examine psychological, mental health, and criminological correlates of criminal recidivism. Beyond the science, the project provides opportunities for our Psychology and Criminology students to obtain highly-sought experience in a correctional setting and with offender populations. We all look forward to the work ahead.

Thank you for allowing me to share my adventures in DCT-ing, and please feel free to share your own experiences from this past year.

Edelyn



Dr. Edelyn Verona with the First Year Clinical Students (Left), current intern Mel Bozzay (Middle), and with alumna Dr. Dee Dee Falkenbach (Top Right) and Dr. Marlene Bloom (Lower Right)

Updates From the Clinic

By Jack Darkes, Ph.D., Clinic Director;
USF Psychological Services Center and USF Alum

Didn't I just write one of these?

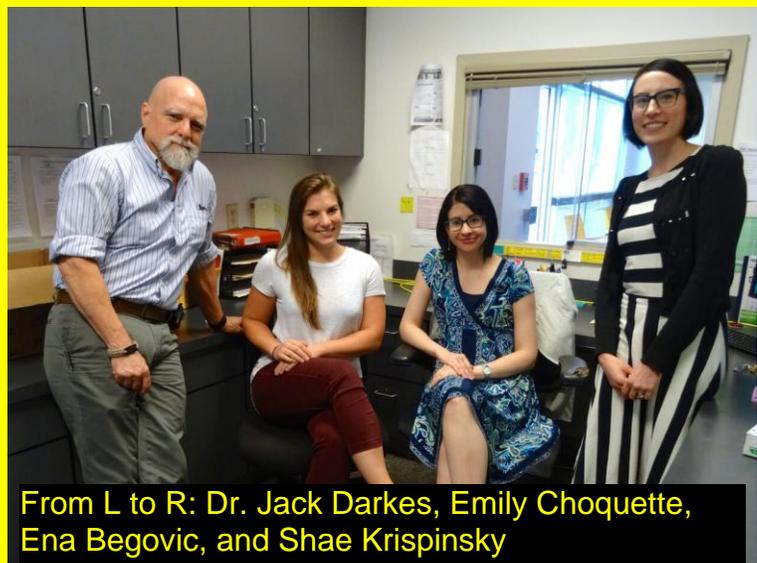
First, although we dodged the hurricanes earlier this fall, our thoughts go out to all of those who were impacted by the storms this year, both along the Atlantic and Northern Gulf coasts.

I guess I say this every time, but that doesn't make it any less true; the PSC continues to be a busy place. It seems like things never slow down. Our two Assistant Directors this year, Ena Begovic and Emily Choquette have jumped right in and kept things humming along. Glad to have you both here. For those who had the chance to meet or talk to her, Ms. Tatyana Truax, our past Administrative Assistant, we were sad to see her move on – she got married and last I heard she was in Alaska! Of course, the Administrative Assistant, along with our Assistant Directors, really keep the ship headed in the right direction while the Director is busy with all the things that directors do – a long list I assure you. We are fortunate that Ms. Shae Krispinsky agreed to come on board as a new member of our PSC staff. She has enthusiastically moved right in and kept things moving along. Glad to have you here as well!

As the 2017-2018 Academic Year ended, we bid farewell to our CAs from last year. Ashley Nelson moved on the internship at Mass General Hospital. Lucky for us, Maureen Monahan is still here and doing great things. We thank both of them for their energetic dedication as Clinic Assistants last year. I know it to be true that the PSC could not function without the dedicated work of all of our Clinic staff and all of our students! Their support is greatly appreciated.

As the Fall 2018 term began, we also welcomed our new group of clinicians (our second-year students) into the clinic. It is a small group this year, consisting of Allie Choate, Andrew Devendorf, and Ansley Bender. Glad to have all of you here and look forward to another great year! Before long, our current first-year students will join the PSC as well.

We are also fortunate to have two new supervisors working with us in the PSC this year. Dr. Kristi Weiner – an alumnus of our program – kindly agreed to supervise a group of our clinicians. Dr. Kenya King, a graduate of Virginia Tech, spent some time with us a few years ago in the clinic when she relocated to the area prior to internship. Having now completed internship, post-doctoral residency and obtained licensure, she also agreed to help with our supervision this year. Welcome to both of you and thanks for your support!



From L to R: Dr. Jack Darkes, Emily Choquette, Ena Begovic, and Shae Krispinsky

Continued...

Updates From the Clinic--Continued

We continued our work this past summer doing achievement and psychosocial screenings of incoming student athletes – this process continued into the Fall and is just one more task we could not accomplish if not for the enthusiastic participation of our students. Our ongoing relationship with the USF Athletics Department has grown this year. We are also hoping that the funding will come through to renew our contract for psychoeducational assessments with Pasco-Hernando State College. We have also begun some preliminary conversations with Saint Leo University regarding doing some work with their athletes, so we will see how that progresses. These arrangements help us to ensure that we are offering a broad range of training experiences and opportunities, while also contributing to the USF and surrounding communities.

Our Fall Clinic Tea involved a visit from a staff member at the Crisis Center to tell us more about their services and operation. As always, we hope this ongoing training opportunity will help our students to be aware of the range of services available in the community to support their clients in time of need. We will be polling our students soon to see what kind of topic they would like to cover for our Spring 2019 Clinic Tea. I hope we can keep this process going, addressing clinical skills and issues that our students need and want to know more about.



This year's celebration of Clinical Program graduates was held in the clinic. Unfortunately I missed this one, although I pass along my heartfelt congratulations to all of our graduating students and their families and loved ones. As Clinic Director, a clinical supervisor and also the Placement Committee chair (that is why I am busy), I am fortunate to work closely with *all* of our students over the course of their training. As such, I often have mixed feelings associated with the end of the academic year and graduation as we see our graduates move on in their professional careers.

The clinic continues to create as many interesting and challenging training opportunities as we can. We continue to offer a broad range of services, from child to general adult issues, as well as eating disorder/body image-related, trauma-related and substance-related specialty services. Our Dialectical Behavior Therapy (DBT) group, which provides both group and individual DBT, remains in great demand.

The successful accomplishment of our training mission requires a team effort, with students, staff, faculty, and alumni all working together to make the program and clinic successful. If any of our friends from years past are ever in the neighborhood, please let us know and do stop by. Would love to show you around and catch up!

A happy and successful new year to all!

Supervision Groups in the Clinic



Clockwise from Upper Left: Supervision Groups with Dr. Jack Darkes, Dr. James Epps, Dr. Diana Rancourt, Dr. Edelyn Verona, and Dr. Kristi Weiner



Introducing the Baby Bulls (Entry Year of 2018)



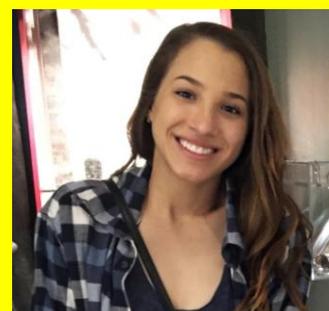
My name is **Elisa Carsten** and I am a first-year student in the clinical program. I graduated from Michigan State University in 2016 with a BA in psychology and minors in Women's & Gender Studies and LGBTQ Studies. After graduation, I primarily studied antisocial behavior and psychopathic traits in a behavior genetics lab and also continued my interest in personality disorders broadly. At USF, I plan to study personality pathology and externalizing behaviors as well as the influence of gendered experiences on personality/behavior under the mentorship of Dr. Marina Bornovalova. I like to spend my free time reading, enjoying live music, trying new restaurants, and traveling whenever possible.

Hi All! My name is **Jared Davis** and I am a first-year student working under the mentorship of Dr. Robert Schlauch. I am coming to USF after completing my MA in experimental psychology at St. John's University in NYC. As well as, taking a few years to work as a research manager at an outpatient substance abuse clinic. I hope to continue my work in substance abuse and am particularly interested in the mechanisms/driving force behind why people use/abuse substances and improving treatment outcomes. In my free time, I enjoy playing volleyball and reading a good book.



Hi! My name is **Lauren Fournier** and I'm a first year clinical student from Chicago, Illinois. I completed my undergraduate studies at Washington University in St. Louis, where I worked on a project investigating factor differences in psychopathy and their relation to brain structure using MRI data. My advisor is Dr. Edelyn Verona, and I'm interested in psychopathic traits, particularly the interpersonal and affective traits, and hope to study them using a variety of methodologies. When I'm not working, I enjoy playing volleyball, hanging out in coffee shops, and spending time with my cat, Scout.

My name is **Stephanie Hruza**. I am originally from Saint Louis, Missouri. In 2016, I received my BA from Hamilton College in Clinton, NY with a neuroscience major and mathematics minor. Before coming to USF, my interest in forensic psychology led me to University of California, Irvine where I completed the Psychology and Social Behavior Post-Baccalaureate program and worked in Dr. Elizabeth Cauffman's Development, Disorder, and Delinquency Lab. Now I am working with Dr. Edelyn Verona, and I am particularly interested in exploring the role of diminished empathy in the development of psychopathic traits and antisocial behavior. In my free time, I enjoy drawing and listening to the ocean.





Hi! My name is **Maddy Lagacey** and I've spent the last five years in Philadelphia attending Drexel University for my Masters and undergrad. I'm excited to be working with Dr. Diana Rancourt and I'll be researching risk factors for eating disorders. I'm particularly interested in eating disorders within an athlete and exercise population. In my free time, I enjoy running, reading, and snuggling with my puppy, Ri.

Hi! My name is **Rose Miller**, and I am working with Dr. Jonathan Rottenberg in the Mood and Emotion Lab. I am originally from New York City, and I did my undergrad at Amherst College in Western Mass. Before coming to USF, I spent two years as a research assistant at the Yale Child Study Center. When I'm not thinking or reading or writing about depression, cognition, and emotions, I love to cuddle with my Yorkshire terrier, Frankie, and try out new brunch places with friends. I already love USF, and although, to this city girl, nowhere compares to Manhattan, Tampa is quickly becoming home.



I'm **Leslie Sawyer** and I'm from Charleston, SC, where I earned a B.S. in psychology with a neuroscience minor at the College of Charleston. As an undergraduate, I worked in basic research labs on projects including substance abuse and relapse. Following graduation, I continued research on a model of alcoholism that began as my bachelor's essay project. Here at USF, I am excited to be working under the mentorship of Dr. Tom Brandon. I'm broadly interested in behavioral processes that promote or attenuate substance misuse, including behaviors correlated with improved treatment outcomes. In my free time, I enjoy outdoor adventures, especially on or near water.

My name is **Bingjie Tong**. I graduated from the University of California, Los Angeles in 2016. I majored in both Psychology and Sociology and graduated with Highest Honors. After graduation, I served as a full-time research coordinator at the Cancer Survivorship Research Lab at Stanford University before joining the Mood and Emotion Lab with Dr. Jon Rottenberg. I am broadly interested in emotion regulation, coping mechanisms, and well-being in the context of mood pathology. In my free time, I enjoy reading, traveling with friends and family, and playing music.



Go Baby Bulls!

**Big Sib Luncheon to Welcome the Baby Bulls
(A New Tradition!)**



Free CEUs

Please consider joining us on Fridays from noon-1:00 in PCD 1134 for the clinical brown bag series. Free CEUs and free updates on clinical science and practice!

Please check out the schedule of events at <http://psychology.usf.edu/events.aspx>

Life's most persistent and urgent question is, "What are you doing for others?"

—Dr. Martin Luther King Jr.

**First Year Welcoming Party
(Hosted by Second Years)**



Scenes From the PCD Building



**Research Groups:
Dr. Edelyn Verona, Dr. Diana Rancourt,
Dr. Tom Brandon, and Dr. Tom Brandon's students
working on the E-cigarette and Smoking Study**



**Clinical Students Enjoy
Our PCSAS
Accreditation Status**



Recent Awards and Kudos

Current Clinical Student and Recent Alumni Awards and Kudos

Erica Ahlich and **Sun Yoon** received the 2018 Clinical Psychology Graduate Student Fellowships for Clinical and Research, respectively. Thank you Dr. Sylvia Carra Hahn!!

Ena Begovic won a Silver and Gold ribbon for two posters that she presented at the 2018 Managed Care and Specialty Pharmacy Annual meeting. She also won the 2018 USF Clinical Alumni Award for Citizenship (see page 33 of this newsletter).

Ansley Bender was awarded the Stephen and Phillip Deibler Memorial Scholarship.

Dr. Jason Chen, who is an Assistant Professor in Psychiatry at Oregon Health and Science University, was recently awarded a prestigious VA Career Development Award (which is similar to a five year NIMH-K award).

Allie Choate received the Dr. Miles and Patricia Hardy Memorial Scholarship and the Stephen and Phillip Deibler Memorial Scholarship.

Emily Choquette was awarded the 2018-2019 Mamie Phipps Clark Diversity Research Grant. She also made it to the final rounds of the NCAA Graduate Student Research Grant submission in October and was asked to reapply next year.

Claire Gorey was awarded the Valerie Reed Memorial Award, which is an award this is bestowed upon the fourth year clinical student whose productivity is most consistent with the clinical scientist model.

Renee (Brown) Hangartner received the 2018 Title IX Individual Outstanding Achievement Award.

Research by **Dr. Peter Hendricks**, Associate Professor in the Department of Health Behavior--School of Public Health at the University of Alabama at Birmingham, was mentioned extensively in Michael Pollan's best seller, *How to Change Your Mind: What the New Science of Psychedelics Teaches Us About Consciousness, Dying, Addiction, Depression, and Transcendence*. Read more about Dr. Hendricks' new line of research in *Awe: A putative mechanism underlying the effects of classic psychedelic-assisted psychotherapy in the International Review of Psychiatry* (2018, 30, 331-342).

Amy Hoffmann received the Stefanie and Adele Gilbert Award for Research on Women.

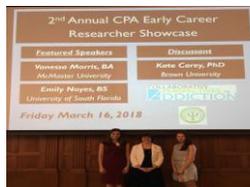
Stephanie Hruza received the USF University Presidential Fellowship.

Dr. Dave MacQueen recently began a position as an Assistant Professor in the Department of Psychology, University of North Carolina – Wilmington, which is his undergraduate and Masters alma mater.

Julia McDonald and **Sean McKinley** were awarded USF International Travel Grants to attend the International Society for Research on Aggression conference in Paris.

Recent Awards and Kudos, Continued

Dr. Joe McGuire, who is on faculty at Johns Hopkins University School of Medicine—Psychiatry and Behavioral Sciences, was honored with the Anne Marie Albano Early Career Award for Excellence in the Integration of Science and Practice at the recent ABCT conference in Washington, DC.



Emily Noyes received a travel award for the Collaborative Perspectives on Addiction (CPA), where she also was selected to present her research at the Early Career Showcase. She was one of only two early career researchers (including Ph.D's) to receive this honor.

Amanda Palmer and Dr. Kim French (I-O) were selected for the 2018 USF Outstanding Thesis and Dissertation Award, respectively. This honor is the highest award the USF Office of Graduate Studies gives to our students.



Leslie Sawyer received the Dr. Miles and Patricia Hardy Memorial Scholarship.

Dr. Robin Tan received the Richard LaBarba Memorial Scholarship Award, which honors excellence in research on developmental psychopathology or developmental psychology.

Bingjie Tong was awarded the Dr. and Mrs. Charles Spielberger Endowed Fund in Psychology.

Faculty Accomplishments (Clinical unless otherwise noted)

Dr. Tammy Allen (I-O) was selected as a USF Distinguished University Professor (DUP). This is the highest recognition available for faculty at USF. The Psychology Department has done very well with DUPs, including **Dr. Mark Goldman** (Clinical), **Dr. Paul Spector** (I-O), **Dr. Doug Nelson** (Emeritus, CNS), the late **Dr. Manny Donchin** (CNS), the late **Dr. Charlie Spielberger** (Clinical), the late **Dr. Jim Jenkins** (CNS), the late **Dr. Herb Kimmel** (CNS), and of course our newest DUP, **Dr. Tammy Allen**.

Dr. Marina Bornovalova received the USF Research Incentive Award.

Dr. Tom Brandon was named the 2018 W. Jackson Pledger Researcher of the Year at Moffitt Cancer Center (photo on next page). He was the second Psychology faculty member to be honored with this prestigious award, with the first being **Dr. Paul Jacobsen**, who received the award in 2009. In addition, **Dr. Tom Brandon** was selected as Keynote Speaker at the Society of Addiction Psychology (APA Division 50) Collaborative Perspectives on Addiction meeting this year.

Recent Awards and Kudos, Continued



In his award address for the 2018 W. Jackson Pledger Researcher of the Year Award at Moffitt Cancer Center, **Dr. Tom Brandon** dedicated the award to his 19 current and former graduate students. Awesome photo of his awesome students and alumni.

Dr. Judy Bryant (CNS) received the 2017-2018 USF Outstanding Undergraduate Teaching Award.

Dr. Cindy Cimino retired on November 30th. See photos of her retirement events on page 17 of this newsletter.

Dr. Diana Rancourt was awarded a competitive renewal from the NIH Pediatric Loan Repayment Program and she also received the USF Research Incentive Award.

Dr. Jon Rottenberg was quoted in the New York Times on October 22, 2108 about his team's research exploring how individuals can flourish after experiencing depression. See more at his website: <https://sites.google.com/mail.usf.edu/moodandemotionlab/home>

Dr. Toru Shimizu (CNS; Current Chair) was elected as a Fellow of the American Association for the Advancement of Science (AAAS), which is the world's largest multidisciplinary scientific society. The citation read: *For distinguished contributions to the fields of comparative psychology and behavioral neuroscience, particularly for multidisciplinary research and advancing understanding of the avian brain and behavior.*



Dr. Kevin Thompson retired on August 6th. As of yet, we have not been able to convince him to have a retirement party. But stay tuned! 😊

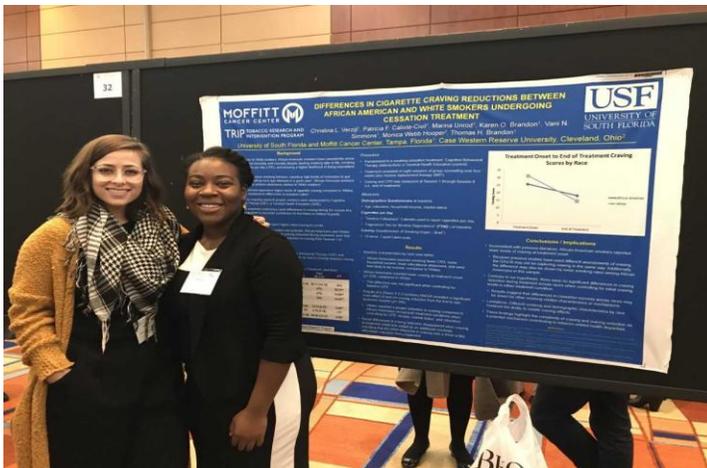
Dr. Edelyn Verona was awarded a University of Exeter and University of South Florida Research Catalyst Fund to pursue a research project entitled, 'Neuropsychological Approaches to Addressing Violent Crime and Suicide Risk in Multiple Vulnerable Populations'.

Congratulations Everyone!

Students, Faculty, and Alumni Connect at Research Conferences



International Society for Research on Aggression Conference in Paris



SRNT in Baltimore



The Obesity Society Conference in Nashville



Association for Behavioral and Cognitive Therapies in Washington, DC



American Association of Suicidality
in Washington, DC



Society of Behavioral Medicine
in New Orleans



International OCD Foundation in Washington, DC



Stats camp in Albuquerque, New Mexico



Heterodox Psychology Workshop
in Orange, California

Retirement Celebrations for Dr. Cindy Cimino



Advice from Alumni to Graduate Students

Jason Chen, Ph.D.-- Assistant Professor

Remember that whatever you can do in a day is enough in and of itself. There will always be more to do. I always think being slightly behind means you have just the right amount of stuff going on!

Alex De Nadai, Ph.D.—Assistant Professor

If you are seeking research funding, the NIH often puts on “regional seminars” where they answer a lot of questions about the entire grants process, from submission to closeout. They also nicely post almost all of the slides they use, which can be very helpful. For example:

<https://regionalseminars.od.nih.gov/washingtondc2018/presentations/>

Andrew Kiselica, Ph.D.—Post-doctoral Fellow

One of the best things I did in grad school was to read about personal finance and open a retirement account. Those who save earlier are lot better off in the long run. Plus, it helps to have some financial literacy when choosing internships/post-docs and negotiating for jobs.

Vanessa Panaite, Ph.D.—Research Fellow

My advice to grad students is to use the time and opportunities at USF to explore various careers paths and do some self-monitoring while trying out different activities. I am someone that, at least occasionally, needs to feel both challenged and inspired by some of my work and to have positive and supportive collaborative relationships to continue down a path. I think grads are in the best position during graduate school to figure out what motivates them to put in the necessary effort to do their best work and feel good about it at the end of the day.

Hemal Shroff, Ph.D.—Clinical Psychologist

If you think that there is a remote chance that you might consider applying for licensure, I would strongly recommend saving your syllabi from your graduate coursework. At the risk of being diagnosed with Hoarding Disorder, I confess that I saved my syllabi for 14 years and did not regret it when I started the process in Ontario, which is the Canadian equivalent of California!

Robin Tan, Ph.D.—Healthcare Consultant

Don't be afraid to explore career opportunities that are outside the norm.

Troy Webber, Ph.D.--Post-doctoral Fellow

Whether you have decided on a career in research or clinical practice, I recommend staying active in research throughout graduate school, internship, and postdoc. From my experience, a solid background in research can go a long way to setting you apart from the competition and give you more options as you navigate the way to finding your ideal position in psychology.

Jennifer Irvin Vidrine, Ph.D.—Professor, Endowed Chair, and Director

Alumni Advice for succeeding in an academic medical setting: Try not to get discouraged if things don't go well at times. Failure is part of the process, and provides important learning opportunities. This is something that we all struggle with, and reaching out to colleagues and mentors for support and guidance can be incredibly helpful. Even though I graduated with my PhD 15 years ago, I still do this routinely. Good science will ultimately get funded, but it often requires persistence.

Successful Defenses!



Clockwise from Upper Left

Kelly Hyland's Masters Defense with Dr. Paul Jacobsen

Maureen Monahan's Dissertation Defense with Dr. Marc Karver

Ashley Nelson's Dissertation Defense with Dr. Margaret Booth-Jones and Dr. Paul Jacobsen

John Correa's Dissertation Defense with Dr. Tom Brandon

Brittany Jordan-Arthur's Dissertation Defense with Dr. Vicky Phares

Warm Welcome

For 17 years now, the USF Department of Psychology and the USF Psychology Student Diversity Committee have held a Giving Tree donation project, which is now in conjunction with the Florida Department of Children and Families–Refugee Services Program. Now known as Warm Welcome, this year we did something a little different. Because many refugees have to flee their homes at a moment’s notice, they often arrive at the Tampa airport with next to nothing. Thus, we were invited to create Warm Welcome baskets for refugee families arriving in our area.

With the generous support of the entire USF Psychology Department, we were able to fill 5 mother/baby baskets, 8 child baskets, and 8 teen baskets, for a total of 21 baskets overflowing with warmth and kindness. Our community partners were grateful and they assured us that these baskets would be delivered directly to the local refugee families who are in the greatest need.

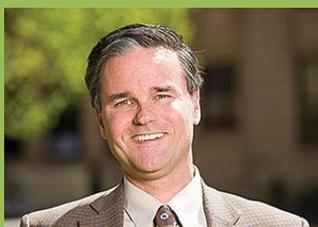
Thank you to all who have participated in the Giving Tree over all of these many years and thank you to those who took part in the Warm Welcome project this year!



Erica Ahlich, Kelly Hyland, Rose Miller, and Shae Krispinsky



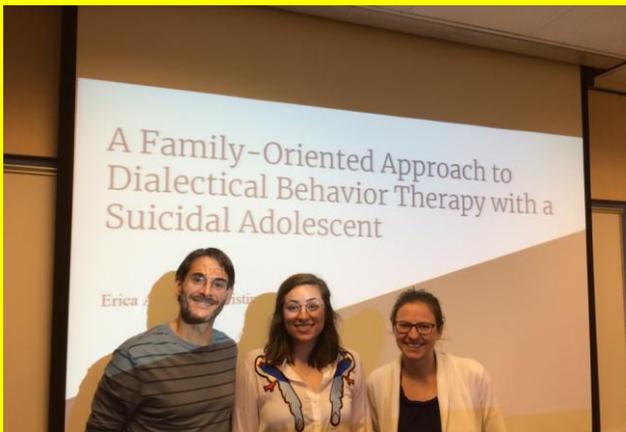
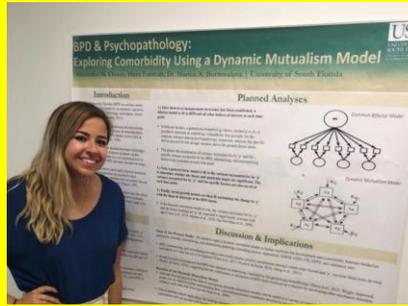
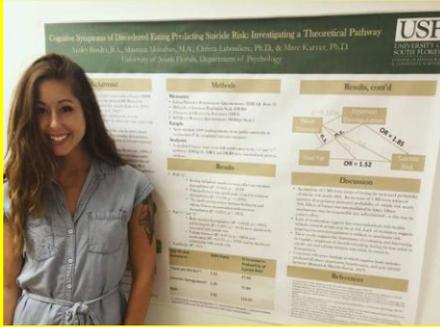
Warm Welcome Community Partners



Dr. Paul Atchley and Dr. Ruthann Atchley joined the CNS area in 2018. Paul is the USF Senior Associate Vice President and Dean of Undergraduate Studies and Ruthann is the USF Associate Vice President for Community Engagement.



Research Posters and Brownbag Presentations in PCD



Top Row:
(Then) First Year Poster Session

Middle Row: Alumni Return to Give Brownbag Talks
Dr. Lindsay Brauer (L)
Dr. Heather Belanger (R)

Lower Left: Brownbag talk by Christina Verzijl and Erica Ahlich from Dr. Marc Karver's (then) supervision group

Congratulations 2018/2019 Interns!



Left to Right: Kim O'Leary, Mel Bozzay, Ashley Nelson, Renee (Brown) Hangartner, and Pat Logan

2018/2019 Internship Placements:

Mel Bozzay - Lauren Alpert Medical School of Brown University Providence, RI
Renee (Brown) Hangartner - Bay Pines VA Healthcare System Bay Pines, FL
Pat Logan - University Alabama at Birmingham/BVAMC Consortium Birmingham, AL
Ashley Nelson - Harvard Medical School/Massachusetts General Hospital Boston, MA
Kim O'Leary - VA Central Texas Health Care System Temple, TX



The new USF Logo.
What do you think?

Congratulations Graduates!

We celebrated clinical graduates at all three graduation ceremonies this year (May, August, and December), but the annual celebration was held in the clinic on August 4, 2018. Congratulations to:



Leah Boepple, Ph.D.
Erica Coates, Ph.D.
John Correa, Ph.D.
Lex Cowden Hindash, Ph.D.
Brittany Jordan-Arthur, Ph.D.
Emily Kellogg, Ph.D.
Andrew Kiselica, Ph.D.
Troy Webber, Ph.D.



Top Row (L to R): Dr. Leah Boepple with Dr. Diana Rancourt, Dr. Erica Coates with Dr. Vicky Phares, and Dr. John Correa with Dr. Tom Brandon

Second Row (L to R): Dr. Lex Cowden Hindash with Dr. Jon Rottenberg, Dr. Brittany Jordan-Arthur with Dr. Vicky Phares, and Dr. Emily Kellogg with Dr. Cindy Cimino

Graduation Celebrations



Congratulations Graduates (Near and Far)!!

Congratulations to the 2018/2019 Post-Docs!

2018/2019 Post-Doc Placements:

Leah Boepple, Ph.D. Post-doctoral fellowship in Behavioral Health and Clinical Health Psychology at the Medical University of South Carolina in Charleston

John Correa, Ph.D. Post-doctoral fellowship in Addictions Treatment at the VA San Diego Healthcare System

Lex Cowden Hindash, Ph.D. Women's Health Research Fellowship at the San Francisco VA Medical Center

Brittany Jordan-Arthur, Ph.D. Post-doctoral fellowship in Pediatric Psychosocial Oncology at Dana Farber Cancer Institute and Harvard Medical School

Emily Kellogg, Ph.D. Post-doctoral fellowship in Neuropsychology at the Michael E. DeBakey VA Medical Center in Houston, Texas

Andrew Kiselica, Ph.D. Post-doctoral Neuropsychology fellowship at Baylor Scott and White Memorial Hospital

Troy Webber, Ph.D. Post-doctoral Fellowship in Clinical Neuropsychology in the Department of Psychiatry and Behavioral Sciences at the University of Texas Health Science Center at Houston McGovern Medical School/Houston VA

PSYJOBS

Are you looking for a post-doctoral position or a new job? If so, consider signing up for PSYJOBS. The listserv distributes job announcements to interested USF Psychology faculty, graduate students, and graduate alumni.

To subscribe: <http://listserv.admin.usf.edu/archives/psyjobs.html>
To post job listings: PSYJobs@listserv.admin.usf.edu

Connect with
us on LinkedIn:
USF
Department of
Psychology

1975

Robert Moverman, Ph.D.
bmoverman@gmail.com

Hello from Massachusetts, where our now-renowned towns of Lawrence, Andover and North Andover (my town) are struggling daily to deal with the long-lingering effects of the recent gas explosions and fires. The medical group I work for is in Lawrence but we only missed one day of work so that's good fortune. Meanwhile, I am now working exclusively at our outpatient office there and in nearby Lowell, seeing a mix of patients with chronic pain, disability, depression, cognitive complaints, anxiety, depression and more. Very fulfilling but not as gratifying as our new Mini Goldendoodle puppy (I got tired of waiting for grandkids!). Life is good and I can't believe I now have a Medicare card. Oy vey!

1976

Gary M Eisenberg, Ph.D.
gme43@aol.com

I left my successful practice in Boca Raton FL and moved with my wife and son to Denver. What a wonderful place! We love the people, mountains and lifestyle... And to boot I have a full practice in my specialty (assessing kids). Thanks to you all.

We're on Facebook!

Join our group now:

USF Grad Psych

1980

Richard Schulman, Ph.D.
dr.richardschulman@yahoo.com

I just returned from the Yucatan where I visited archeological ruins at Chichen-Itza and Ek Balam. I had an amazing, inspiring experience. My Dreamwalkers Band is in the midst of recording an album (I'm old enough to still call it an album) of my original songs. I'm still in private practice in Sarasota, Florida. [Photo below.]



1987

B. Christopher Frueh, Ph.D.
frueh@hawaii.edu

I continue to live on the Big Island of Hawaii with my wife of 31 years, where I am Professor of Psychology at the University of Hawaii, Hilo. I also serve as Executive Director of the Trauma and Resilience Center at the Department of Psychiatry, University of Texas Health Sciences Center, Houston. I regularly consult to the National Board of Medical Examiners and the special operations military community (Army, Navy), and I am aiming to publish my 9th crime novel in 2019 under the pen name "Christopher Bartley."

Richard L. Rickman, Ph.D., ABPP

rickmanr@michigan.gov

Continuing to work primarily as a forensic clinical psychologist, conducting competency & sanity evaluations as well as parenting evaluations for the family courts in southeast Michigan. Celebrated my daughter's graduation from college and move to Portland, Oregon and my son's junior year at CU Boulder. Will visit him in Thailand next semester during his semester abroad. Am planning to attend the American Psychology Law Society conference in Portland in March 2019, in case any alums will be there and want to meet up. [Photos below.]



1988

Leslie J. Heinberg, Ph.D.heinbel@ccf.org

@LeslieHeinberg

I have been selected to lead the new Enterprise Weight Management Center for the Cleveland Clinic. As the Enterprise Weight Management Center leader, I will be responsible for developing, planning, implementing and managing the enterprise weight management program for Cleveland Clinic Community Care and weight management patients in the Bariatric Medicine, Endocrinology, Obstetrics and Gynecology, and Heart and Vascular institutes.



1994

Marla (Green) Bartoi, Ph.D.marla.bartoi@gmail.com

I am currently a half-time Associate Professor (Clinical) at Wayne State University in Detroit. I am also the Associate Director of our training clinic. I have a small private practice as well. In my personal life, I continue to enjoy watching my 3 children (ages 9, 9, and 11) grow and thrive. Chris is still a practicing Radiologist.

Marc L. Steinberg, Ph.D.mlsphd@gmail.com

@MLSteinberg

I've been expanding my mentoring role lately and finding it extremely rewarding! While my main academic appointment is in the Psychiatry Department at Rutgers Robert Wood Johnson Medical School, I have an appointment on the graduate faculty of the Rutgers Clinical Psychology Ph.D. program where I get to mentor students in my lab. In September I also took on a new half-time role as Director of the Doctoral Psychology Internship program for Rutgers University Behavioral Health Care. Feel free to send me any superstar applicants for our Clinical Psych Ph.D. program who want to do research on tobacco use and dependence at Rutgers and all Clinical Psych students ready to apply for internship!

1997

Jennifer Irvin Vidrine, Ph.D.Jennifer-Vidrine@ouhsc.edu

I have been at the University of Oklahoma Health Sciences Center and the Stephenson Cancer Center for more than three years now. The Stephenson Cancer Center was awarded initial NCI Designation in May 2018, and it is wonderful to be a part of the team that helped to accomplish this major goal. I was also promoted to Professor with Tenure in 2018. I traveled to Cape Town South Africa in March 2018 for the World Conference on Tobacco or Health with my husband, Damon and 8 year-old son, Beckett. While in Cape Town, we met up with Tom Brandon, my major professor and mentor during my time at USF, for some tours and dinners. We had a great time!



Do you want to help coordinate a USF Clinical Alumni Reunion in Tampa in 2019?

If so, please contact:

Dr. Vanessa Panaite Vanessa.Panaite2@va.gov or

Dr. Heather Belanger HGail2002@yahoo.com

1999

Hemal Shroff, Ph.D.hemal.shroff@tiss.edu

I made the 'big' (read: incredibly stressful) move back to North America earlier this year. Am based in Toronto, dealing with the rigours of getting licensed and figuring out long term plans. I'm working part-time in the school system and part-time in private practice. On the upside. I really enjoyed fall this year and getting back in touch with friends in the US and Canada. My email is hemal.shroff@tiss.edu and I am also on facebook. Cheers!

2003

Idia B. Thurston, Ph.D.bthrstn@memphis.edu

Life remains great in Memphis, TN, where I just submitted my packet for tenure and promotion (fingers crossed!). Also excited to have received my first NIH R21 grant as PI along an incredible team of collaborators, the grant is focused on examining stress and resilience among metabolically healthy adolescents of size. My alumni message is one of persistence, thanksgiving, and lifting as you climb. I submitted this R21 grant at least 4 times prior to it getting funded. I tried to learn from each submission and enjoy the process not just the outcome. Also remember to thank the amazing people at each step of the way because it takes a village and give back by lifting others up as you climb. Relatedly, I love supporting USF alumni and current students so please feel free to reach out! Always happy to share samples of Loan Repayment Applications, Grants, whatever will help in your journey!!

2005

Erika Litvin Bloom, Ph.D.erika.litvin@gmail.com**Michael S. Boroughs, Ph.D.**michael.boroughs@uwindsor.ca

I continue as a tenure-track assistant professor at the University of Windsor in Canada. My lab is growing and I advise three doctoral students and two undergrads doing amazing work in the areas of bullying intervention development, Body Dysmorphic Disorder and social media, and healthcare utilization among sexual and gender identity minorities. We're beginning a lab collaboration project where we will conduct focus groups to collect data on physical appearance related bullying with plans to begin quantitative data collection in the Spring. I teach cognitive-behavioural therapy and enjoy supervising students in our training clinic.

Hope is being able
to see that there is
light despite all
of the darkness.

--Desmond Tutu

2006

Yasmin Asvat, Ph.D.yasvat@gmail.com

Also on LinkedIn and Facebook
This past July 2017 I started a new position as Assistant Professor in the Department of Psychiatry & Behavioral Neuroscience at the University of Chicago Medicine. I trained here for internship and I am thrilled to return as faculty. My role is primarily clinical and teaching oriented, as part of the Psycho-oncology Program. However, my colleague Dr. Andrea King and I were awarded a NCI supplement grant to develop a tobacco cessation program at our cancer center, and I was recently able to "buy out" a portion of my time for research. So for the time being, I seem to have an ideal balance in clinical, research, and teaching - and now I understand why it's difficult to engage in all three roles at once! On a personal note, 2 days after returning to Chicago I met an awesome human, and we got married this year over Thanksgiving weekend. Several USF friends came all the way to Panama for my wedding, and I couldn't have been happier to welcome them to my home and share the festivities with them!



2009

Natasha Burke, Ph.D.nburke12@fordham.edu[@DrNatashaBurke](#)

Also on LinkedIn

This September, I started a tenure-track assistant professor position in the Psychology Department at Fordham University in New York. My interests in pediatric weight and eating allow me to fit nicely in both the Health and Child & Adolescent concentrations. I'm loving being close to family and long-time friends again!

Alessandro "Alex" De Nadai, Ph.D.adenadai@txstate.edu

June and I are doing well in the Austin suburb of San Marcos, TX, where I am working at Texas State University. Don't hesitate to reach out if you are in the Austin or San Antonio areas!

Michelle Kovacs, Ph.D.michelle.kovacs@va.govmichellekovacs8@gmail.com

I am currently a staff psychologist in Behavioral Medicine at the VA Boston Healthcare System. I'm currently heavily involved with program development within Behavioral Medicine, and serve as a supervisor for trainees completing a Behavioral Medicine rotation (e.g. practicum students, interns and postdoctoral fellows). Please feel free to reach out, I would be delighted to hear from you!

Vanessa Panaite, Ph.D.Vanessa.Panaite2@va.gov

I am in the midst of my third and final year of my research fellowship. This has been a professionally productive year for me with the successful submission of a career development award and a pilot grant, along with continued work with mentors and collaborators. As far as USF is concerned, I am beyond appreciative of continued support from my mentor, Jon Rottenberg, and his grad students. Special shout out to his graduate student, Andrew Devendorf, who has been a positive force and has provided instrumental support in my work over this past year.

2010

Brittany (Speisman) Kugler, Ph.D.drbrittanykugler@gmail.combrittanykuglerpsychology.com

Hi all- I opened a private practice in Westchester, NY where I specialize in CBT for anxiety disorders, OCD and related disorders. Our twins are 2.5 and are the lights of our lives.

**Robin Tan, Ph.D.**scharm0119@gmail.com

I recently began a new job as a healthcare consultant for Xcenda, which is where I did a placement during my last year of grad school. It is a remote position, so I am still living in beautiful, sunny San Diego and loving it!

2012

Andrew Kiselica, Ph.D.andrew.kiselica@bswhealth.org

I'm in the first year of my 2-year clinical neuropsychology fellowship at Baylor Scott and White.

Troy Webber, Ph.D.troy.webber@va.gov

I recently completed my internship at the South Texas VA and have started a 2-year neuropsychology residency at the Houston VA. I also recently got engaged to CNS graduate Heather Soder, and can't be more thankful that we met during graduate school at USF!

Monica Wu, Ph.D.monicawu@mail.usf.edu

I am currently on the second year of my T32 postdoctoral fellowship at the UCLA Semel Institute for Neuroscience and Human Behavior. Earlier this year, after spending two weeks in Italy and France for our delayed honeymoon, I think I've eaten enough pasta and gelato to feed a family for a few weeks (no regrets)! :)

Clinical Alumni and Former Faculty Visit USF, Tampa, and Orlando



Top Row (L): Dr. Lauren Schaefer, Dr. Lindsay Brauer, Dr. Vanessa Panaite, and Dr. Natasha Burke present to current graduate students

Top Row (R): Dr. Tony Stone tours the clinic with Dr. Jack Darkes

Middle Row: Dr. Casey Calhoun visits Tampa and Dr. Britt (Speisman) Kugler visits Orlando

Lower Left: Former faculty member and supervisor, Dr. Trevor Stokes, visits Tampa

We held the 6th Annual USF Psychology Expo on October 19 (the Friday of Homecoming weekend) and it was a tremendous success. The event was very well attended, with over 300 students, faculty, alumni, and community partners involved and attending (including a joyous group of high school students). The event gives us an opportunity to celebrate the USF Psychology Department, including our research and applied missions as well as our terrific community efforts.

We plan to hold the 7th Annual USF Psychology Expo on the Friday of Homecoming weekend in the Fall of 2019 (which has yet to be announced). The event is free and there are free CEUs—so keep your eyes open for the announcement.

6th Annual USF Psychology Expo



Are you interested in a USF undergraduate psychology intern?

Since 2016, we have offered undergraduate psychology students the opportunity to complete internships in the community. Over 500 students have completed undergraduate internships and these internships often help students gain employment in the mental health field with their B.A. in Psychology or gain admission to graduate school. Students volunteer for 8 hours/week and also enroll in one of two classes (Community Practicum in Mental Health or Community Internship).

If you are interested in having an undergraduate psychology student intern help you, please contact Vicky: phares@usf.edu

Dr. Emanuel 'Manny' Donchin
April 3, 1935 - October 10, 2018

Rest in Peace



**Mentoring Faculty
Contact Info**

Marina Bornovalova, Ph.D.
bornovalova@usf.edu

Tom Brandon, Ph.D.
Thomas.Brandon@moffitt.org

Jack Darkes, Ph.D.
darkes@usf.edu

David Drobos, Ph.D.
David.Drobos@moffitt.org

Mark Goldman, Ph.D.
mgoldman@usf.edu

Paul Jacobsen, Ph.D.
jacobsen.phd@gmail.com

Marc Karver, Ph.D.
mkarver@usf.edu

Vicky Phares, Ph.D.
phares@usf.edu

Diana Rancourt, Ph.D.
drancourt@usf.edu

Jon Rottenberg, Ph.D.
rottenberg@usf.edu

Rob Schlauch, Ph.D.
rschlauch@usf.edu

Edelyn Verona, Ph.D.
everona@usf.edu

**Other Faculty, Supervisors, and Clinic Staff:
Near and Far, Past and Present**

Margaret Booth-Jones, Ph.D.
Margaret.Booth-Jones@moffitt.org

Karen Brandon, Ph.D.
kbrandon@usf.edu

Cindy Cimino, Ph.D.
cimino@usf.edu

Diane Dwyer
dwyersquared@hotmail.com

James Epps, Ph.D.
jepps@usf.edu

Monica Epstein, Ph.D.
mepstein@usf.edu

Rose Ford
rford62@yahoo.com

Ellis Gesten, Ph.D. (Emeritus)
gestenellis@gmail.com

Maria dePerczel Goodwin, Ph.D.
mgood1@verizon.net

Evelyn Hernandez-Gonzalez, Ph.D.
drevey@aol.com

Katurah Jenkins-Hall, Ph.D.
docjenkhall@aol.com

Bill Kinder, Ph.D. (Emeritus)
bkinder@usf.edu

Kenya King, Ph.D.
drking@ayapsychwellness.com

Brook McClintic Griese, Ph.D.
brook@judishouse.org

Bill Sacco, Ph.D. (Emeritus)
sacco@usf.edu

Steffanie Sperry Sciandra, Ph.D.
slwilso5@mail.usf.edu

Holly Steele, Ph.D.
hvsteele43@aol.com

Trevor Stokes, Ph.D.
Stokestf@jmu.edu

Eric Storch, Ph.D.
eric.storch@bcm.edu

Kevin Thompson, Ph.D.
jkthompson@usf.edu

Lora (Azzarello) Thompson, Ph.D.
Lora.Thompson@moffitt.org

Tatyana Truax
ttruax@usf.edu

Kristi Weiner, Ph.D.
kweinerphd@verizon.net



Clinical Faculty

Standing (Left to Right):
Dr. Edelyn Verona,
Dr. Diana Rancourt, Dr. Jon
Rottenberg, Dr. Rob Schlauch,
Dr. Mark Goldman

Seated (Left to Right): Dr. Marina
Bornovalova, Dr. Tom Brandon,
Dr. Marc Karver

Clinical Alumni Award for Citizenship

Congratulations to Ena Begovic for winning the 2018 USF Clinical Alumni Award for Citizenship. For many years, Ena has helped with nearly every aspect of our program, but she is especially known as our resident photographer. Congratulations Ena!

And now a quick history about the award. In 2004, a group of USF clinical alumni helped to establish the USF Clinical Alumni Award for Citizenship. The award helps to celebrate graduate students who have shown superior "citizenship" behaviors during the previous year (e.g., going above and beyond the call of duty to help benefit others in the program).

Each year, nominations are solicited from clinical faculty, supervisors, staff, and students, and then the clinical faculty select the winner. The winning recipient receives a \$100 honorarium and our everlasting gratitude. Ena joins the list of awesome clinical alumni and current students who improved the program and who were honored with the USF Clinical Alumni Award for Citizenship:

2005: Demy Kamboukos and Elena Lopez

2006: Qutayba "Q" Abdullatif

2007: Susan Himes

2008: London Butterfield, Ty Brumback, and John Ray

2009: Lindsay Brauer

2010: Christa Labouliere and Ariz Rojas

2011: Jason Chen

2012: Yasmin Asvat and Kristi White

2013: John Correa

2014: Renee Brown, Natasha Burke, Brittany (Speisman) Kugler, and Danni Ung

2015: Brittany Jordan-Arthur, Megan McMurray, and Michelle Kovacs

2016: Robin Tan and Emily Choquette

2017: Alex De Nadai and Maureen Monahan

2018: Ena Begovic



Congratulations Ena! And thank you to all of you—near and far—who have gone above and beyond the call of duty to make the program (and the world!) a better place. We are so very grateful.

I've learned that people will forget
what you said, people will forget
what you did, but people will never
forget how you made them feel.

—Maya Angelou



USF Clinical Alumni Gather Around the World



Clockwise From Upper Left:
USF—San Diego
USF—Austin
USF—Houston
USF—NYC
USF—NYC*
USF—Panama*



*Congratulations on the bridal shower in NYC and the wedding in Panama Dr. Yasmin Asvat!!

Real Life on the Big Screen—Vicky Phares, Ph.D.

For anyone who still goes out to movie theatres (or just waits for films to appear on Netflix), then you'll know that this year has had some extraordinary offerings of documentaries and films based on memoirs and autobiographies ("docudramas" according to our friends at Wikipedia). Here are a few that are worth considering.

Documentaries

RBG—Whether you voted red or blue or some other variation, I think that you will enjoy seeing this well-crafted documentary on an incredible powerhouse of a woman. Ruth Bader Ginsburg is quite the role model for the young women in our lives.

Three Identical Strangers—Fascinating documentary on three men who meet when they are young adults. I won't mention the big spoiler alert but I will say that it's worth a look. The film's alleged conclusions regarding behavioral genetics have much to be desired, but it's really a well-crafted and fascinating tale that leaves lots of room for discussions of professional ethics (or lack thereof).

Whitney—Inside look at the meteoric rise and slow, sad demise of Whitney Houston. Lots of original material highlighting the impact of alcohol, drugs, and family issues on an extraordinary talent.

Won't You Be My Neighbor?—Great original footage of Fred Rogers, who was an educational and sociocultural leader before his time. I didn't watch the original show much when growing up (we were more of a network family--back when there were 3 networks--rather than a PBS family), but Mr. Rogers' impact has been far and wide and long-standing.

Docudramas

Beautiful Boy—Based on David Sheff's memoir of the same name and his son's memoir called "Tweak," this film shows the complications of substance use and abuse within the family. Steve Carell (*Dan in Real Life*, *Foxcatcher*) is superb as David Sheff and Timothee Chalamet (*Call Me by Your Name*, *Lady Bird*) shows again that he is one of the finest actors of his generation through his portrayal of Nic Sheff. Stay for entire end credits and also consider reading the actual books—they are powerful.

Bohemian Rhapsody—Although not based on a specific non-fiction book, this film illustrates the glorious cultural phenomenon known as Queen. I saw Queen live in concert 4 times and was (well, still am) completely in love with Freddie Mercury. Superb acting by Rami Malek (*Mr. Robot*), slightly uneven plot as films go, but what I really loved was that the filmmakers used Freddie's actual vocal recordings for most of the songs. By the end of the movie, I ended up feeling really sad for the loss of such an incredible artist. And then I went home and listened to all of the original Queen albums on vinyl. Happy again.

Boy Erased—Based on his memoir of the same name, this film illustrates the complicated family dynamics that led to Garrard Conley's involvement in so-called conversion therapy and the resulting damage caused by this unethical treatment. Well-directed by Joel Edgerton (*Loving*), who also co-wrote the screenplay with Conley and who plays a pivotal character in the film.

Can You Ever Forgive Me?—Based on her memoir of the same name, this film highlights the quirky life of Lee Israel—a nonfiction writer who turned to forging letters by famous authors to make ends meet. Brilliant acting by Melissa McCarthy (*Life of the Party*), highlighting again that she is a national treasure.



Enjoy the popcorn!

News From the Newsletter Editor—Vicky Phares, Ph.D.

Thank you to everyone who helped finalize the Phares Family Fund for Clinical Psychology. The fund is now endowed and it will live-on long after my Birkenstocks roam this earth. Thank you!! I am really grateful to all of the clinical alumni who have enriched our lives—both professionally and personally. Keep up the great work and as always, I wish you peace. – Vicky



Giving Back

We know that there are many worthy causes around the world and we hope that you will consider giving back to the USF Clinical Psychology Doctoral Training Program when you are able to do so. You can make a tax-deductible donation at the following link:

<https://usffdn.usf.edu/apps/?fund=421210&a=DEPT>

Or you can send a check made out to the **USF Foundation** to:
Vicky Phares, Ph.D.
University of South Florida
Department of Psychology
4202 E. Fowler Avenue, PCD 4118G
Tampa, FL 33620



Even small amounts help, but if you wish to create a named endowed fund that will live in perpetuity or if you wish to consider planned giving (i.e., listing the clinical program in your will), please contact Ms. Kelly Addington, Senior Director of Development for the USF College of Arts and Sciences:
kaddington@usf.edu 813-974-5764

Thank you to everyone who has been part of this program and thank you for all that you are doing to help improve the field and the world. You do us proud.