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Direct from the DCT

Greetings to alumni, friends, and colleagues! I bring you excellent tidings. We just got word from the Commission on Accreditation that the USF Clinical Program received **10 years of full re-accreditation by APA**. That means I don't have to write another self-study in a long time, yay! Seriously, it is highly gratifying that outside evaluators recognize the high level training of the program. It is not surprising, but nonetheless gratifying. I want to thank each and every one of you for contributing to the success of the program.

Indeed, it is the investment of its faculty and the superlative performance of program students and alum that helped us reach this outcome. We recently conducted a State of the Program meeting, where we had the opportunity to reflect on these strengths and points of improvement of the program. I would like to review some of the superlatives for you (I am a numbers person, so bare with me). The Psychology department has received \$10.7 million of grant monies since 2011, with 70% of that awarded to clinical faculty. Most of our clinical faculty serve (or have recently served) as Editors of major journals in the field, and currently 3 are APA fellows and 2 APS fellows. Doctoral students in the program graduate with an average of 6 publications and 10 conference presentations and acquire top-level internships. Our alum have also achieved the success expected from our training. The following initial job placements (e.g., post-docs) of our alum are representative of our clinical science values and goals involving integration of science and practice: 80% post-doc fellows (73% have at least part time research component), 11% academic positions, 5% staff psychologists, and 5% other (e.g., nonprofit). Current jobs of alum (past post-doc) include 52% academic positions (psychiatry or psychology departments), 38% staff psychologists (many in VAs), and other positions (administrative, independent practice). In the last two years alone, 85% published their research, 72% directed their own research projects, 50% wrote grants, and over 70% supervise others in research and/or clinical work. Not too shabby!

We have also continued the tradition of opening up dialogue between students and faculty regarding our values and reconciling differing perspectives. I have experienced a supportive environment and kindness, even when discussing disagreements. Despite the various changes that have occurred in the program, inevitable sometimes when there are faculty retirements and new hires, we have tried to maintain the same open and friendly atmosphere for which the program is known.

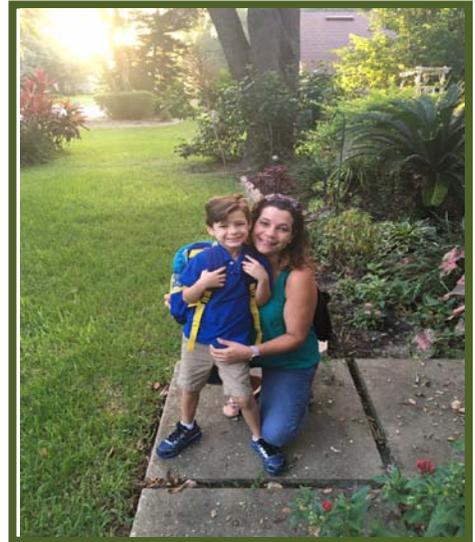
Continued...

Direct from the DCT, Continued

On a more personal note, my family experienced a change of our own. My little boy, Hector, started kindergarten in August. I handled it like a pro (i.e., cried, bit my nails, prepped his uniform two days before, and sucked up to his teacher). I am happy to say that he has done well with the transition and seems to really enjoy the new learning experiences.

Speaking of learning experiences, tell us about you! Reach out and update us, so we can include the information in our next newsletter.

Regards,
Edelyn



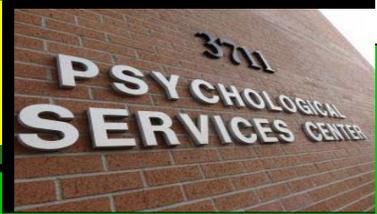
Dr. Edelyn Verona and son, Hector, on his first day of Kindergarten

Clinical Students at Winter Holiday Celebration



Updates From the Clinic

By Jack Darkes, Ph.D., Clinic Director;
USF Psychological Services Center and USF Alum



So we are at the end of our Fall semester. Why is it that parking has not gotten any easier!

With the way our term started and year started – thanks to Hurricane Irma – getting caught up and staying that way has been a chore. The great thing about the PSC is that we have outstanding students and tremendous Clinic staff who are so critical to our daily operations. Our two Assistant Directors this year are Maureen Monahan and Ashley Nelson (Who we welcomed aboard in the Summer and Fall, respectively) and, of course, Ms. Tatyana Truax continues to anchor our staff. As the 2017-18 Academic Year began, we bid farewell to Renee Hangartner and thanked her for her energetic dedication as Clinic Assistant over the past year. I suspect and hope we will continue to see her around the clinic. We also said farewell to Amanda Palmer as Clinic Extern and welcomed Emily Choquette into that role. (Emily is also working with me on a grant project with veterans). The PSC could not function without the dedicated work of our Clinic staff and students – all of our students!

As the Fall 2017 term began we also welcomed our new group of clinicians (our second-year students) into the clinic. Glad to have all of you here and look forward to another great year! Your work is much appreciated and I hope you will let us know if there is anything we can do to help you with your training needs.

We spent quite a bit of time this summer doing achievement and psychosocial screenings of incoming student athletes – this process continues into the Fall and is another task we could not accomplish if not for the enthusiastic participation of our students. Our ongoing relationship with the USF Athletics Department has grown this year. We also renewed our contract for psychoeducational assessments with Pasco-Hernando State College. Both of these arrangements have become major referral sources and have certainly kept us busy.

We held a Clinic Tea during the Spring term to brief our clinicians on using the new PSC Database, where intake assessment and termination data, along with measures of therapy process and involvement, are being entered. This will help us continue to evaluate our work and tweak things where necessary. We will be polling our students soon to see what kind of topic they would like to cover for our next Clinic Tea. I hope we can get this process up and running on a regular basis, addressing clinical skills and issues that our students want to know more about.

This year's celebration of Clinical Program graduates was held in the clinic. It was great to see everyone, meet their families and loved ones, and celebrate their moving on to the next step in their careers. As Clinic Director I am fortunate to get to work so closely with everyone over their time here. As I often note, graduate school is unique in several ways, and perhaps the most unique element is that the ultimate goal of coming here is to leave. Bittersweet for all of us to say the least. I will leave further descriptions of the festivities to Vicky, who I am sure will report about them elsewhere in the newsletter.

Continued....

Updates From the Clinic--Continued

The clinic remains incredibly busy, creating as many interesting and challenging training opportunities as we can. Our waiting lists for assessment services are almost always long. We continue to offer a broad range of services, from child to general adult issues, as well as eating disorder/body image-related, trauma-related and substance-related specialty services. Our Dialectical Behavior Therapy (DBT) group, supervised by Dr. Verona, which provides both group and individual DBT, remains busy as well.

The successful accomplishment of our training mission requires a team effort, with students, staff, faculty, and alumni all working together to make the program and clinic successful. If any of our friends from years past are ever in the neighborhood, please let us know and do stop by. Would love to show you around and catch up!

A happy and successful new year to all!



Clockwise from Upper Left:
Clinic Assistant Director Meeting
Clinic Bullpen Candy Dish
Jack's "Happy Place" in North Carolina

Scenes From Around the Clinic



Clockwise from Upper Left:

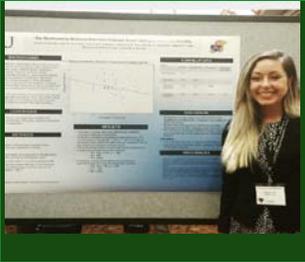
**Alumna Dr. Monica Epstein's Supervision Group
Preparing for Supervision (Spring, 2017)
Summer Assessment Fun
Clinical Child Supervision Group**

Interested in Free CEUs and Free Knowledge?

Come join us on Fridays from noon-1:00 in PCD 1134 for our clinical brown bag series. Free CEUs and free knowledge—pretty darn good! You can find the schedule of events at <http://psychology.usf.edu/events.aspx>



Introducing the Baby Bulls (Entry Year of 2017)

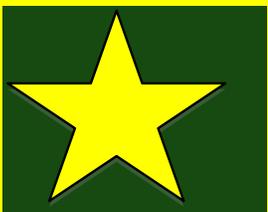


My name is **Ansley Bender** and I'm a first-year clinical student at USF. I'm originally from Salina, KS, although I spent the past four years in Lawrence, KS, attending the University of Kansas for my undergrad. My advisor is Dr. Marc Karver and I'll be researching suicide prevention and intervention, as well as therapeutic processes. I'm particularly interested in interventions aimed at college student and emerging adult populations. In my free time, I enjoy reading, hiking, baking, and going to the beach. My biggest goal in life is to adopt a golden retriever.

Hi! My name is **Allie Choate**, and I'm originally from Chicago, Illinois. I completed my BA in psychology at the University of Missouri in 2017, where I worked in a research lab focusing on borderline personality disorder and substance use using ecological momentary assessment. I am working under the mentorship of Dr. Marina Bornovalova, and am interested in the comorbidity of BPD and other externalizing disorders and behaviors (particularly ASPD and SUD), especially within forensic populations. Additionally, I am also interested in the neurobiological implications involved in emotion dysregulation, self-harm, aggression, and impulsive suicide. In my free time, I enjoy exploring Tampa and sending my Dad photos of the beautiful weather here in Florida while he suffers up north.



Hi! My name is **Andrew Devendorf**, and I am working with Dr. Jonathan Rottenberg in the Mood and Emotion Lab. I completed my BA in Psychology at DePaul University, located in Chicago, where I studied chronic illness, cognition and emotion, and self-regulation in a variety of research labs. While taking a gap year between graduate school, I worked as a Registered Behavior Technician, doing Applied Behavior Analysis for children with Autism. With Dr. Rottenberg, I hope to better understand the mechanisms of emotion regulation in depression. I am also interested in an understudied group – people who are high functioning after depression. Outside of school, I enjoy playing guitar and bass, reading fiction (e.g., Kafka), and watching the baby ducks on campus.



**First Year Welcoming Party
(Hosted by Second Years)**



**Welcome First –Years
(aka “Baby Bulls”!!!)**



Scenes From Around the PCD Building



Clockwise From Upper Left

Erica Coates' Defense

Leah Boepple's Defense
(right before Hurricane Irma!)

Alex De Nadai's Defense

Winter Holiday Celebration

Brainstorming Research Ideas

Congratulations to Dr.
Rosie Phillips Bingham--
2019 APA President
(with colleague and our
alumna, Dr. Idia Thurston)



Giving Tree: Warm Welcome Winter Clothing Drive for Refugee Youth

For the 16th year in a row, the USF Department of Psychology and the USF Psychology Student Diversity Committee held a Giving Tree donation project in conjunction with the Florida Department of Children and Families–Refugee Services Program. Now known as the Warm Welcome Winter Clothing Drive for Refugee Youth, this donation project collected donations of coats, jackets, hoodies, and hats from infant to teen sizes. And we also collected gift cards so that adolescents could select their own warm attire.

With many thanks to Bryan Benitez (center, below) and the entire USF Psychology Student Diversity Committee—the project was a huge success! Hopefully, the refugee youth in the Tampa Bay area will feel a bit more of a warm welcome this winter

Thank you to all who have participated in the Giving Tree over all of these many years and thank you to those who took part this year!



Recent Awards and Kudos

Program-Wide Awards and Kudos

The clinical psychology program successfully completed a self-study and site visit from the American Psychological Association as part of our reaccreditation process and we received the maximum approval of a full 10-years of reaccreditation!

Current Clinical Student and Recent Alumni Awards and Kudos

Erica Ahlich and **Amy Hoffmann** were awarded the Clinical Psychology Graduate Student Fellowships.

Erica Ahlich, Emily Choquette, Brittany Lang, and Christina Verzijl all received USF International Travel Grants from the Office of Graduate Studies.

Ena Begovic, Troy Webber, and Dr. Monica Wu received the Richard LaBarba Memorial Scholarship, which honors current graduate students who have excelled in work on developmental psychopathology or developmental psychology.

Ansley Bender received a Graduate Student Success Fellowship and a scholarship from the Dr. and Mrs. Charles Spielberger Endowed Fund in Psychology.

Leah Boepple and **Dr. Kevin Thompson's** paper, "A content analytic comparison of fitspiration and thinspiration websites," was one of the top 5 most downloaded papers of 2016 published in the International Journal of Eating Disorders. Leah was also awarded the Stefanie and Adele Gilbert Award for Research on Women.

Melanie "Mel" Bozzay was selected as a recipient of the 2016-17 Psi Chi Spring Graduate Research Grant for \$1500 to conduct her dissertation. She was also the recipient of a 2017 American Psychological Association Dissertation Research Award in the amount of \$1,000. Mel was also awarded the highly competitive Sigma Xi Research grant award of \$990 to support her dissertation research.

Renee Brown Hangartner and **Maureen Monahan** won the Military Suicide Research Consortium American Association of Suicidology Research Training Day Travel Awards.

Dr. Alex De Nadai was awarded the David H. Barlow Grand Rounds Speakership when he was on internship at the University of Mississippi.

Dan Faraci received the Dr. Miles and Patricia Hardy Memorial Scholarship.

Becky Gius, Emily Noyes, Dan Faraci, and Bryan Benitez received Research Society on Alcoholism Student Merit Awards, which provided funds to attend the Research Society on Alcoholism annual meeting.

Claire Gorey received an NSF Travel Award to the Society for Social Neuroscience conference, APA Division 53 Student Achievement Award, and an international Fulbright Award for one year to study drug use in the Netherlands (\$20,000 award).

Recent Awards and Kudos, Continued

Andrew Kiselica was an author on a gold medal winning poster at the Academy of Managed Care Pharmacy Annual Meeting this year.

Brittany Lang was awarded a \$1000 APA/APGAS Psychological Science Research Grant.

Julia McDonald received the USF Conference Presentation Grant for \$500.

Sean McKinley received the Student Government Conference Travel Award to attend the American Psychology and Law Society meeting in Seattle and an International Travel Grant from the Office of Graduate Studies to attend the Society for the Scientific Study of Psychopathy conference in Antwerp, Belgium. He also was awarded a grant for his research with low income youth by the Society for the Psychological Study of Social Issues in the amount of \$2,500. Sean also received the Stephen and Phillip Deibler Memorial Scholarship.

Dr. Lauren Schaefer was awarded the Academy for Eating Disorders travel scholarship for the 2017 conference in Prague, Czech Republic.

Clinical Faculty Accomplishments

Dr. Tom Brandon received the American Society of Preventive Oncology Joseph W. Cullen Memorial Award for his work in tobacco research. The award recognizes distinguished contributions in national tobacco control efforts and honors individuals whose leadership is exemplified by a commitment to collaborations among behavioral and basic scientists and practitioners. Tom will receive the award at the March meeting in New York City.

Dr. Marc Karver was awarded a new SAMHSA grant for \$1.4 million for 3 years. The project is entitled "The Florida Implementation of the National Strategy for Suicide Prevention Project." Marc is the Co-PI and Dr. Kim Gryglewicz, his former postdoctoral fellow, now an Assistant Professor at the University of Central Florida, is the PI.

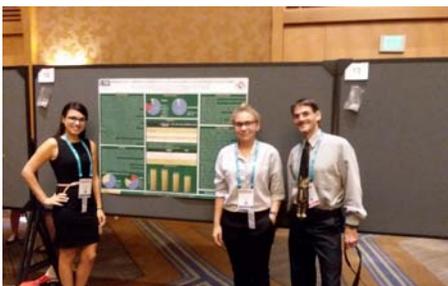
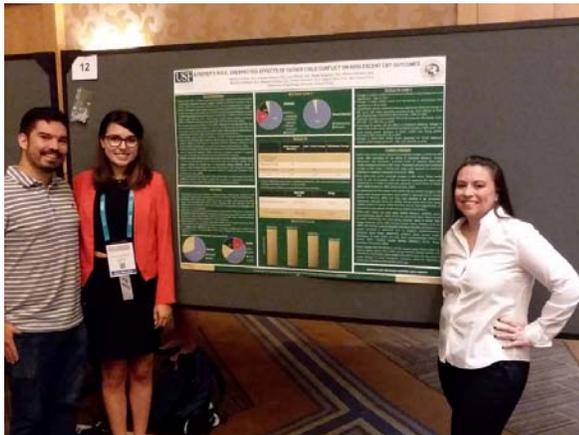
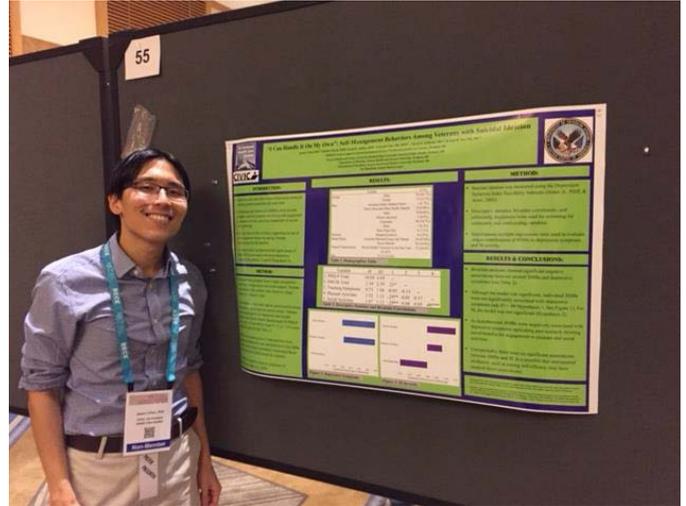
Dr. Diana Rancourt was a recipient of the Pediatric Research/Innovative Statistical Methodology (PRISM) Special Interest Group Exemplary Methods/Statistics Award for her poster at the Society for Pediatric Psychology Annual Conference.

Dr. Rob Schlauch received the 2017 Distinguished Scientific Early Career Contribution Award from the APA Division 50 (Society of Addiction Psychology).

Dr. Eric Storch was recruited by the Baylor College of Medicine, Menninger Department of Psychiatry and Behavioral Sciences for the prestigious McIngvale Presidential Endowed Chair position. He will also serve as a tenured Professor and Vice Chair of Psychology. As our chair, Dr. Toru Shimizu, said "[Dr. Storch] has been an excellent colleague and friend of the department for many years. His support and contributions to our clinical research and training program have been invaluable. While it is so sad for us to see him leave, the new position at Baylor will provide a great opportunity for him."

Congratulations Everyone!

Students, Faculty, and Alumni Connect at Research Conferences



Association for Behavioral and Cognitive Therapies

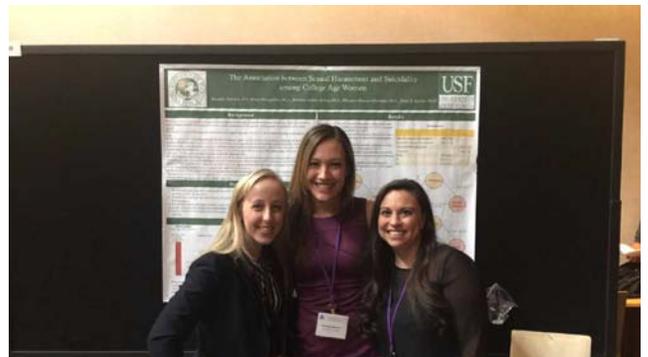
**Students, Faculty, and Alumni Connect
at Research Conferences**



Obesity Society Conference



American Association of Suicidology



International OCD Foundation

Advice from Alumni to Graduate Students

Madeline Altabe, Ph.D.

I think I would say it's important to think ahead. Students are presented with many opportunities and presses to grow in one way or another. Psychology is vast and it's important to think about what piece is what you want to bite off that fits with who you are and what you want your life to be.

Yasmin Asvat, Ph.D.

For everyone, but especially for women who are on the job market for the first time (women are statistically less likely to do this) - negotiate! Don't accept the first offer that is presented to you. Seek out advice from your peers on how to negotiate assertively and strategically. Ask trusted peers to share information on their salaries or seek out published data on salaries for psychologists. Consider negotiating for "non-salary" benefits such as leave time, start-up funds, travel funds. When you negotiate for yourself, you are negotiating for all women, and for all psychologists, everywhere.

Marlene R. Bloom, Ph.D.

The most important thing I have learned in my career is that it matters where you work. You can do good clinical work in many settings, but your personal quality of life is greatly enhanced if you are lucky enough to find a setting that is supportive, enriching, and filled with people who share your sense of mission.

Brian Gonzalez, Ph.D.

I suggest students plan backwards. What kind of job do you want? What will you need to add to your CV in order to be competitive? How long will it take to add that to your CV? Where will you get it? Once you know what you need, sketch out a timeline of what needs to happen, and when, in order for you to accomplish your goal. This can be applied to anything, really. But I find it helpful to apply this to major deadlines, even if they're years away. This is especially the case when some steps are conditional upon previous steps. For example, when writing a K award application you can't ask for a letter of recommendation before you finalize your training goals and aims because the letter-writer will need to refer to those. Planning out the timeline ahead of time can help avoid a rush as you approach the deadline.

Vanessa Panaite, Ph.D.

Some advice I have for grad students currently in the program: 1) pay attention to your natural talents (you're probably better at some things than others or perhaps some things don't take as much effort). I think it's important to nurture those and try to find novel ways to integrate them in your daily work across the board to simplify your life. 2) enroll your mentor and allow his/her full support to strengthen a weakness that may be staying in the way of approaching goals that are important to you. 3) respect your colleagues and seek collaborations both with colleagues at your own level but also don't be shy to approach either alumni or elite researchers in your own area of study. There are three things I have learned (or finally sunk in) during my internship and first year of postdoc: everyone is busy (really busy!), everyone is looking for hardworking and trusted collaborators for some project way on the backburner that no one else but you is interested in doing, and most people will take you up on offers to help write/analyze data – they're both time consuming.

Advice from Alumni to Graduate Students, Continued

Ariz Rojas, Ph.D.

When seeking postdoctoral positions in clinical psychology, be it research or clinical, don't be afraid to contact faculty directly. Not only are you showing your interest in their work, but you are displaying your initiative and resourcefulness to find positions that match your interests. Formalized postdoc positions put out announcements, but many positions are filled by word-of-mouth or by individuals expressing interest!

Michelle (Edington) Ryng, Ph.D.

Advice? Love what you do so it doesn't feel so much like work!

Idia (Binitie) Thurston, Ph.D.

I have two main kernels of advice for current graduate students. First, take advantage of every opportunity possible in grad school even if you think it may not benefit your "planned" career. You never know where your career might eventually take you (many times it is places you never imagined – I am a living example of this!) and it is super helpful to be well-rounded (i.e., taking advantage of clinical AND research opportunities). Second, for those thinking of academic careers, remember these three Ps – Practice (submit [everything and anything] a lot), Prepare (participate in the multitude of free grant writing and training opportunities - there is ALWAYS something new to learn), and Persevere (don't give up, take rejection as an opportunity to improve your output and send it right back out again). Enjoy the journey!!!

Jennifer (Irvin) Vidrine, Ph.D.

Academic life comes with more failure than success experiences, and it happens to all of us (even leaders in the field who you most respect and admire). It's important to recognize that failure is just a part of the process, and to not let it slow you down or discourage you.

From a Full-Time Clinical Assessor

I'm no guru but I've generally found that I've been helpful to people because I'm good at math. It's an increasingly STEM world and the more that students embrace data the more opportunities they'll have in whatever niche they choose. There's never been a better time to combine good values with good p values.

From an Assistant Professor

After you match for internship, take a hard-earned rest. Then, take some time before internship to start preparing your job materials - there is often a bit to learn about different job types on the market, and between moving and starting internship, you might have much less time than you anticipate to create a really polished application. By comparison, you are likely to have more time in March-April-May before internship. When looking for research-focused postdoc positions, consider T32 postdocs very carefully, as they can have very favorable terms (a list of all current T32s can be obtained from the NIH RePORTER website).

When applying for jobs, it is often good to line up as many opportunities as you can, even if you have one reasonable offer available at your internship; the worst thing that can happen is that you will get offers at all of them and can use the multiple offers to negotiate an increase in salary, vacation time, travel and training funds, etc. Apply broadly, and don't wait to be 100% qualified to apply - you might "make your own luck" this way. You can have some "safety" back-ups, which gives you a safety net for when you apply ambitiously to "reach" positions - once your initial job application materials are completed, the most you have to lose is 30-60 minutes of your time for each additional application, and you might get a huge gain. To find positions, be sure to use "old-school" social networking through friends, your advisor, conferences, etc.

Advice from Alumni to Graduate Students, Continued Other Offers of Help

Erika (Litvin) Bloom, Ph.D.
erika_bloom@brown.edu

Students are also welcome to contact me with questions about applying for a K award (I applied in 2012, funded 2013, I'm in year 5 now!) or balancing personal/professional.

Idia (Binitie) Thurston, Ph.D.
bthrstn@memphis.edu

I am super happy to connect with students. Questions about applying for Loan Repayment Programs (I applied in 2010 and did not get funding, applied again in 2013 and was funded, and applied for a renewal in 2016 and was funded), navigating life in grad school (or early faculty career) as a racial/ethnic minority and/or immigrant, and balancing personal/professional life (especially with little kiddos), or anything else are all welcome!

Thank you to all of the alumni who shared such sage advice!!



Alumni Visit USF

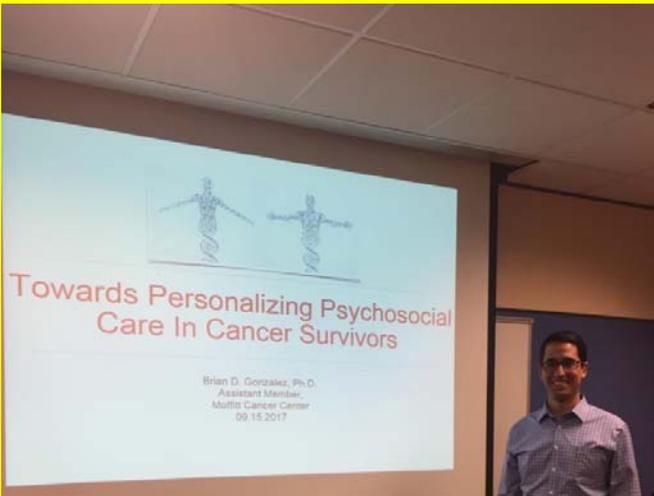
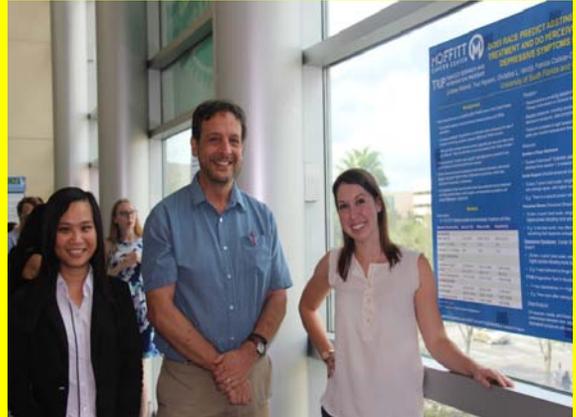
Upper Left: Dr. Tovah Yanover

Lower Left: Dr. Jenny (Irvin) Vidrine visits with Dr. Tom Brandon and alumna Dr. Vani (Nath) Simmons

Lower Right: Dr. Sylvia Herbozo



Research Posters and Presentations in PCD



Clockwise From Upper Left

End of Academic Year Poster Session with (then) first years

Dr. Tom Brandon and his undergraduate students at the Psychology Expo

Dr. Diana Rancourt and Brittany Lang mentored the winners of the Undergraduate Poster Award at the Psychology Expo

Posters line the halls of PCD

Alum, Dr. Brian Gonzalez, presents his K-Award research at a clinical brown bag meeting



Congratulations 2017/2018 Interns!



2017/2018 Internship Placements:

Leah Boepple--Charleston Consortium Internship Charleston, SC

John Correa--University of California, San Diego-Consortium/Veterans Affairs

Lex Cowden Hindash--Veterans Affairs Medical Center-San Francisco

Brittany Jordan-Arthur--Kennedy Krieger/Johns Hopkins University Baltimore, MD

Emily Kellogg--Memphis VA Medical Center

Andrew Kiselica--Veterans Affairs Medical Center - Miami

Troy Webber--South Texas VA Health Care System San Antonio, TX



Left to Right: Brittany Jordan-Arthur at Johns Hopkins,
Emily Kellogg with internship class from Memphis VA,
Troy Webber with internship class from South Texas VA



On August 5, 2017 the clinical area celebrated our brand-new alumni:

- Lauren Adams, Ph.D.
- Idan Ariel, Ph.D.
- Julie Cessna Palas, Ph.D.
- Erica Coates, Ph.D.
- Alex De Nadai, Ph.D.
- Danielle (Blinkoff) Hergert, Ph.D.
- Pattie Johnson McCann, Ph.D.
- Nicole (Marquinez) Menzie, Ph.D.
- Liz Rojas, Ph.D.
- Lauren Schaefer, Ph.D.
- Robin Tan, Ph.D.
- Monica Wu, Ph.D.



Left to Right: Drs. Cessna Palas, Tan, Wu, Adams, Johnson McCann, and Hergert





Graduation Celebration



Congratulations Graduates (Near and Far)!!



Save the date for our next graduation celebration:
Saturday, August 4, 2018

Congratulations for 2017/2018 Post-Docs and Jobs!

2017/2018 Post-Doc and Job Placements:

Lauren Adams, Ph.D.; Salt Lake City VA Post-doctoral PTSD/Polytrauma fellowship

Idan Ariel, Ph.D.; Adjunct professor at the Academic College of Tel-Aviv/Yafo

Julie Cessna Palas, Ph.D.; Post-doctoral fellowship at the Bay Pines VA

Erica Coates, Ph.D.; Post-doctoral fellowship at the University of Maryland, College Park

Alex De Nadai, Ph.D.; Assistant Professor of Psychology at Texas State University

Danielle (Blinkoff) Hergert, Ph.D.; Post-doctoral fellowship at New Mexico VA Health Care System

Pattie Johnson McCann, Ph.D.; Post-doctoral fellowship at the Northern California VA (Martinez)

Nicole (Marquinez) Menzie, Ph.D.; Psychology fellow at the School District of Hillsborough County

Elizabeth Rojas, Ph.D.; Post-doctoral fellowship at the VA Palo Alto Health Care System

Lauren Schafer, Ph.D.; Post-doctoral fellowship at Midwest Regional Postdoctoral Training Grant in Eating Disorders in Fargo, ND

Robin Tan, Ph.D.; Post-doctoral fellowship at the VA Interprofessional Advanced Fellowship in Addiction Treatment at UCSD/San Diego VA

Monica Wu, Ph.D.; Post-doctoral fellow on the T32 research fellowship at the UCLA Semel Institute for Neuroscience and Human Behavior

PSYJOBS

Are you looking for a post-doctoral position or a new job? If so, consider signing up for PSYJOBS. The listserv distributes job announcements to interested USF Psychology faculty, graduate students, and graduate alumni.

To subscribe: <http://listserv.admin.usf.edu/archives/psyjobs.html>
To post job listings: PSYJobs@listserv.admin.usf.edu

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USF
Department of
Psychology

1976

Ken Grier, Ph.D.

Bluebandits@comcast.net

After un-retiring for the past four years to supervise doctoral interns part time, I re-retired in June, hopefully permanently this time. I am enjoying my 43rd year of marriage to Lynn, eagerly awaiting a second grandchild in April, and playing golf three days a week (down to a 6 handicap). I knocked off my number one bucket list item last year, playing a round on the Old Course at St. Andrews in Scotland [See photo at end of Alumni Updates]. Other than turning into a cranky old man, life is great!

1978

Tom Clark, Ph.D.

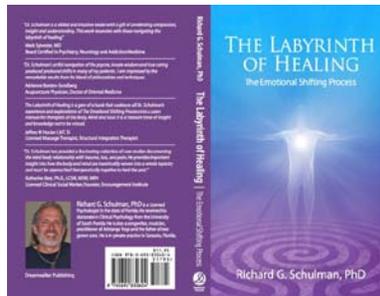
thomas.l.clark@ssa.gov

From my perch in an administrative practice (Department of Disability Determination), I have had the pleasure of working with two exceptionally capable USF alums, David Clay and Tangela Culpepper. I have participated on the margins of academic adventures through collaboration with my brother, a human geographer in Sweden, and as a reader for an anthropologist (John Terrell's *A Talent for Friendship*) and a philosopher (Donald Crosby's *Consciousness and Freedom: The Inseparability of Thinking and Doing*). Family news is that Margaret and I just celebrated 35 years of dancing together and our daughter, Elizabeth, is a newly minted Ph.D. in marine science and conservation and 2018 Sea Grant Fellow.

1980

Richard Schulman, Ph.D.

dr.richardschulman@yahoo.com



[Editor's Note: Here is the link to Amazon and a book review. Looks fascinating!!!]:

<https://www.amazon.com/Labyrinth-Healing-Emotional-Shifting-Process/dp/069283060X>

"The Labyrinth of Healing," by Clinical Psychologist, Dr. Richard Schulman, presents a fresh, multidimensional approach to holistic psychotherapy developed over many years that is providing clients with remarkable results. We are holistic beings. When we encounter trauma on any level, every aspect of our being is engaged, whether we recognize it or not. If mind, body, heart, and spirit are engaged all at once, why not approach emotional healing the same way? Welcome to a new paradigm for healing; a radically different, holistic, mind-body therapy, utilizing his technique, he has titled, "The Emotional Shifting Process." Dr. Schulman incorporates the concept of a psychotherapist and body therapist working simultaneously with clients. Journey with Dr. Schulman and the body therapists he's worked with, along with his courageous patients through multiple case studies, reflecting experiences, ideas, and techniques of an explorer in the realm of consciousness and healing."

1984

Sheryl A. Kingsberg, Ph.D.

Sheryl.Kingsberg@uhhospitals.org

I am the first Clinical Psychologist to be President of the North American Menopause Society.



1985

Lynda Scalf-McIver, Ph.D.

lscalfmciver@gmail.com

Hi, all! I'm still in private practice in South Tampa (for over 25 years now...time flies!) where I see adults and adolescents with a wide range of problems. In addition to being a psychologist, I am a certified psychoanalyst and psychoanalytic psychotherapist. Although I love doing clinical work, I also enjoy teaching other therapists and am on the faculty at the International Psychotherapy Institute and the International Institute for Psychoanalytic Training. I also teach psychotherapy to psychiatry residents at USF. I'm still married to Rich, and our daughter recently graduated with a Masters in Industrial Design and works in Manhattan. Contact me at lscalfmciver@gmail.com.

1986**Madeline Altabe, Ph.D.**madelinealtabe@mac.com

I am practicing, mostly in NE Atlanta but sometimes anywhere in Florida or Georgia via telehealth. I am also a visiting lecturer at Georgia State University here in Atlanta, a school which reminds me of home (USF).

1988**Leslie J. Heinberg, Ph.D.**heinbel@ccf.org and for

professionally-related postings I'm on Twitter

@LeslieHeinberg

I'm a Professor of Medicine at the Cleveland Clinic Lerner College of Medicine and Section Head for Psychology within the Department of Psychiatry and Psychology at the Cleveland Clinic. I'm also Vice-Chair for Psychology. My clinical work and research focuses on severe obesity and psychosocial predictors of weight loss outcomes. More importantly, I've been married for the last 25 years to my best friend and #1 fan and we're parents to 2 amazing young men (17 and 20 y.o.). I also have 2 very poorly behaved dogs proving I may not be the best behaviorist in spite of my graduate training.

1990**Kevin Stein, Ph.D.**kdstein@alz.org orkdstein@emory.edu

After 17 years with the American Cancer Society serving in various capacities (including my most recent position of Vice President of Behavioral Research), I have decided to pursue a new opportunity as the Senior Director of Grants Strategy for the Alzheimer's Association. In my new role, I will oversee all federal, state, and local government grant activities for the Alzheimer's Association. The Alzheimer's Association is the world's largest non-profit charitable organization working to help people affected by Alzheimer's Disease. In addition to this role, I will maintain my appointment as an adjunct Associate Professor the Rollins School of Public Health at Emory University. I can be contacted via email at either kdstein@alz.org or kdstein@emory.edu.

**1991****Nadia Ali, Ph.D.**Nadia.Ali@emory.edu

Not much has changed at work this year - I'm still here on faculty at Emory's School of Medicine (Dept. of Human Genetics) in Atlanta, GA, doing both clinical research and teaching. On the clinical research side, I'm Director of Psychological Resources for the Genetic Clinical Trials Center, coordinating psychological and psychometric needs for clinical drug trials for new medications for patients with Down Syndrome, Fragile X, Autism, Phenylketonia, etc., as well as doing my own research into psychological and neurocognitive aspects of genetic conditions such as Fabry disease, Morquio syndrome, Tyrosinemia, newborn screening, and others. On the teaching side, I am Co-Assistant Director for the Genetic Counseling Master's Program and teach counseling skills to our genetic counseling graduate students while everyone else teaches the genetics. In my personal life, the kids are now 23, 15, 8 and 3, so I'm still exhausted but having fun. I wouldn't trade it for the world. The 8-year-old and I even got to perform together in a community theatre musical production of "Mary Poppins," which was daunting and enervating all at once (as I've never sung or danced in public before). I was the villain, which was far more fun than it should have been!

The principle goal of education in the schools should be creating men and women who are capable of doing new things, not simply repeating what other generations have done.

--Jean Piaget

Heidi Liss Radunovich, Ph.D.
hliss@ufl.edu

I am still an Associate Professor at UF in the Department of Family, Youth and Community Sciences. In addition to my regular responsibilities I have taken on a partial administrative appointment, which entails helping connect Cooperative Extension with the rest of the university. I am very much enjoying this work! If anyone doesn't know what Cooperative Extension is, I'm happy to share. It is a wonderful resource for partnering related to community prevention and intervention. My daughter is turning 9 and keeping us on our toes! Good thing I have all that child/family background.

1994

Marla (Green) Bartoi, Ph.D.
marla.bartoi@gmail.com

I am still working at Wayne State University in the training clinic and am currently the Associate Director of the clinic, with a half-time faculty position. I enjoy supervising assessments, therapy, and DBT as well as teaching the Therapy Practicum course and helping to run the training clinic. I also have a private practice in Grosse Pointe, Michigan. Our twins, Olivia and Zachary are in 2nd grade, and Luca is in 5th grade.

1995

Ray Santa Lucia, Ph.D.
raysantalucia@gmail.com

1997

Tangela Clark, Ph.D.
tangelac88@yahoo.com

Jennifer (Irvin) Vidrine, Ph.D.
Jennifer-Vidrine@ouhsc.edu
 I moved to the Stephenson Cancer Center and the University of Oklahoma Health Sciences about two years ago, with my husband and fellow academic, Damon Vidrine, and our son, Beckett and dog, Sophie. I am serving as the Director of the Oklahoma Tobacco Research Center and as the Associate Director for Cancer Prevention and Control at the Stephenson Cancer Center (SCC). The SCC recently applied for NCI Designation, and it has been an amazing experience to be a part of the leadership team that led that effort. In addition to my regular faculty member responsibilities and managing my own research program, I now have many more administrative responsibilities. Damon and I share most of those responsibilities, which has been great! Our goal is to help reduce the burden of tobacco in Oklahoma and nationally, and we are fortunate to have an amazing team here to help us work toward that.



1998

Demy Kamboukos, Ph.D.
demy.kamboukos@nyumc.org
 Hi all! It has been over 10 years since I moved away from Tampa and USF. I am (still) in NYU and on faculty at NYU School of Medicine, doing research in early prevention and teaching. One of the great parts of living in NY is that occasionally, people stop by and we have mini USF reunions. Last December, Vicky came up to NY and spent a weekend with us and we had a fun night of food, drinks and theatre (and an impromptu meeting with a Hamilton cast member). My picture is of our USF reunion in honor of Vicky. If you visit NY, let me know (demy.kamboukos@nyumc.org)



We're on Facebook!

Join our group now:

USF Grad Psych

1999**Thomas M. Brunner, Ph.D.**drb@doctorbrunner.com

LOVING life in the West, kids are now 13 and 11. Have not lost my craving for variety, doing forensic/clinical/business consulting, and career guidance. Still a hard core scientist, and anger measure now adapted into 14 languages. Picture of Charlie Spielberger in my office, reminding me to think clearly and always break things down to their essential components. Feel so lucky for the training at USF, serves me every day!!

2000**Michelle (Edington) Ryng, Ph.D.**michelle.ryng.phd@gmail.com

Class of 2000 (yikes!). Still loving living practicing and playing tennis in Hawaii. I practice mostly an Acceptance and Commitment Therapy consistent approach and I often work with Worker's Comp clients, veterans and active military. I love the variety of clients in Honolulu!

2001**Sherecce Fields, Ph.D.**safields@tamu.edu

I am currently an Associate Professor in the Department of Psychology at Texas A&M University. My current research focus is on the individual differences in self-control and impulsivity and how those relate to risky health behaviors in adolescents. I have a son Marin (9 years old). [Photo to right and see photo at end of Alumni Updates].

Kristi Wells, Ph.D.kwells@mail.sdsu.edu

I continue to study patient navigation and technology-mediated communication related to cancer, and more recently HIV prevention. I just returned to Moffitt Cancer Center to make a presentation for their Grand Rounds in Population Sciences, which was a lot of fun. And I am raising a tween! Twitter: @DrKristenWells; LinkedIn: <https://www.linkedin.com/in/kristenwells>

2002**Kelli Harford, Ph.D.**kelliharford@gmail.com

After 9 years in Madison, WI at the University of Wisconsin Hospital & Clinics, my husband, 2 year old son and I are relocating to Atlanta, GA. I've accepted a position at Emory University and will be working to expand the Pediatric Sleep Medicine Program at Children's Healthcare of Atlanta. We are excited to embark on this new adventure and to return to warmer weather! I can be contacted at kelliharford@gmail.com.

**2003****Idia (Binitie) Thurston, Ph.D.**bthrstn@memphis.edu

Starting year 5 of my faculty position at the University of Memphis, with plans to submit my tenure packet next summer (wow that came fast!). Enjoying life in our amazing city of Memphis. Presented at a conference this past summer in South Africa and brought the whole family – Rashard (hubby), Zele (age 5, just started kindergarten) and Zoya (age 2 and full of spunk!). We enjoyed amazing safaris, wineries, and landscapes! Life is good.

2005**Erika (Litvin) Bloom, Ph.D.**erika_bloom@brown.edu

I've been on the faculty at the Alpert Medical School of Brown University since 2013. My position is mostly research but I have one clinical day. I'm enjoying life in Providence with my husband and our toddler daughter and dog.

Be kind
whenever
possible.

It is always
possible.

--Dalai Lama

Lauren M. Bylsma, Ph.D.Bylsmal@pitt.edu

I'm still an Assistant Professor of Psychiatry at the University of Pittsburgh, and I recently also received a secondary faculty appointment in the Psychology Department. I am currently in the final year of my K01 award, where I am examining neurobehavioral indices of emotional processing and regulation in adolescents at high and low familial depression risk using ecological momentary assessment and event related potentials. I recently presented on some preliminary findings from this work at the Society for Ambulatory Assessment in Luxembourg [See photo at end of Alumni Updates]. I was just recently awarded a 2-year NARSAD Young Investigator Award from the Brain and Behavior Research Foundation to begin in January 2018. This project is a collaboration with the new Pitt Center for Medicine and the Microbiome where I will be examining gut microbiome characteristics in adolescents with current depression, high familial risk, and healthy controls in order to gain a better understanding of how current depression or depression risk is associated with alterations in gut microbiota. I will also explore potential moderators of the link between gut microbiome characteristics and depression using cardiovascular psychophysiological responses to stress and neural responses to reward. I also recently became a proud aunt to twin nephews.

Ariz Rojas, Ph.D.ariz.rojas@mssm.edu

LinkedIn

I continue to serve as the Director of Behavior Therapies in the Division of Tics, OCD, and Related Disorders at Mount Sinai. It has been a busy year with the debut of an amazing documentary entitled, Unstuck: An OCD Kids Movie, continuing free child programs such as OCD group therapy and OCD day camp, as well as presenting at professional meetings. I also serve as the head of the externship and residency training in CBT within my division. Life in NYC remains amazing!

2006**Yasmin Asvat, Ph.D.**yasvat@yoda.bsd.uchicago.eduLinkedIn: <https://www.linkedin.com/in/yasmin-asvat-phd-54719448>

In July 2017 I started a new position as Assistant Professor in the Department of Psychiatry at the University of Chicago (where I completed my internship 5 years ago!). Specifically, I provide clinical services, collaborate on research, and engage in training activities within the Psycho-oncology program. It is wonderful to be back in Chicago, a city that I love for its arts, architecture, food, and beautiful lakefront - plus, it has a growing number of USF alumni and a convenient direct flight to my home country of Panama.

**Ty Brumback, Ph.D.**brumbact1@nku.edu

I started at Northern Kentucky University and am living back in my hometown of Cincinnati.

2007**Brian D. Gonzalez, Ph.D.**BDGonzalez@live.com

Last December, I began a faculty job at Moffitt Cancer Center. The family is glad to be back in Tampa, and I'm thrilled to be back at Moffitt where my research focuses on developing mHealth interventions to improve quality of life in cancer patients and survivors.

2009**Alex De Nadai, Ph.D.**adenadai@txstate.edu

Things are going well at Texas State University in the Austin suburb of San Marcos, TX. I am fortunate to have a large number of supportive colleagues and have really enjoyed the work here. While USF and the Tampa area are dearly missed, Austin is a ton of fun!



Michelle Kovacs, Ph.D.

michelle.kovacs@va.gov
michellekovacs8@gmail.com

I recently completed a postdoctoral fellowship in Behavioral Medicine (Primary Care Behavioral Health) at the Providence VA Medical Center, through the Alpert Medical School of Brown University Clinical Psychology Training Consortium. As of September 2017, I have begun working as a staff psychologist in Behavioral Medicine at the VA Boston Healthcare System.

Vanessa Panaite, Ph.D.

Vanessa.panaite2@va.gov

I recently started the second year of my research training postdoc at the Tampa VA. It has been a great experience so far – quite empowering and energizing! This past year has been fully dedicated to writing for publication and grant writing, while developing preliminary and pilot work for a career development award as well as developing collaborations with old and new colleagues. I am happy to talk to anyone interested in research at the VA!

2010**Lauren Adams, Ph.D.**

adamsl@mail.usf.edu

I'm at the Salt Lake City VA and I'm doing the PTSD/Polytrauma fellowship.

Erica Coates, Ph.D.

ecoates1@umd.edu

I am enjoying my new roles as a mama and doctor! Life is good :)

**Robin Tan, Ph.D.**

scharm0119@gmail.com

I recently completed my internship at the VA San Diego Healthcare System and I am now doing a 2-year Addictions Treatment fellowship through the San Diego VA (75% research/25% clinical) where I am working with Drs. Joanna Jacobus and Susan Tapert. My research is focused on determining the etiology of alcohol use and abuse in adolescence and my clinical work is in the VA doing Traumatic Brain Injury assessments. I have really been enjoying all the amazing weather, food and fun things to do that San Diego has to offer!



Drs. Robin Tan and Megan McMurray on a trip to Colorado

2011**Danielle (Blinkoff) Hergert, Ph.D.**

dblinkoff@mail.usf.edu

I am currently on my 2 year neuropsychology post-doctoral fellowship at the New Mexico VA. I am focusing my work on geriatrics and neurodegenerative diseases and continue to be involved in clinical and research work in these areas.

Robert Selles, Ph.D.

dr.selles@cornerstonepsychology.ca

I was recently featured on the CBC (Canada's NPR) in a radio documentary called Living With Obsessive Compulsive Disorder on the show Now or Never. It is a really great hour-long piece that involves a number of patient interviews, including the host of the show and a former NHL goalie, and is really supportive of ERP as the primary treatment that helps. I also get to talk about treatment for about 2 minutes :). Here is the link: <http://www.cbc.ca/listen/shows/now-or-never/episode/12823641> . I think it is a really great resource for patients, clinicians, and individuals who want to know more about OCD.

2012**Monica Wu, Ph.D.**

monicawu@mail.usf.edu

I graduated, started post-doc, and got married in the late summer and early fall. I had looked forward to relaxing after that whirlwind, but not for long, because we just brought home a puppy! :)

Alumni Travel Internationally



Dr. Ken Grier at
St. Andrews in
Scotland



Dr. Sherece Fields
on Study Abroad and
Visiting the Alps



Dr. Lauren Bylsma
in Luxembourg

On October 13 (the Friday of Homecoming weekend), we held the 5th Annual USF Psychology Expo and it was a terrific success. With nearly 300 students, faculty, alumni, and community partners involved and attending—it was a wonderful day of psychological science, applied aspects of psychology, and community connections.

We hope to have the 6th Annual USF Psychology Expo on the Friday of Homecoming weekend in the Fall of 2018—so stay tuned for the final details.

5th Annual USF Psychology Expo



Graduate and undergraduate alumni and
distinguished alumni at the 5th Annual
USF Psychology Expo

Mentoring Faculty Contact Info

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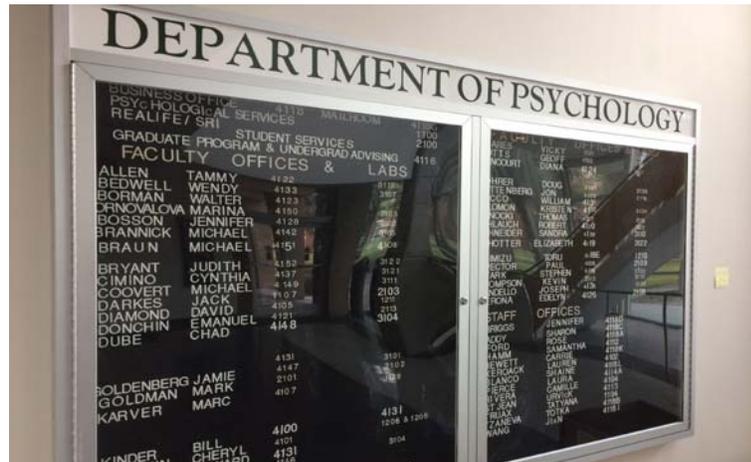
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Other Faculty, Supervisors, and Clinic Staff: Near and Far, Past and Present

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Clinical Alumni Award for Citizenship

Congratulations to Alex De Nadai and Maureen Monahan for winning the 2017 USF Clinical Alumni Award for Citizenship. They are awesome!

As you may remember, a group of clinical alumni established the USF Clinical Alumni Award for Citizenship in 2004 to honor graduate students who have shown superior "citizenship" behaviors during the previous year. The term "citizenship" is borrowed from the I-O literature and it refers to someone who goes above and beyond the call of duty to help benefit others in the program.

Nominations were solicited from clinical students, faculty, staff, and supervisors, then the clinical faculty selected the winners. Recipients receive a \$100 honorarium and our undying gratitude. Alex and Maureen join the list of amazing clinical students and alumni who have gone above and beyond the call of duty and who have earned the USF Clinical Alumni Award for Citizenship in previous years:

2005: Demy Kamboukos and Elena Lopez

2006: Qutayba "Q" Abdullatif

2007: Susan Himes

2008: London Butterfield, Ty Brumback, and John Ray

2009: Lindsay Brauer

2010: Christa Labouliere and Ariz Rojas

2011: Jason Chen

2012: Yasmin Asvat and Kristi White

2013: John Correa

2014: Renee Brown, Natasha Burke, Brittany (Speisman) Kugler, and Danni Ung

2015: Brittany Jordan-Arthur, Megan McMurray, and Michelle Kovacs

2016: Robin Tan and Emily Choquette

2017: Alex De Nadai and Maureen Monahan



Congratulations Alex and Maureen! And thank you to everyone who makes the program (and the world!) a better place. You are very much appreciated!

Interested in a USF undergraduate psychology intern?

Undergraduate students volunteer for 8 hours/week and also take a class called Community Practicum in Mental Health. If you're interested in learning more, please contact Vicky: phares@usf.edu



USF Clinical Alumni Reunions Around the Country



Clockwise From
Upper Left:

- USF--Bethesda
- USF--Baltimore
- USF--NYC
- USF—Boston
- USF—Memphis
- USF—Chicago (2)
- USF—Maryland



Go Bulls!!!



Do you want to help coordinate a
USF Clinical Alumni Reunion in
Tampa in 2018?
If so, please contact Vicky:
phares@usf.edu

Thank you, Dr. Eric Storch

As noted in the Kudos and Awards section, Dr. Eric Storch will be leaving USF at the end of the year and will be joining the Baylor College of Medicine, Menninger Department of Psychiatry and Behavioral Sciences for the prestigious McIngvale Presidential Endowed Chair position. He will also serve as a tenured Professor and Vice Chair of Psychology.

Eric has left an incredibly positive and indelible mark on the USF Clinical Psychology Doctoral Training Program. When you consider the students who he has mentored or with whom he has conducted research or who he supervised clinically (or all of the above!), his impact is clear.

Thank you, Eric, for helping these wonderful students become such superb professionals (and even better human beings!). They do us proud. Thank you.

Natasha Burke, Ph.D.
Nicole Caporino, Ph.D.
Alex De Nadai, Ph.D.
Brittany (Speisman) Kugler, Ph.D.
Joe McGuire, Ph.D.
Jennifer Park, Ph.D.
Robert Selles, Ph.D.
Danni Ung, Ph.D.
Monica Wu, Ph.D.



Idan Ariel, Ph.D.
 Yasmin Asvat, Ph.D.
 Rheanna Ata, Ph.D.
 Lauren Blysm, Ph.D.
 Michael Boroughs, Ph.D.
 Melanie Bozzay, M.A.
 Lindsay Brauer, Ph.D.
 Renee Brown Hangartner, M.A.
 Ty Brumback, Ph.D.
 Jason Chen, Ph.D.
 Julie Cessna Palas, Ph.D.
 Erica Coates, Ph.D.
 Alexandra Cowden Hindash, M.A.
 Marissa Feldman, Ph.D.
 Betsy Hunt, Ph.D.
 Pattie Johnson McCann, Ph.D.

Brittany Jordan-Arthur, M.A.
 Andrew Kiselica, Ph.D.
 Christa Labouliere, Ph.D.
 Heather McGinty, Ph.D.
 Jessie Menzel, Ph.D.
 Megan McMurray, Ph.D.
 Kim O'Leary, M.A.
 Vanessa Panaite, Ph.D.
 Ariz Rojas, Ph.D.
 Liz Rojas, Ph.D.
 Lauren Schaefer, Ph.D.
 Heather Smith-Schrandt, Ph.D.
 Lindsey Steding, Ph.D.
 Robin Tan, Ph.D.
 April Taylor-Clift, Ph.D.
 Troy Webber, M.A.
 Kristi White, Ph.D.
 Sun Yoon, M.A.



Clinically Significant

News From the Newsletter Editor By Vicky Phares, Ph.D.

I am celebrating my 25th year at USF and one of the real joys of working here is getting to know the students and alumni who pass through our halls on their way to fame and fortune (or at least, a Ph.D.). I am grateful to all of the alumni who have made the world a better place and I know that our current students will follow in your brilliant footsteps. Here are some smiles from the past year. Enjoy. Vicky



Glorious granddaughters are 8 and 5 years old (twice).

Man-child, Carson, is 17 ½, and will be graduating high school in May. He will be attending USF—St. Petersburg for their Entrepreneurship program in the Fall.

Life is good.



Giving Back

Here's the part where we ask for money. ;-)) Think back to what type of financial support you received while you were in the program. Did you get funding for conference travel? Did you get part of your dissertation expenses covered? Did you win an award or two or ten? Did you receive funding to serve as a research assistant or clinic assistant or teaching assistant? If not—do you wish you did?!

Funding for our clinical training program continues to lag behind the funding provided in comparable institutions. That is where our wonderful alumni come in. Please consider giving back in order to pay it forward. Our students are so very grateful for your thoughtfulness in helping them achieve their dreams.

You can make a tax-deductible donation at the following link:

<https://usfdn.usf.edu/apps/?fund=421210&a=DEPT>

Of if you'd like to go old school, please send a check made out to the **USF Foundation**, with "clinical" in the memo line, and please send it to:

Vicky Phares, Ph.D.
University of South Florida
Department of Psychology
4202 E. Fowler Avenue, PCD 4118G
Tampa, FL 33620

If you would like to make a more sizable donation that could result in a named scholarship, endowed fund that lives in perpetuity, or a planned gift from a will, please let me know and I will put you in touch with our awesome development directors.

Thank you to all of our alumni, near and far, who have improved the field and each others' lives. Thank you for helping us to continue your impressive accomplishments through support of our graduate students. We are grateful for your support. So very grateful.

Good luck with your important work and your wonderful personal lives. As always, I wish you peace.

--Vicky

**Then and Now.
Current students are so very thankful for
our clinical alumni!!**

