

Curriculum Vitae

## JARED V. WORWOOD

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### EDUCATION

- B.A., May 2019                      Utah State University – Logan, Utah  
Bachelor of Arts in Communication Studies  
(*Magna Cum Laude*)
- M.S., May 2021                      Illinois State University – Normal, Illinois  
School of Communication  
Thesis: Making Meaning of Parenting in the Narrative of Parents  
of Children in Residential Treatment

### RESEARCH INTERESTS AND EXPERIENCE

Interpersonal Communication  
Family Communication  
Health Communication

Research Assistant in the Columbia University Global Mental Health Program  
Research Assistant in the Illinois State University School of Communication  
Research Assistant in the Family Communication Research Lab

### RESEARCH PROGRAM

### RESEARCH AWARDS

- 2021                      **Health Communication Interest Group, Top Four Student Papers**  
*Central States Communication Association*  
**Worwood, J. V.**  
“You felt like your hands were tied and that you didn’t know what else  
you could possibly do”: Uncertainties of parents with children in  
residential treatment.
- 2020                      **Religious Communication Association’s Student Paper of the Year**  
Presented at the annual meeting of the National Communication  
Association

**Worwood, J. V. & Patel, A.** “We are strangers who happen to care a lot about whether the other one is happy”: Interaction styles of ex-member children with their member parents in the Church of Jesus Christ of Latter-day Saints.

2019 *Dawn O. Braithwaite Award* for Qualitative Research  
Interpersonal and Family Communication Interest Group  
Central States Communication Association

2019 **Interpersonal and Family Communication Interest Group,  
Top Four Papers**  
*Central States Communication Association*  
Scharp, K. M., Cooper, R., **Worwood, J. V.** & Dorrance Hall, E. “There’s always going to be uncertainty.”: Exploring undergraduate student parents’ sources of uncertainty and related management practices

2018 Undergraduate Researcher of the Year  
Department of Languages, Philosophy, and Communication Studies  
Utah State University, Logan, UT

#### **UNIVERSITY SCHOLARSHIP AND AWARDS**

2019 Communication Studies’ Student of the Year  
Utah State University, Logan, UT

2019 Honors Medallion  
Utah State University, Logan, UT

2018 Merrill Scholars  
Department of Political Science  
Utah State University, Logan, UT

2016-2019 Dean’s List  
Utah State University, Logan, UT

2016-2018 Dean’s Scholarship  
Utah State University, Logan, UT

#### **PEER-REVIEWED RESEARCH ARTICLES**

**Worwood, J. V., Scharp, K. M., & Phillips K.** (2020) I don’t want to have a weird relationship with you, so I’m trying: Turning points and trajectories of ex-LDS children and their active LDS parents. *Journal of Family Communication*, 20, 327-344. doi: 10.1080/15267431.2020.1825087

Scharp, K. M., Cooper, R. A., **Worwood, J. V.**, & Dorrance Hall, E. (In press) There's always going to be uncertainty: Exploring undergraduate student parents' sources of uncertainty and related management practices. *Communication Research*. doi:10.1177/0093650220903872

Curran, T., **Worwood, J. V.**, & Smart, J. (2019). Cognitive flexibility and generalized anxiety symptoms: The role of destructive parent-child conflict communication. *Communication Reports*, 32, 57-68. doi:10.1080/08934215.2019.1587485

### **RESEARCH IN PROGRESS**

Deline, M. B., Dalrymple, K. **Worwood, J.**, Geng, P. & Reed, E. Sticking my head in the sand: Motives for environmental information avoidance. (Under review at the Journal of Environmental Communication).

### **CONFERENCE PRESENTATIONS**

**Worwood, J. V.** (2021, April). You felt like your hands were tied and that you didn't know what else you could possibly do: Uncertainties of parents with children in residential treatment. Paper accepted at the annual meeting of the Central States Communication Association, Cincinnati, OH. (**Top Student Paper in the Health Communication Interest Group**)

**Worwood, J. V.** & Moreno, M. (2021, April). We are all here to support each other, not tell each other what to do: How Nar-Anon members communicate support on Reddit. Paper to be presented at the annual meeting of the Central States Communication Association, Cincinnati, OH.

**Worwood, J. V.** & Patel, A. (2020, November). We are strangers who happen to care a lot about whether the other one is happy: Interaction styles of ex-member children with their member parents in the Church of Jesus Christ of Latter-day Saints. Paper presented at the annual meeting of the National Communication Association, Indianapolis, IN. (**Top Paper Panel/Top RCA Student Paper**)

**Worwood, J. V.**, Scharp, K. M., & Phillips K. (2020, April). I don't want to have a weird relationship with you, so I'm trying: Turning points and trajectories of ex-LDS children and their active LDS parents. Paper accepted at the annual meeting of the Central States Communication Association, Chicago, IL.

**Worwood, J. V.** (2019, April). Turning Points and trajectories of ex-LDS children and their active LDS parents. Paper presented at the Student Research Symposium. Logan, UT.

**Worwood, J. V.** (2019, July). "I don't want it to be weird, so I'm trying" Turning Points and trajectories of ex-LDS children and their active LDS parents. Paper presented at the Sunstone Symposium, Salt Lake City, UT.

Curran, T., **Worwood, J. V.**, Smart, J., Markham, A. (2019, April). Cognitive flexibility and generalized anxiety symptoms: The role of destructive parent-child conflict communication. Paper presented at the annual meeting of the Central States Communication Association, Omaha, NE.

Scharp, K. M., Cooper, R. A., **Worwood, J. V.** & Dorrance Hall, E. (2019, April). “There’s always going to be uncertainty”: Exploring undergraduate student parents’ sources of uncertainty and related management practices. Paper presented at the annual meeting of the Central States Communication Association, Omaha, NE. (**Top Paper Panel/Top Qualitative Paper**)

\*Endres, C., Johnson, B., Markham, A., & **Worwood, J. V.**, (2019, February) Communication apprehension and self-determination theory. Paper presented at Utah Conference on Undergraduate Research. Weber, UT. \*Authors are listed in alphabetical order.

Phillips, K. E., Wang, T. R., & **Worwood, J. V.** (2018, November). Identity at play: (Re)negotiating educational identity in first-generation sibling dyads. Paper presented at the annual meeting of the National Communication Association, Salt Lake City, UT.

**Worwood, J. V.** (2017, April). Identities of single parents after dissolution of previous significant relationship. Paper presented at Utah State University’s Languages, Philosophy, and Communication Studies Research Symposium, Logan, UT.

#### GRANT ACTIVITY

2018-2019                      Undergraduate Research and Creative Opportunities Grant  
 Role: Principal Investigator (with Phillips Advisor)  
Project: Trajectories of ex-LDS children and their active LDS parents  
**Proposal Funded: \$1,500**

#### EXPERIENCE ON GRANT-FUNDED RESEARCH

2015-2017                      Utah State University Research Grant  
 Role: Research Assistant; Co-PIs: Elizabeth Dorrance Hall and Kristina M. Scharp  
Project: Exploring the experiences of undergraduate student parents using a mixed-method approach  
**Proposal Funded: \$11,000**

#### TEACHING EXPERIENCE

2019-Present                      Graduate Teaching Assistant  
 Communication as Critical Inquiry  
 Illinois State University, Normal, IL.

- 2020 Graduate Teaching Assistant  
Interpersonal Communication  
Illinois State University, Normal, IL
- 2017-2019 Undergraduate Writing Fellow  
CMST 4140, 4700, 5100, ENGL 3710, & HIST 3740  
Utah State University, Logan, UT.

### **SERVICE**

#### **Community Service**

- 2016-2017 Aggie Translators  
Nibley Elementary School  
Nibley, UT.
- 2010-2011 English Teacher for the Visually Impaired  
Instituto Sul Matogrossense para Cegos  
Campo Grande, Brazil

### **ADDITIONAL WORK EXPERIENCE**

- 2019 Research Assistant  
Columbia University Global Mental Health Program  
New York City, NY
- Learned cognitive development theories concerning effective teaching
  - Designed course materials to instruct healthcare workers about interpersonal counseling
- 2018 Legislative Intern for Education  
The office of Senator Orrin Hatch  
Washington, D.C.
- Analyzed CRS reports to write memos and give policy recommendations.
  - Met with special interest groups to collaboratively generate legislative goals.
  - Examined Supreme Court case-law and previous Senate legislation to respond to and preempt concerns of other organizations.
- 2016 Staff Writer  
The Utah Statesman  
Utah State University
- Wrote several pieces on university events
  - Worked on a news team to cover the 2016 presidential election

### **PROFESSIONAL DEVELOPMENT**

- 2018 Community Building Workshop with Dr. Karma Chavez
- 2018 Keynote: Justice Experiences with Dr. Karma Chavez

## **PROFESSIONAL MEMBERSHIPS**

The Council for the Advancement of Global Mental Health Research (CAGMHR)

Central States Communication Association (CSCA)

National Communication Association (NCA)

Religious Communication Association (RCA)

## **LANGUAGES**

**Spanish** – *Fluent*

**Portuguese** – *Conversational*